

SATSANG

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Agnihotra at Floydfest '05

NEW ERA 62

JULY & AUGUST, 2005

Perform Agnihotra



Heal The Atmosphere

NEW ERA 62

JULY & AUGUST, 2005

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*Cover: Raquy & the Cavemen
on the Global Village stage
at FloydFest 2005*

Shree Vasant's Message on Food Storage

September 21, 2005

You should order grains for six months period. Buy paper supplies for six months period. Get into the habit of stocking food items and necessity items six months ahead. After six months you can use those supplies if necessary and replenish the supply. That way, grains are never out of date. Matches you should have. Then water, if water is not naturally available. If pump runs on electric power, how to have backup supply of water at least? Or alternative electric power. This you have time for, but it has to be a goal and not a long-term goal.

Then, put away as much food from the garden as possible for six months period. Any fresh food that stores well if you do not have in the garden. Buy sacks of potatoes, for example, to store in a dry basement or cellar.

Agnihotra at FloydFest

It was a wonderful privilege to bring Agnihotra to the 4th annual FloydFest, a music festival in Floyd, Virginia. Matthew, a FloydFest organizer and member of the Josephine Porter Institute, had invited us to participate. The Institute teaches biodynamic gardening and farming, and a number of people connected with the Institute are familiar with Agnihotra.

Although Richard and I have presented Agnihotra in many different settings over the years, having a booth at this kind of festival was something new for us. We arrived late Thursday afternoon, hoping to set up our space, see what was going on, and do evening Agnihotra there before the festival actually started on Friday, July 29th.

As we drove down a winding gravel road to the check-in tent, an impressive scene lay before us. Sprawled across acres of rolling farmland was a veritable city of tents, RVs, booths, and sound stages, all teeming with busy, happy people.

FloydFest has its own nonprofit organization, and it was evident that the group had done an enormous amount of work to make the event as well-planned and harmonious as possible. Countless volunteers were on duty to assist and direct the stream of concertgoers, vendors and musicians pouring

through the entrance.



The main stage at FloydFest

FloydFest featured several sound stages, with the main stage at the uppermost part of the property, lined on either side by long rows of vendors offering food and a variety of merchandise. The upper area also offered a Children's Garden, complete with its own sound stage and play area.

Matthew and Osiris directed us to our spot in the Global Village. The Global Village was furthest from the main stage and fairway, but the quieter venue worked well for us to be able to talk about Agnihotra.

The sky looked ominous as we began unloading, and we were just able to set up the tent and do Agnihotra with some fellow vendors before the first of many rains that weekend came crashing down.

The next morning Richard & I tried to figure out the best way to arrange our displays and maximize Agnihotra's exposure. The event was expected to attract up to 5,000 people, so we wanted to make best use of this opportunity. A professional signmaker and friend of Agnihotra practitioner Jim Sanders had made banners to display across the entrance and back of our tent, saying "Agnihotra Ayurvedic Healing Fire". If passers-by who had never heard of Agnihotra saw nothing but that, they at least would learn that Agnihotra had something to do with Ayurveda, healing and fire. It turned out that a number of people came to our booth just because they saw the words "Ayurvedic" or "healing fire".



An African band in the Global Village

We brought our laptop computer in hopes of letting people watch the *Doctors of Fire* DVD. This short movie shows how doctors at a well-known clinic in Peru are using Agnihotra

with their patients.

In addition to Agnihotra displays, literature and supplies, other healing tools such as yantrams, lingams, Narmada river sand, moldavite and the Bhrugu Aranya healing essences were also available. With such a wide range of things to offer, many of which would be totally unfamiliar to the attendees, how could we give people a quick introduction to all that was available?

On an old chalkboard, we wrote the following and placed the board at the entrance of the booth:

WELCOME!

**--LEARN ABOUT AGNIHOTRA
AYURVEDIC HEALING FIRE AND
OTHER HEALING TOOLS**

**--RECEIVE A FREE HEALING TREAT-
MENT**

--WATCH "DOCTORS OF FIRE" VIDEO

LEARN

SHOP

HEAL

**JOIN US FOR EVENING AGNIHOTRA
HERE TONIGHT AT 8:20 P.M.**



One section of the main fairway

Over the next few days we gave many talks and demonstrations of Agnihotra. As Agnihotra teachers around the world have experienced repeatedly, people were deeply impressed by how calm and peaceful they felt after Agnihotra. Although we were total strangers to nearly everyone there, people were quick to pour out their personal problems as we discussed the healing, stress-relieving effects of Agnihotra. The experience reminded us just how badly people need to hear this message.



