



SATSANG

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Summertime Events

*Agnihotra
at
Ancient
Divine
Mother
Mountain*





Contents

Homa at Summertime Events	3
Healing with Homa Therapy	6
Homa Therapy Farming	7
From Orion Transmissions	9
The Spiritual Path: An Inconvenient Convenience	12
Letter to Satsang	13
From Shree Vasant's Teachings	14
FIVEFOLD PATH for Happy Living	16

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Cover:
Agnihotra at Sarikiz. Please see the article on page 4.

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<http://www.agnihotra.org>

Homa at Summertime Events

Reiner Szcyplior

Earth Fest in Austria

On July 23, 2013 I attended the Earth Fest at Garten Paradise Painer, a plant nursery and arboretum in Eggersdorf, Styria, Austria. Many new Agnihotra

friends have joined to heal our wonderful planet. We had music, Om Tryambakam Yajnya for four hours and lots of exchanges with divine souls.



Insect Hotel and chapel

(Below left) The owner invites all living organisms to come there; therefore, he established a Hotel for Insects. Whosoever settles there is welcome! (Right) Herb Garden



Healing at Ancient Divine Mother Mountain in Turkey

Sarikiz at Kaz Dag in Turkey has a history which goes back to 8000 B.C. It is a place of worship for the Divine Mother by Turkmen tribes. A small group of loving people came together to perform

prayers, offer light, perform Agnihotra and meditation on this sacred site. Divine Mother was asked to forgive us as human beings for what we have

Below: First Agnihotra at Hizir Camp



done to Earth and keep on doing, and to bless us to change our behaviour and care for her.

This event was attended by like-minded sisters and brothers from around the world. People joined in from Japan, South America, Europe, Africa, Australia, etc. We offer humbly our gratitude and love to all.

The event was initiated by Günesin Aydemir and Ahmet and Bahar Yazman.



Above right: Objects used in worship

Below: Sarikiz ancient site



Healing with Homa Therapy

Douglas Rangel
Guayaquil, Ecuador



I have been doing Homa Therapy for 8-10 years. We have not stopped. We do it with our kids at least 5 times a week. Our home has a Homa atmosphere.

We have had countless health experiences. Among these, there is one related to our neighbor, who was pregnant. She had a very problematic and difficult pregnancy. She was 33 years old. She was medically treated for 10 years to have a child. She had 3 miscarriages. I invited her for Agnihotra in the morning and evening every day. She came and began taking Agnihotra ash.

Little by little, she saw that her pregnancy got better. She could move without many aches and pains. And little by little, without medical treatment, she began to stabilize and eventually ended her pregnancy nicely. She completed the normal nine months and gave birth to a boy named 'Aaron Homa'. He is a child of fire and is now 2 years old. And everybody calls him 'Homa'.

But I also want to share what happened on Sunday, June 23rd, the day of Saint John. I showered with special water and herbs and then I did sunrise Agnihotra. We do the Homa fires in the center of our house. When the flame extinguished, I remained sitting there peacefully.

Then I began to perceive a very pleasant smell. This perfume was very strong and wonderful. It

was a very indescribable fragrance, which began to emerge from the pyramid. The burned cow dung pieces moved by themselves in a way that looked like a flower opening up. I was amazed about this gift I was receiving. I stood still and the fragrance came like a spring, a waterfall, an ocean. The smell was truly impressive.

Then my wife came down the stairs and started talking about the smell. She also began to breathe it deeply. Then our boys woke up. All smelt the fragrance. The whole house was flooded with this perfume smell. Then, the neighbors also came and asked, 'What flowers have you brought?' I opened the doors and windows to let out the fragrance.

With such irresistible beauty, I began to cry. It was something I had never experienced before and it is difficult to narrate without losing objectivity.

I reached into the pyramid, but there was no more fire. The perfume emanated for over an hour. The word perfume seems very short and limited to describe the royal scent of this fragrance.

What I want to say is that I did not go out to seek this experience. It came and I really feel it was a gift. It moved me, my whole being, my physical body, my mind - only through smell. I just wanted to smell, to catch that fragrance. It came in through the sight, the eyes, the ears, the mouth, the skin, through the organs. It was so pervasive, so strong. I felt bathed in mercy. In that moment I understood what the scriptures call 'the perfume of sanctity.' It was alive and new with every breath. I wished I could bottle some of that fragrance. We were just breathing. We were like 20 people there, everyone silent, smelling, breathing until it was gone. We all were left very happy.

