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Exciting Events at Bhruhu Aranya

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Cover: (Top) Visitors and members of Bhrugu Aranya Ecovillage gather with artist Aaron Kidd (3rd from right) at the installation of a mosaic mandala in the center of the Homa organic vegetable and herb garden. (Below) Close-ups of some of the mosaic work. Please see the article on p. 10.

Worldwide Agnihotra Equinox Event

September 21st to 23rd, 2014



Last year we started a Global Sacred Fire Event during the Equinox period, and it was a great success. So many people around the world had joined and Agnihotra Fires moved around the planet at sunrise and sunset. This year we want to repeat this wonderful experience and we invite you to join us!

Let us together create a grid of Sacred Agnihotra Fires all around the world to help build a Critical Mass to elevate consciousness on Planet Earth.

On Spring and Autumn Equinoxes, the sun rises exactly in the East and sets in the West. That is why we have nearly exactly 12 hours of darkness and 12 hours of light on Equinox days. **Both are especially important days on which to perform sunrise and sunset Agnihotra.** Only on these two days are sunrise/sunset timings nearly identical regardless of where one is situated on Earth, if on the same longitude. (We suggest the dates from 21st to 23rd of September so that for all continents the exact time of Equinox is covered.)



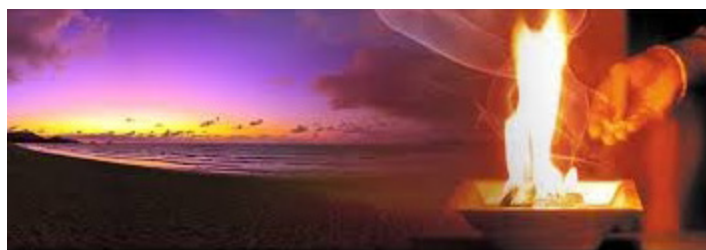
If enough people take part in this event, by performing Agnihotra wherever they are on Earth, this would create a powerful grid of sacred Agnihotra Fires burning all the time, moving around the globe along with sunrise and sunset.

In order to participate, please go to:

<http://www.homatherapie.de/en/index.html>

and kindly enter your complete address, so that we can get your geographical coordinates. Then we will be able to know which areas are being covered. Also please give us your email address and name so we can keep you informed about the outcome of this Equinox event.

***Satsang** welcomes photos and articles about your participation in this Equinox event!*



Women's Circles Around the World

Ed.

On Thursday evenings at many Agnihotra centers around the world, Women's Circles meet. The circles may be large or small, but all pulsate with the energies of Homa fire, creativity, healing and Love. In this issue, several Agnihotris share their experiences with Women's Circles.

Jessica Auza from Peru writes:

"Women's meetings have been increasing in Lima as well as in other cities of Peru in the last couple of years. Women of different ages and walks of life are finding in these circles a space to share, to find support, to grow in strength, and to find the means and opportunity to heal. Agnihotra is being introduced in some of these meetings, and some women have started performing these healing fires.

"We love to actually sit in circles, as they remind us that we are all equal, that no one is above or

below, in front or behind, but each one is next to the other.

"Often these circles take place around full moon or new moon days and activities there vary widely. Besides Agnihotra, we normally do some combination of meditation, dancing, singing, praying, creating flower-seed-healing stone mandalas or sending love and light to someone in need of healing. Usually after closing the circle, we share a simple vegetarian snack. We feel that Women's Circles inspire unity, encourage sharing and listening with an open heart, and help us develop a spirit of caring and protecting each other. They offer a valuable opportunity to heal and grow strong inside; they promote love and care for each other as well as for Mother Earth, and help us realize it is through the heart that we can unite and bring beauty and peace to this world."



Jessica Auza, center, amid Homa fire and smiling faces at a Women's Circle in Lima, Peru.