When we discussed Agnihotra's effects on the environment, the people we spoke with appeared to be well aware of the myriad environmental issues that have been mentioned in *Satsang*. Walt, a beekeeper from Pennsylvania, was eager to try Agnihotra and Homa Therapy on his bees. Two years ago, he had lost nearly all his bees to mites, and wanted to use Homa Therapy as a preventive.

At intervals we performed Om Tryambakam Homa in the tent. The fire seemed to draw people to us. Sumati, a long-time Agnihotra teacher from Floyd, helped out by coming to do Yajnya at the tent on Sunday.

Although a number of healing tools were available at our booth, we always stressed that Agnihotra is the most important and powerful healing tool we have to offer.

Throughout the festival people requested sample treatments of the Bhrgu Aranya healing essences: Balance and Grounding,

Calm and Tranquility, Clarity and Positive Outlook, Purification and Transformation, Rejuvenation of Spirit, Love and Compassion, and Protection and Nurturing. A poster on display listed the names and recommended uses of each. People would read the poster and choose the essence they felt would be most beneficial. A number of people remarked about the energy and immediate effect they felt from the treatment.



In my work as a secretary at a small alternative school, I keep my set of essences handy and have used them successfully on students, teachers and parents, for a wide variety of problems. FloydFest gave me an opportunity to share some of those experiences with people who visited our booth.

From time to time people asked to watch the “Doctors of Fire” video, and somehow we’d squeeze them into a space where they could sit with the laptop while we talked to other visitors.



Yajnya, healings, videos, displays, talks, the occasional sale--a lot was going on in that 10 x10’ space! By the time we packed up on Sunday--tired and a little soggy from the frequent showers that our flimsy tent only partially kept out--we were happy to have been able to acquaint so many new people with Agnihotra.

Our thanks to the organizers and staff of FloydFest for all their assistance, which helped us make Agnihotra available to as many people as possible.



In the Appalachians



On the Hill Holler stage

Healing with Homa Therapy



Blanca Perez Cabanillas
Lima, Peru
<chimbino@hotmail.com>

Problems:

- * Smoking
- * Alcohol

My name is Blanca Perez Cabanillas. I study translation at the University Ricardo Palma. I have known Homa Therapy since the year 2003. I must admit that after 3 days of practicing the AGNIHOTRA fire, I experienced changes in my lifestyle.

I started smoking and drinking alcohol at the age of 16 and over time these bad habits got worse--so much that I smoked every day and

drank every weekend. However, thanks to my consistency with the practice of the ayurvedic healing fires, it was so easy to leave all this behind. The desire to smoke vanished and drinking was no longer a means for fun and happiness.

I am very grateful to these fires. They not only helped me to get rid of my most dangerous habits, but also help me to sleep profoundly.



Prof. Egberto Oriel Pacheco
Urb. Pachacamac IV Etapa

Villa El Salvador
Lima, Peru
phone: 51- 1- 293 2258

Problems:

- * Hypertension
- * Cockroaches
- * Diseased Plants
- * Harmony at home

I want to share my experiences after beginning the practice of Agnihotra. I thank the Divine for having shown me these fires in order to heal those of us who are in need.

1. On February 18th, 2005 when I attended the "ECO-HOMA" event in the Agrarian University La Molina and participated for the first time in the healing Agnihotra fire, I was healed from high blood pressure which was 17/50. The Doctor told me on January 16th that I was on the verge of a heart attack or stroke due to the excess toxins in my blood. I went to regular check-ups during one month and took sub-lingual pills, but my pressure was still 15/70. I was desperate, I had strong heartbeats and was agitated.

Now I can assure you that I am well, I am practicing daily Agnihotra with my wife and take the healing Agnihotra ash.

2. I have observed very noticeable changes in my home: more tranquility, more harmony, the children have better achievements in their studies due to the better understanding at home, etc.

3. Absence of cockroaches in the homemade eco-silo which was a problem for my wife; she is terrified of these bugs. (Eco-silo: hole in the soil where kitchen waste, fruit and vegetable peels, food residuals, etc. are placed for decay and during a certain period of time it converts into compost, manure for the plants.)

The cockroaches first appeared to be moving around as if they had been receiving insecticides, which was not the case. Later they disappeared completely.

4. Rejuvenation of a Ficus plant in front of my house. The plant had protuberances, small tumors at the branches and you could see that it was sick. When applying the Agnihotra ash they fell entirely on the ground. Now the plant shines brilliantly and develops beautifully. This happened in very little time, less than one month.