My family, my home--we have been able to survive only thanks to the Homa fires. We had many prob-

Homa Therapy Farming

Julio Arroyo
Esmeraldas, Ecuador

lems, but we have been able to solve them. My whole family has a deep respect for the Homas. Sometimes we have up to 5 pyramids lit. Those who have come and learned it have taken their pyramids to keep practicing it wherever they are. It's like a legacy.

To us, here on earth, we are given infinite pleasures, but we do not realize it, for our focus is on money. We think that money is happiness. We need money to live, but there are things infinitely beautiful, infinitely unique, and they do not need money. We must cultivate an interior presence that allows us to see an unforgettable moment or, in this case, smell something infinitely beautiful. It was almost impossible to bear the burden of beauty.

We are so used to the material world, to what lasts so little and is disposable. When we see something so beautiful, we are not prepared. We say that this is not possible, everything should be disposable - friends, homes, life itself. But the real things do not have an expiration date, they are not disposable, they are there for you and me. No need to be a superman, just work on oneself. This experience will be with me for the rest of my life.

For more testimonies of healing with Homa Therapy, please visit www.homahealth.com.

If you have had a Homa healing experience that you would like to share, please email it to info@agnihotra.org, with "For Satsang" in the subject line. Thank you!



From the Homa farm "Carondelet":

I have spent 11 months working here on the farm. We are experimenting with Homa farming and we have seen results ahead of schedule. For example, coriander does not grow usually here; it is harvested in the mountains. But we sowed it here, it grew magnificently and in abundance. We also planted carrots, radishes, cucumbers, watermelons, and honey melons in this tropical climate zone as an experiment and everything grew abundantly.

As Homa farmers, we measure the products and record the results. We harvested 30 cm long cucumbers in one month and 10 days. Normally it takes two months and a half, nearly 3 months.



We also have had a great experience with a plantain plant. When the machines for the construction of the housing arrived, they wanted to kill the

plant because it was in their way. But we stopped them and transplanted it right next to the Tryambakam hut. This is something unforgettable. This plant not only gave us a large bunch of plantains from which everyone ate, but it also left us nearly 30 offspring. A plant usually leaves 7 or 8 offspring or maximum 10, but not more. Well, we created a new little plantain farm with them.

We also planted tomatoes. Tomato is a crop that is attacked by many diseases and pests. We do not use agro-chemicals and we managed to control these diseases with Homa Therapy, even during a full drought. The taste of the tomatoes and all other products growing in the Homa farm is extraordinarily delicious and rich.



**Homa Farm: Hotel Cantayo
Nazca, Peru
South America**

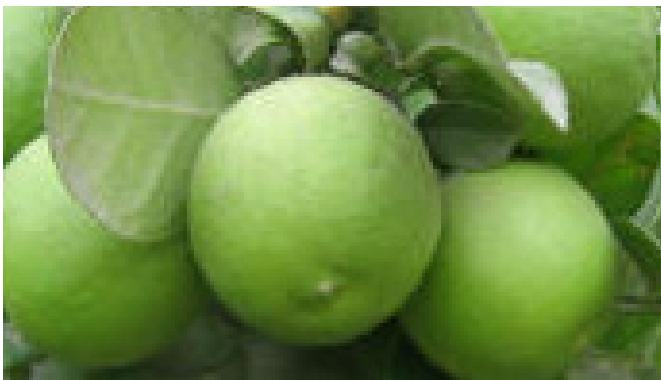
*horticulture
medicinal herbs
cattle*

The Cantayo farm has a wide variety of organic fruits, medicinal herbs and plants, also animals and much more - you have to visit and experience this unique atmosphere and you will be carried away by its beauty.

Enzo Desto:

“I truly need to say that we had a good fruit production this year in spite of the climatic changes. The effect of Homa Therapy is visible everywhere. I see that everything is growing and well. For me, this is excellent and miraculous. And we will continue with Agnihotra and as much Om Tryambakam Homa as possible.”

(From homafarming.com.)