Aleta Macan writes:

“In Guayaquil, Ecuador, Santiago, Chile and in Piura, Peru, women gather in groups on Thursday to heal with Homa Fires, strengthen their spirit of sisterhood, and sing and dance in honor of Mother Earth, with gratitude and joy in their hearts.”

One can easily see from the photos that these meetings are a sacred and joyous time of togetherness.



Maria Broom of the Baltimore Homa Community writes:

“When we can, the ladies who come Thursday evening in Baltimore all do sunset Agnihotra together, after we sing our hearts out. Several new young women have bought Agnihotra kits and do it for themselves now.



Above: Maria Broom (left) and Jannette Gregory.

“Some days the singing is otherworldly, as if angels have joined us. And sometimes, when children are here, we find ourselves back in kindergarten.”

Lee Ringma of Om Shree Dham, Australia writes:

“Over the years while travelling teaching Agnihotra there have been opportunities to conduct Women’s Circles. They are always high energy and creative healing gatherings, with women coming up to me at the end saying that they felt great shifts inside. They would especially comment on the magnified healing power when combining the crystal singing bowl with Om Tryambakam Homa.

“Mandala drawing has also been a revealing, fun exercise, receiving insights from each other’s comments.

“Sometimes we have gatherings outside in nature, toning with the crystal singing bowl and performing Fire. Many of us report being transported into



Evening Agnihotra at a Baltimore Homa Community Women’s Circle.

a heightened connection with nature. At Om Shree Dham we have, as a group, many times heard a bubbling river flowing through this Homa land where there is none, physically at least.

“Spontaneous ecstatic singing also often erupts out of new-found deep spaces within. Many of us have truly experienced the truth in Shree Vasant’s words that the planet shall be healed through Fire and sound, and that we would be experiencing a new music, new sounds, never experienced before.”

Parvati Rosen-Bizberg of Ecovillage Bhrugu Aranya writes:

“Here, every Thursday evening, the women of our ecovillage gather. We always do fire together, whether Yajnya or evening Agnihotra. We sing, dance, pray for peace. We sometimes gather in the Mandala garden to play crystal bowls and send light to the world or, more personally, intone the names of friends and family who need healing. Some days we gather at Mary’s Pond and weed the circle of flowers that border it, while chanting mantras or singing.



Lee Ringma, right, performs Yajnya at a Women’s Circle in Australia. Participants have commented on the enhanced healing power of using the crystal singing bowl (shown in the center) with Om Tryambakam Homa.



With the aid of a world map and crystal singing bowls, the Women's Circle at Bhruugu Aranya sends love and healing to places and people around the world.

“Whatever we do, we do in a spirit of unity and love. It is one time of the week the women gather with the intent to heal, but that spirit pervades throughout the week, as it helps to bring us more to centre, more into our hearts.

“Since we’ve deepened the spirit of our gatherings and have declared our intent to heal and send love to the planet and our brothers and sisters around the globe, the Thursday women’s meetings have evolved into a sacred space where love is nurtured and acceptance is encouraged.

“During our women’s circle here at Bhruugu Aranya, I received the following words from Mother Mary, January 24, 2013:

*Soften. Soften and open your hearts.
The flame is within you.*

*Oh my beloved ones, live in absolute Truth.
You must never be afraid, dear children.
Monsters are only in your minds.
Yes, the world is in an unbalanced state.
All of Nature suffers.
My children suffer.
You are all my children.*

*Grow here herbs for healing all ailments, not only for the teas.
Your apothecary is your garden.*

Here, people will come for deep healing on all levels, dear ones.

*Infuse oils with herbs as well, for use on the body.
Infuse prayers and sacred Mantras into your herb gardens.
Healing on all levels now.*

*Oh dear ones, you are calling.
The angels are coming.
The beloved Centre of Light will be. Will be.*

Deep in the heart—yes, this is where Truth lies.