5. The happiest experience for me was the recuperation of my Ruda plant. It was dry and ready to be thrown away. I tried to revive it with Agnihotra ash and to my surprise after

2 weeks the color of the dry shaft changed into green and from the buds green leaves are sprouting, which are at the moment 6 mm long. My wife was very surprised since she did not believe in my idea.

I want to express that for me these experiences have been wonderful. Every day when I practice the fire I feel united with all the people who are also doing Agnihotra in that moment. And yes, with this we are healing ourselves.

I give thanks to God for this new opportunity, and to the people who spread the discipline of Agnihotra a thousand thanks.

I live in Villa el Salvador, Urb. Pachacamac IV Stage, Lima.

If somebody wants to communicate with me, please feel free to contact me. We are learning every day.

E-mail: egberto1950@hotmail.com

Sincerely with many greetings,
Egberto Oriel



ALINA LOOR DE LAZO

45-year-old mother of 4 children (27, 16, 14 & 25 years old)
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* Down Syndrome

My 25-year-old daughter has Down Syndrome. A friend told me about Homa Therapy and only from the comments she made, I felt that this was one more path shown by God, to help my daughter. I practice with her continuously Homa Therapy and I have observed a complete change in my daughter. Especially her language and her behavior have improved. Each time she gets

more independent and leads a more satisfying social life. She is very good with what she does and she has taken interest in Homa Therapy and truly has a lot of faith in it.

I am observing her changes and know that she can achieve even more. She can lead a more independent life, she can improve her life. It is true that no one lives forever, we are not eternal beings. I will not be always at her side. But if I can achieve that she can become more independent, she will live a better life. I can see that Homa Therapy does work.

There have also been changes in the entire family. All this is a blessing from the Divine. With my other children I have seen that they are more dedicated with their homework, they are more obedient, we are more communicative and more united. This is also the case with my husband. I do Agnihotra strictly because of my daughter and that has united us more. We have practiced Homa Therapy for 1 1/2 years and everyone in the family takes the Agnihotra ash.



VICTORIA VILLEGAS
phone: 51 - 73 - 963 8242
PIURA, PERU

Problems:

- * Dialysis
- * Juvenile Arthritis
- * Insomnia
- * Constipation

My name is Victoria Villegas. I am 40 years old. My father suffers from diabetes, hypertension, dialysis and heart problems. He gets dialyzed 3 times a week. He has been on dialysis for 12 years and had 12 years without urinating.

Because of that I started with the fires. I started giving my father the Agnihotra ash

and he started to get better. To his and everybody's surprise he started to urinate every 2 or 3 days and he urinated 1/4 of a cup, which is a lot for not having had any urine in 12 years.

This was really very surprising. His exams also became a lot better. The nephrologist, who attends him once a month, said that the dialysis could now come down to 2 times a week instead of 3. But my father, out of fear for some consequences, did not accept and continues to get 3 dialysis per week. He also started sleeping better, because he did not sleep well. Physically he also improved a lot. These are the benefits my father received from the daily practice of Agnihotra in the morning and in the evening.

My husband also practices the fires and benefits from them.

I have suffered from arthritis since I was 10 years old. All my joints are deformed. I also suffered from insomnia and constipation. Thanks to Homa Therapy I can say that I now sleep placidly and I no longer suffer from constipation. I do take the Agnihotra ash over 10 times a day. Recently I have started to apply the Agnihotra ash cream to my hands. All my fingers are deformed, but now one finger is straightening.

I must say that I do not expect a miracle, either. My hands have been deformed for 12 years, so I cannot expect from one day to the next or applying the Agnihotra cream for one month that all my fingers will be straight.

Thanks to God and to the help from Homa Therapy I can move, cook, do laundry, iron and do everything else in my house WITHOUT PAIN. Now I no longer have pain. I am not taking any medication and I feel very good, and this is thanks to Homa Therapy.



MARGOT RECOVA CRUZ
JOSE JOAQUÍN INCLAN LOT 16
PIURA, PERU

- * Allergy
- * Insomnia

I am 52 years old. Through my friend Gaby I

heard about Homa Therapy. I came because I suffered from constant headaches, I could not sleep and above all I suffered from an allergy. I have gone to the hospital and the doctor there told me that I would never get rid of it, since it was chronic. She prescribed some pills, which I was supposed to take daily. But to tell the truth, I did not take them, because my friend invited me just in this moment to the Homa Therapy sessions in the hospital.