From Orion Transmissions

April 27, 2013 On Human Communication

Yes, yes. Human frailties. What one speaks need be tempered always with kindness. All beings must realize the power of thought, word and deed. Many beings in this world have less understanding of themselves, as individuals and as a whole. Therefore, they are operating at a distinct disadvantage. They cannot see, feel or think as you do. They do not have the scope of comprehension, particularly of spiritual aspects. Therefore, if one realizes the differences in origin and reality, one cannot possibly retain and maintain the expectations that they will act in a certain way or believe as you do, even see as you do.

It is as if they speak a totally different language than you. One would never expect another being speaking in a different tongue to comprehend one's language. One would patiently simplify one's expression to fit the level of the other person. Why is it different with levels of awareness?

Set aside expectations. Simplify. Be patient. In the world, the misunderstandings between you are often merely differences, not only in points of view but in ability to see and perceive Truth. Beings see through various lenses, often obscuring the view of divergent opinions.

When you meet someone who thinks and speaks as you do, it is a momentous occasion. You experience an immediate sense of camaraderie, comfort and recognition. And even those beings with whom you resonate on a higher level—whether verbal or not—are few and far between! So, you can see the effort required, even between beings with similar interests, origins, experiences, to understand each other. So you can see that human interaction is often a precarious position.

To retreat is not entirely the answer, but one needs to retreat within to find the answers. A certain

amount of healthy introspection, self-study, can lead to a greater understanding of and compassion for others.

One goes inward to seek direction, so that when one is ready to return to the outer world, one's spirit has been rejuvenated, one's focus becomes clearer and more one-pointed, one's breathing calmed, one's ability to listen and reflect more honed, and one's well of compassion deepened. This is when true communication stands the greatest chance of being successful.

Once again, the only way out is IN.
Blessings abound.
OM TAT SAT.

June 18, 2013 On Outreach and Service

Yes, yes, yes. Make full use of the Internet now for teaching purposes, not only for marketing. For teaching. This is essential for spreading the essential teachings of Homa Therapy around the world.

Each person or group has a special talent, a gift, a strength—all avenues to serve. Tap into your own specific avenue to serve and move on with it.

It is time to lead with the fire. You will find greater interest and acceptance than ever before. Beings on this planet are becoming desperate. They have tried many 'solutions' and find themselves at a loss when none work to address their anxieties, allay their fears, and calm their nerves. Agnihotra is key for all these things.

Those of you long-time keepers of the sacred flame need to increase your attentiveness, focus on your own evolution, and use the fires to pinpoint your attention on the precise ways you have been tapped to serve humanity.

Perform the fires with positive intent to heal. Focus on the Light and do not give attention to the darkness.

Ultimately, connecting all these resources with one network would be empowering. First things first.

Exploration.

Positive intention.

Creation.

Manifestation.

Blessings abound.

OM.

July 9, 2013 On Focus and Attunement

Yes, yes. In this time of life on your planet, it is essential to realize the need to refocus and attune yourselves to Higher Energies. This is the time for it. It is precisely the realization which is essential at this time in life—irrespective of age, geographical location, or even your energetic makeup.

In your particular case, all you need is to pause and listen throughout the day. The Master's program of periodic scheduled meditation timings* is an excellent framework given. It is especially beneficial for these times now being experienced—times when, due to outer influences, a multitude of distractions, not to mention effects of pollutants and chemicals in the atmosphere—humans' ability to focus and even the impetus to go within for guidance have been sharply, adversely affected.

**(Note: Orion is referring to Shree Vasant Paranjpe who gave a program of meditations throughout the day, which many have adhered to over several decades. In addition to sunrise/sunset Agnihotra, many sit for 15-minute meditations at 10 a.m., 12 noon, 3 p.m. and 9 p.m.)*

You have been armed with solutions, given an essential roadmap and compass for finding your way home from any point. All you need do is utilize the tools at your disposal, and not dispose of them!

Listening is an underrated tool, which when used regularly, becomes more sharp and proficient with time. Again, in your particular case, listening is essential.

It would appear that the greater populace has not only been lulled into complacency, but has learned the art of self-anesthetizing! With excessive amounts of rich foods, more exotic drugs, and the ever-popular use of alcohol to eliminate strain and reduce the effects of outside tension and stress, the average human can successfully dull the pain and remain in a tenuous, desensitized state. However, if a tragedy strikes too close to home, a complete mental/physical breakdown is not only a possibility but a probability.

Mental health workers are themselves often anesthetized to their own inner turmoil. The tendency then is to medicate rather than meditate, to avoid the real core and instead calm the savage beast within. The cycle perpetuates itself. It is the way of the Western world.