*Think Truth.
Speak Truth.
Act Truth.
Live heart to heart.”*



Some of the women attending the Somayag in Maheshwar, India, The event draws people from all over the world. Usually, a Women's Circle is held during one evening of the Somayag. For information on Somayag, please visit sodayag.org

Exciting Developments at Bhrugu Aranya, Poland

Anne Godfrey

June 11, 2014

I am almost at the end of my stay here in Bhrugu Aranya.

I have witnessed the results of the inspired continuous effort of maintaining Yajnyas and the dynamic interchange on the part of each member of this close-knit community. Conscious effort in self-study, ongoing community meetings, sharing areas of responsibility according to the nature of each individual member, and dedication to improving areas of communication between members have resulted in the blossoming of a well-honed working Homa-Organic eco-community. The added benefit of following exact Guidance received through Parvati from Masters and Light

Beings, has created a haven of peace, love and Light which can be felt by everyone who steps foot in this place.

Fuelled by the unfailing dedication to completing the task of grounding and manifesting, the dream of an international and inter-galactic Centre of Light here in Poland, the community here has tirelessly worked towards laying the foundation for the Structure of the “Centre of Light” on both the subtle realms and the physical realm.

The community living here consists of a core-group of members from many different countries, supplemented from time to time by visiting Homa international community members as well as



View of Bhrugu Aranya Homa organic garden (and straw bale/clay house at top right.)

“wwoofers” and regular volunteers from all over the world.

Aaron Kidd is one of the current visitors here and has again risen to the occasion and, with support from community members, has completed a beautiful mosaic mandala as a focal vortex of power in the centre of the Homa organic vegetable and herb garden. The sacred geometry executed into the design seems to support the ongoing activity of Devas and Light Beings who tirelessly maintain a never-ending stream of Healing Light energy which permeates this place.



*Below: Artist Aaron Kidd.
Above and left: More of Aaron's mosaic designs.*



Recent visitors from a more corporate lifestyle were simply overwhelmed and brought to tears from their experience of the Healing and Light energies pervading Bhruugu Aranya, and also from the mandalas which Parvati had recently completed and hung in her kitchen.

Ongoing diverse activities offered for guests are music in many forms, composing music, healing by music with the singing bowls and mantra, art work in many forms, doll-making, landscaping, bee-keeping, alternative building modalities, body, mind, and soul healing therapies, animal husbandry, home schooling, herbal lore, organic herb and vegetable growing, mandala drawing, self-development training, regular meetings and discussions for improvement and going forward, and regular group gatherings sharing food and ideas.

Regular conscious interaction with the Devic realm provides the foundation of the ongoing gardening program, which also receives beneficial vibrations from the Yajnyas performed throughout the day in the garden itself.

Three “Points of Light” have been designated for this planet at this time of darkness on our planet. Bhruugu Aranya is one of them. I am here in Poland and thus am sharing my experience about this place. The Centre of Light here in Poland has been slowly coming into manifestation though the efforts of a few devoted Light Workers. Much preliminary work has been accomplished, with many challenges and obstacles being overcome through group dedication and collectively holding the dream.



An outdoor music session at Bhruugu Aranya.

Now it is time for the physical building to be built, which will be a meeting place and hub where many people from all over the world, but especially Europe, can be inspired through many interesting and varied self-development workshops, as well as Vedic lifestyle and healing practices. Opportunity will also be given to learn practical skills on how to survive physically, emotionally and spiritually, how to weather the world changes which are happening now on our beloved planet, how to meet the daily challenges with equanimity, and how to be of service to others as well as to the planet through sharing the knowledge of the healing power generated through Agnihotra (Vedic science) practised daily.

I am calling on all Light Workers who understand the urgent need for support for grounding the Centre of Light on a physical level now. It is destined to come into being on this sacred land here

in Poland, a protected place of Yajnya, which will permeate the whole planet with Light and Healing Energies, providing succour and healing to many.