In the first week my allergy was even stronger. But after 7 or 8 days it was gone completely. I did not have any more headaches, the dizziness or the allergy. And all this thanks to the sessions with the healing fire and that I am taking the Agnihotra ash of the Homa Therapy. Now I also sleep much better.

Carmen Cavero Gonzales
Lima, Peru

- * Toothache
- * Arthritis

I am a nurse. I work in the emergency hospital "Grau" of the social security. I have been practicing Homa Therapy for approximately nine months and truly for me it is a great blessing sent by God.

In myself I have achieved many changes, at the personal level and also regarding my health.

In a trip to the city of Ayacucho I supported Mr. Victor Arones, who is a promoter of HOMA Therapy in the Home for Elders in the city. We shared the AGNIHOTRA during

approximately 40 days and the old people there obtained many benefits. At present they are continuing doing the Agnihotra fire 2 times a week on Mondays and Thursdays. We have observed and seen many changes; we have many testimonies.

Among them that of Mrs. Ida, a patient with diabetes problem and bleeding problems and due to that they could not extract a tooth. The patient, an older lady, had even come to the city of Lima for a checkup and for the tooth extraction. They did look at her, but were not able to extract her tooth. Then with all the pain that a toothache brings she returned to Ayacucho. She participated in the Homa Therapy sessions and she told us that one day during dinner she suddenly felt something hard in her mouth. Since the food was soft, a chicken soup, nothing with bones, she wondered. Then she saw that it was the tooth. It had dropped out without pain or heavy bleeding.

In the same simple way we have Mrs. Maria's testimony. She told us about her arthritic pain in the legs that didn't allow her to walk fast. After being with HOMA Therapy, one day she needed to go quickly to court and she began to run and run and she asked herself, 'What is happening to me? Why can I walk so quickly now?' She realized that HOMA Therapy also worked a miracle with her, as the old people like to say.

For this reason I want to take advantage of this opportunity and invite everybody to come. Come! You will experience great satisfaction through HOMA Therapy. Thank you.

From Vasant's Correspondence

We do not take political stance any longer, but neither will We stand by and become willing consenters to the addition of GM products, nor will We stand for the destruction of Amazon. We will fight by creating HOMA ORGANIC PRODUCTS and presenting the world with an alternative to GM. Let us go on record about it. It is time for a revolt, but it must be nonviolent protests, nonviolence in action.

When one comes under the care of the Sadguru, one's life takes on a new dimension. One's thinking is suddenly clearer, if he keeps his focus on the Sadguru.

When thinking becomes cloudy or emotions start to interfere, refocus on the Sadguru. Immediately, it will be made clear to you. A promise is a promise. When the Sadguru takes your hand, He takes responsibility for your every step, your every breath.

We are not like other paths or other Gurus. We are not interested in amassing large groups of followers. Those who are drawn to Fivefold Path and Homa Therapy come ready by their Karma. Those who go away, we do not try to call back. Only in rare cases this was done. Rarely, rarely. Many who go away return once they experience life. We do not

fault them and we do not condone others judging them. This is unconditional Love. This is what We teach, so this is what We live. Remember in every country, no judgment. Let the doors remain always open. Always open.

Without family communication that allows for every member to communicate, the result is loss of family unit. It is the same around the world. Families disagree. Parents become too rigid in trying to establish customs or uphold customs that are considered antiquated to the youth of today. The young people become angry because unless the parents are highly developed examples to follow, they find all the flaws in them. The parents in turn try to tighten the reins and what happens is the family is lost. So, in that case, what is better, a family that is lost, or a family willing to listen and come to compromise even, for the sake of maintaining the family?

You have reached a point where nothing else will fulfill your hunger than the Presence of the Almighty. This is a time when temptation is not so strong as before, where desires are easily seen for what they are and the longing for the Almighty is stronger than any other impulse.

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FIVEFOLD PATH for Happy Living

1. Perform **AGNIHOTRA** for purification of the atmosphere which leads to automatic purification of mind.

2. Practice **DAAN** (sharing of assets in a spirit of humility to reduce attachment to worldly possessions).

3. Practice **TAPA** (becoming better managers of our energy expenditure by training the body and mind to react to all circumstances in life with Total Love).

4. Perform **KARMA** (every action for self purification only and thus no expectations which bind us to the material world).

5. Practice **SWADHYAYA** (Self-study) for liberation. Who am I? Why am I here? My work on this planet is to learn to react with total LOVE with each opportunity given to me.

This is the Fivefold Path for happy living on the planet. By practicing the Fivefold Path you become better members of your society, group, religion, community, etc.