The idea for improvement of health, well-being, strength and fortitude comes down to one solution, only—and that is BALANCE. Balance is undeniably essential.

Yes. Compassion is the hallmark of the realized soul. Unconditional love comes from the depths of compassion. When one is calm, centered and in peace, one's soul naturally fills with compassion for all living beings.

So, dear Light warriors, those of you who are able

to go within at this time, do so. Learn to recognize the terrain of the inner realms. Learn to navigate your way through this interior landscape, where hopes and dreams are manifested into being. Be not afraid.

This is the beginning of a new period of time in the lives of many, as well as in the life of planet Earth. Yes, the planet is in turmoil, yes it is difficult to find what is true and clear in the midst of all the challenges and chaos. But, inside there is a knowing that which will become a louder and clearer voice, in the midst of all else around you, once you listen.

Still yourselves and LISTEN.

In silence, all will be revealed.
In silence, you will find PEACE.

Love to all.
OM TAT SAT.

July 20, 2013 On Truth, Justice and Equality

Yes, yes. The apparent miscarriage of justice in U.S. recently has sparked or refueled racial tensions. It harkens to an era not long enough ago which seethed with hatred and bigotry, kept alive by laws which ignored equality. And though great strides have been made in the area of justice and equality for all, on an outward level—there remains extreme injustice as yet unrecognized by the general populace of U.S.

The very seeds of prejudice and bigotry need to be pulled from the soil of the Nation. Racial relations must be addressed in a congress of equals. It cannot be overlooked, because if it is, violence can escalate and division heralded.

Remember, those beings of Light who you are, it is essential to forgive, but it is equally as essential

to speak Truth and stand for justice for all people in this world.

Forgive and work for change.
Forgive and speak the Truth.
Forgive and join together to combat and eradicate racism on the planet!
Forgive and unite with those with open hearts of every race, religion and creed.

Take the blinders from your eyes. Refuse to fall victim to tunnel vision.
Envision the world in Light and assist in creating what you see in your hearts.

The Oneness of humanity is the truth.
Separation and inequality is darkness encroaching upon the Light.
Strengthen and focus on the Light.
OM TAT SAT.

For more information, please write to parvati@oriontransmissions.com.

The Spiritual Path: An Inconvenient Convenience

Dr. Barry Rathner
Wysoka, Poland

There are times when life seems to fall into place, a synchronicity of sorts appearing to pervade all of our thoughts and actions and ‘efficiency in action,’ the synthesis of yoga, becomes our modis operandum.

Then there are those seemingly more frequent occasions when the level playing field feels to be at a severe angle, when computers crash, cellphones go wonky, and we as well as our colleagues seem off kilter. Then what?

This is where the rubber meets the road, where the professionals earn their room and board.

The spiritual path is rarely ‘convenient.’ Scaling Mount Everest would not be called convenient. Marathons are several things, but convenient is not one of them. It’s just not the way it is.

So, if we are to use our daily lives as manifestation of surrendering to the Divine, it’s best that it be an unconditional surrender. The many inevitable tests that come upon us are meant to separate the men from the boys, the women from the girls, the truly devoted warriors from the summertime soldiers.

In the course of doing our work, if a short temper is one of our shortcomings, rest assured situations will unfold that will test us and ‘help’ us avoid being angry.

If lust is a problem for us, do not be surprised if we are called upon to interact with persons much more likely than not to test us in this regard.

If jealousy bugs us, no doubt persons luckier, more attractive or better off financially than we will appear in our lives. If handled properly, we can certainly test our mettle in such situations.

Then there is attachment, one of the ‘six croco-

diles’ snapping at our inner and outer peace that all of us are prone to at times. If I may indulge in a personal experience with attachment:

From the age of 9 to 19, I used to work at Washington Redskins football games two Sundays a month during the season. For that reason and my natural interest in sports, a strong attachment developed. During the years I worked there, the Redskins were not a very good team. A championship? Forget it.

Then I went off the India for Fivefold Path related study and work in the 1980s and lo and behold, the Redskins became good. So good, in fact, were they that they went to and won a Super Bowl, the results of which I learned quite a few days later (the internet having not become a reality yet).