Clockwise from top: View of the pond with greenhouses in background; another view of the finished mosaic, with spaces for the addition of plants; Bhruugu Aranya residents (from left) Rory Maher, Jacob Sawyer and Katherine Sawyer work with Aaron to prepare the installation.

Financial support is necessary to complete this work. Can you help? Even a small amount from many people will help to complete this task.

If you would like to donate to the Centre of Light building fund, please email info@agnihotra.org for more information. Thank you!



Clockwise from above: The Fire Temple; serene pathways at the farm; a session of Healing with Fire and Sound.



From Shree Vasant's Teachings

Be strong. Think wisely. Act slowly. There is no danger when devotion is foremost. Lift others with all Love, all Divine Love. Be kind and be generous. Be caring and provide shelter. This you do with all love and devotion. Then, in such a safe harbor, the other person will begin to be able to trust and this will help him grow. All tenderness, all LOVE, and do not allow for disrespect. If someone becomes angry, simply keep silence. He will come to know on his own.

When you are an instrument of the Divine, whatever develops in time is HIS WILL and not your own. Be pure of heart and intention. Then whatever is the Will of the Father will be THY WILL, not my will.

You can stay focused on meditation even in family atmosphere. In fact, it is better for you than in ashram environment because you have to move in the world. So get used to daily life while maintaining disciplines.

Look at what your faults are but do not dwell on them. Look at your strengths and build on them. Spend time in silence, YAJNYA, meditation, etc. Free yourself from the bondage of attachment.

You are feeling overloaded. Make each activity service and that feeling will go away.

Forgive those who have harmed you, even when their faces are not yet clearly defined. Your soul knows. FORGIVE AND YOU WILL TRULY BE FREE.

With Divine guidance, if you are not there, there is no answering service or automatic fax. If you are

out, you do not get your message. Observe strictly meditation and Homa timings.

Do not be so critical of yourself. That is not the purpose of Swadhyaya. Admit when you are wrong. Be willing to make amends. Restructure the mind by redirecting, not stopping, negative thoughts. Replace negative thoughts with positive ones. You will see how greatly beneficial this is. Perhaps in the past you have made mistakes. Let them go now. Let the fact that you are not perfect bring you humility. Do not be critical of yourself, nor too proud. You are becoming much clearer now. It will be like a great cloud lifts very, very soon now. You are working on yourself. Just be willing to grow and you will rise high quickly now.

What one does with one's mind is as important as what one does with one's body. Mind leads and the body follows in such matters. So one has to gain control over the thoughts. Then ultimately these impressions of attachment come and go with no fertile ground in which to take hold. Gain control over the mind.

More periods of silence and meditation would help. Otherwise, the mind goes on analyzing all the time. People talk all the time and lose so much energy. There are terrible days ahead for the whole planet. FORTIFY YOURSELF WITH YAJNYA. PURIFY THE DIET. TAKE REFUGE IN HOMA HEALING ATMOSPHERE.

Go into that more strict lifestyle and you will experience more and more pure JOY.

LOVE IS THE ANSWER. LOVE IS THE KEY. An army of soldiers, spiritual soldiers, will be needed to fight now. They must be dedicated to the sole goal of achieving LOVE within all the spheres and without. We must now fulfill our DESTINY. The time has come.

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FIVEFOLD PATH for Happy Living

1. Perform **AGNIHOTRA** for purification of the atmosphere which leads to automatic purification of mind.

2. Practice **DAAN** (sharing of assets in a spirit of humility to reduce attachment to worldly possessions).

3. Practice **TAPA** (becoming better managers of our energy expenditure by training the body and mind to react to all circumstances in life with Total Love).

4. Perform **KARMA** (every action for self purification only and thus no expectations which bind us to the material world).

5. Practice **SWADHYAYA** (Self-study) for liberation. Who am I? Why am I here? My work on this planet is to learn to react with total LOVE with each opportunity given to me.

This is the Fivefold Path for happy living on the planet. By practicing the Fivefold Path you become better members of your society, group, religion, community, etc.