Just in case my attachment had not been broken, a couple of years later, I had a chance to close the deal. I had returned to the Washington, D.C. area and here was a real, live Super Bowl getting ready to happen for my team. I got seriously ready to have my own private party where I would ensconce myself in front of the TV set and root my team on.

Then the phone call came. Shree Vasant needed a ride to West Virginia to meet with Peter Tompkins, co-author of *The Secret Life of Plants*, who was planning a new book, which became *Secrets of the Soil*. As I was accustomed to driving Shree Vasant here and there, I was being asked, and the timing overlapped exactly with game time.

At least, I thought, I could listen to the game on the car radio. Alas, driving through the mountains to get to West Virginia proved too much for radio reception and I was left with nothing but my imagination.

Letter to Satsang

The Redskins won by the largest margin in the history of Super Bowls and from that day on, my very serious attachment to the Washington Redskins was broken. (For years, I used to go into a two-day depression if they lost.)

Furthermore, the meeting with Mr. Tompkins proved pivotal, as the 17 pages he wrote about Agnihotra and Homa Organic Farms to this day attracts new people to our work.

So was it 'convenient' for me that particular day to go to West Virginia? I should say not. But I did it, the work got done and I personally was helped in my development.

A brilliant description of Light Workers came across my desk this week. It spoke to how such persons think of how to serve others and the planet BEFORE they think of themselves. Are they aware that great blessings come to themselves doing the work? Certainly. We have not been asked to be martyrs. Far from it.

We serve, and in so doing, derive benefits for ourselves and our loved ones. That may not be our goal. We may simply be drawn to service. But we ultimately become aware of how the universe works in these respects.

And it gives us strength, especially at 'inconvenient' times!

I stayed in El Valle Panama from July to December, 2012 with Agnihotra performed several times a week.

My property manager complained to El Corregidor that I had damaged my rental casita.

I performed Agnihotra the morning of our hearing.

Following my suggestion, El Corregidor visited the property, where the manager had complained that I had ruined the gas stove.

She pointed out that the plastic rings around the oven dials had melted and that I was an irresponsible tenant.

El Corregidor walked through the entire casita, saw that everything else was neat and clean, and he declared that he did not see anything to support her damage complaint, and the issue was formally closed.

Irony: I had been baking fresh cow dung in a glass tray in the oven with a dish towel propping open the oven door by a few inches. The heat from drying cow dung had melted the plastic rings!

Rev. Mike Menkes



From Shree Vasant's Teachings

On the Physical Body

The body is only a frame of mind, but still we need not abuse it.

A little disturbance is there from lack of sleep. Still one can be full of love when one is tired. Just talk less and conserve the energy you do have for the work that still must go on.

On Criticism

If someone says something to you about Fivefold Path or your work in such a way as to belittle you, best thing is to keep silence. You do not need to defend it. You just smile and don't let it bother you. It is not for the whole world to understand now. One day they will.

On Using One's Talents

Each person has his or her own gifts, talents, abilities, and it is through these very avenues that the message of Divine Path is given. An artist is not made into a physicist, a musician does not become a mathematician. You utilize gifts given and thereby you advance spiritually as well as developing talents which you naturally have always had.

On Devotion and Pain

That devotion has to come. It has to always be there, in good and bad times. In life you will experience both. But once you reach a certain level they become one and the same. Pain becomes irrelevant. One experiences pain but it does not devastate the person. It does not bring you down. It lifts you higher. Bliss...comes through pain like you have never had before. It is like that.

We are not weakened by pain in the physical body. When the physical body suffers we are lifted higher. With meditation and Yajnya fire you could rise above it. Remember that. No pain is too great to bear.

Changing Climate

The climate in Baltimore, Washington, D.C., and Madison, Virginia will become much more moderate. A lot of food will grow in these places. They are blessed. Even though things will stop growing elsewhere, they will continue to grow here prolifically. It is SHREE'S will and HIS will be done.

On Sunrise and Sunset

Now some of you might think that because we have all this electronic equipment we can know the exact time of sunrise and sunset. How did people do it in the old days? How did they know, when there were no clocks? However, I ask you to consider another thing. Do you know even today, an amoeba, an insect, a bee, a cat, a dog, a donkey and every plant knows exactly when it is sunrise and sunset? It is only man who doesn't know. Scientists have made experiments and they can see how plants react to sunrise even when they are kept away from sunlight. That means man has gone too far from nature. We can understand how one can get back to that tuning up. For Agnihotra, timing is the factor.

On Agnihotra Offering Rice

The description of the rice is "unwounded" rice. There should be no "wounds" on the body of the rice, because if the rice is broken, then the subtle energy structure is disturbed. This subtle energy structure is something different from chemical analysis. The chemical analysis might be the same. It has to be whole rice and preferably brown rice because when it is white rice, all the nutrition is gone. This nutrition has to go into the fire.

Now, you might ask another question. So many hundreds of thousands of people are dying in Africa without food and you ask us to burn some rice in the fire. I ask you another question: You see a farmer planting seeds and you tell him, "Millions of people are dying and why do you throw your

seeds into the soil? Why don't you give it to them to eat?" He will say, "You are a fool. If I plant them I can grow a hundred times as much." It is exactly the same thing with Agnihotra.

On Ghee

Ghee has to be made from unsalted butter. It is an extremely medicinal substance. It should be from pure cow's butter with nothing added to it. To make ghee, heat the butter on low heat, then remove the white-yellow substance which floats to the top. It is all written in a brochure which is given free. Ghee is a very special substance. When you change it from butter to ghee, there are some special medicinal qualities which are gained.

On Atmosphere, Prana and Mind

The ancient science gives us the theory. It is stated that the layer of useful atmosphere surrounding the planet is very thin, and IMMEDIATELY affects everybody's mind. This is the nexus: atmosphere, Prana and mind. What is Prana? It is that life energy which pulsates through us and connects us with the cosmos. Any change induced in the atmosphere immediately has an effect on the functioning of Prana. Prana and mind can be thought of as two sides of the same coin. So, if you bring about a change in the atmosphere, the effect goes immediately to the mind. Some people like incense. You may light incense and say, "Oh, I feel fine." What has happened? You make a slight change in the atmosphere and it has an effect on the mind.

You live in a big city and work in a thickly populated and busy area and then on weekends you say, "Let me go out to the country." You go there and you say, "I feel fine." You are carrying the same body and the same mind with you. What is the difference? Atmosphere.

More on Sunrise and Sunset

You can see how atmosphere and mind are con-

nected. But you can change the atmosphere by this scientific method of Agnihotra by making use of this specific timing of sunrise and sunset which is a special atmosphere. You ask anyone of your grandmother's or grandfather's age--they will tell you, "We used to get up always before sunrise." Why? There is a big science behind this. Exactly at sunrise, a change takes place in human breathing. Nature has a timetable for our breathing. Our breathing is related to the phase of the moon. This is the ancient science of medicine. So from full moon day for the first three days, the breathing starts in a particular way, next three days in an alternate way, like this until no moon. The moon has terrific impact on the mind. A man who has a disturbed mind is called a lunatic, and luna means moon. The ancients knew the effect of the moon on the human mind. The moon also has an effect on the breath. If you wake up before sunrise and just brush your teeth, that moment is enough. Just get out of the bed; that's all. Then automatically your breathing will change according to nature's timetable. And if it does not, then some disharmony comes to the body.

If you are doing Agnihotra at sunrise, that is exactly the time of change. You are creating a medicinal atmosphere and certain special energies are there. Some nutrition comes from above the planet and the plants give a feedback effect of love. The moment you do Agnihotra, it has an effect on a system of the body which is subtler than the nervous system. The ancient science of medicine mentions 108,000 different parts of this subtle nervous system in the subtle body which is also a material body. Now you might have heard the word Kundalini. Some of you are familiar with it. **That is where the effect of Agnihotra goes.** Immediately this has an effect on the mind. That is why your tension disappears.

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FIVEFOLD PATH for Happy Living

1. Perform **AGNIHOTRA** for purification of the atmosphere which leads to automatic purification of mind.

2. Practice **DAAN** (sharing of assets in a spirit of humility to reduce attachment to worldly possessions).

3. Practice **TAPA** (becoming better managers of our energy expenditure by training the body and mind to react to all circumstances in life with Total Love).

4. Perform **KARMA** (every action for self purification only and thus no expectations which bind us to the material world).

5. Practice **SWADHYAYA** (Self-study) for liberation. Who am I? Why am I here? My work on this planet is to learn to react with total LOVE with each opportunity given to me.

This is the Fivefold Path for happy living on the planet. By practicing the Fivefold Path you become better members of your society, group, religion, community, etc.