

# *SATSANG*

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VOL. 31  
NO. 1



NEW ERA 59

JUNE 2003

*Perform Agnihotra*



*Heal The Atmosphere*

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*Publisher:*

Fivefold Path Inc.

Parama Dham

(House of Almighty Father)

278 N. White Oak Dr., Madison, VA 22727 USA

Published seven times yearly.

Please direct all *Satsang* correspondence to the Editor.

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ISSN 0735-1321

*Satsang* is available on the Internet at:

<http://www.agnihotra.org>

*Cover: Rainbow over Bhrgu Aranya,  
Wysoka, Poland*

Hard copy of *Satsang* is also available from Fivefold Path Inc. at the above address. We request a donation of \$16.00 for a one-year subscription to addresses in the U.S. and Canada.

## Liberation of the Planet

*Vasant*

Many people will be turning toward Homa Therapy, as trees begin to die, plants become diseased, and the whole ecosystem is affected. This causes imbalance in weather that, of course, adversely affects agriculture. Add to that the devastating effects of GENETIC MODIFICATION on fields upon fields of crops, and you have a planet in a state of emergency. Homa Therapy methods of agriculture are simple and miraculously effective. It goes beyond scientific. It is super science, as We have been telling all these years.

Many, many years ago it was told, "There will come a time when nothing will grow." We are now entering into that time period, but we are armed with the tools to combat the devastation. We are armed with Homa Therapy. Agnihotra is at the forefront and these Yajnyas that you do are what brings up the rear. So, it is like an army of Light. It is not only about liberation of one, but liberation of the planet.

## Cure for Epilepsy

*Vasant*

Epilepsy in many cases is not at all caused by physical injury or damage to the cerebral cortex. Researchers have found various links, but we know that environment affects the physical and mental functioning of the human being. In many areas of greater atmospheric pollution, it is most likely that higher incidence of epilepsy in children can be found.

Agnihotra can have a profound healing effect on the part of the brain that is connected to the incidence of epilepsy. Agnihotra can have such healing effects that epilepsy can be completely cured. It is by science. It is also by Grace. Super science goes beyond science into the realm of Higher Knowledge.

# International Homa Therapy Weekend at Bhruugu Aranya Healing Centre

*Parvati Rosen-Bizberg,  
Wysoka, Poland*

On May 16-18<sup>th</sup> 2003, at Bhruugu Aranya Healing Centre in Poland, we hosted the International Homa Therapy Weekend. This year the conference focused on Self-Development and Community. It was attended by people from U.S. this year, as well as Germany, Finland, England, Austria, and Poland. Everyone participated in the full moon 24-hour Yajnya which was also on the lunar eclipse. The continual fire generated an atmosphere of peace and harmony. We had written in the invitation that the purpose of this conference was for healing ourselves and Mother Earth. At the close of the three days, we all seemed to feel closer to realizing that goal.

Every morning, 4:00 A.M. Mantras were chanted in our house. At sunrise, Agnihotra was performed in several places on the farm—the Healing Temple, the Yajnya Shala, and the main house. Daily Hatha Yoga followed, led by Jacob or Greg and Lynsey from U.S.

On the first day, we had a Homa Therapy update with news from the various countries around the world where Homa farming has been so successful. Shree Vasant was here and spoke to our group about Homa Therapy and also the process of self-development. His words were inspiring and clarifying, as always.

On 17<sup>th</sup>, it was the birthday of Parama Sadguru Shree Gajanan Maharaj, so at midnight on the 16<sup>th</sup> we performed Vyarhuti Homa, then shared personal stories of our experiences with Maharaj Shree, followed by songs and chants in different languages. It was beautiful and harmonious.

On Saturday we focused on Self-Development. The spotlight was this: **How can we utilize the powerful, transforming qualities of Agnihotra to further our awareness of self? We all asked ourselves, what is our mission in this life? How can we become more aware and effective in fulfilling it?**

Basically, this is Swadhyaya. To begin practically, we first highlighted our gifts and goals. We began with writing individually what our “gifts” were and then shared them as a group. It was affirming and an excellent reminder of where to focus our lives. When we regrouped, we shared our individual goals, and discussed the tools we all have our disposal. The focus was how we can utilize our natural gifts, talents and abilities, by making use of the tools at hand, in order to reach our goals and achieve our Higher purpose in life. This gave way to a spirited discussion and a lot of encouragement and inspiration for all. In the chaos of life, we sometimes lose that focus and this brought things into a clearer perspective. It is a posi-

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tive activity that can be done at home as well.

On Sunday, 18<sup>th</sup>, we focused on Community, building for our future. How can we form successful communities around the practice of Homa Therapy and make the shift towards a more unified way of living in a self-sustaining environment? We really explored the possibilities of forming Homa Farm communities, but also included possibilities for communities within the cities, for those people who are unable to make the shift to the countryside immediately. The idea was sharing of resources to create a self-sufficient, supportive life-style. We explored the idea of creating communities based on self-sufficient living, starting Homa farms that could benefit a wide variety of people. There were different types of communities discussed—communities like ours here in which each family has their own private dwelling, but who operate as a whole unit; communities in which members are living completely separate, but who work together in a cottage industry, for example, or a community-owned business. It was fun to find out each person's view of the ideal community and share ideas and practical points for future. For us here at Bhruḡu Aranya, it was helpful to be open to new ideas. We all described our "ideal" community and they really ran the gamut from a simple, small sharing amongst friends to an amazingly well thought out plan

for a great conference centre and large-scale community. We all left the group with new ideas and a wider range of possibilities for future.

We also had a lot of fun together. Outside in the open field, we did Arica exercises, excellent breathing and stretching movements, taught by Jarek. We were later treated to Sufi dancing in the glade on Saturday afternoon, led by Jarek, who used to be a Sufi dance leader in Australia. Encircled by forest, we danced Dances of Universal Peace, laughing as we tried to remember all the movements! There were silent walks in the forest and time for gardening. Katherine graciously cooked for the whole group, often accompanied by Greg, Lynsey, and Karen from U.S.



*Dancing in the glade*

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Sunday, the women of the group held a women's circle. We sang and created Mandala drawings, weaving laughter and love together in a circle of harmony.

I can't really describe by activity what happened here during this conference. It was an organic coming together of minds and hearts with similar goals, but with varying ways to reach them. There was so much love and understanding amongst our group. It was very harmonious. Each person had a unique contribution of their own individual spirit, and altogether it was like a well-synchronized song.

There are so many wonderful tools we have to create a harmonious world inside and out. We have the healing fires of Agnihotra and Yajnya. We have our own imaginations, our dreams, ideas and vision. We have good Homa food to fortify us and music, art, dance, massage, yoga, etc. We have each other for support and inspiration. We have a closer contact with nature and our higher nature for food for the soul. As we enter the New Age, more and more we will need to become self-reliant and self-sufficient, not only in the foods we grow and eat, but in our own lives. These times are already intense, with more on the horizon. It is a time when unity will be the so needed, a time to bring our individual strengths to fore and realize the vision for the whole.



*From left: Rory, Asia, Jarek, Parvati, Katherine, Jacob and Kabir*

# Community Meeting in Madison

*John Haggerty,  
Madison, VA*

On Saturday, June 21<sup>st</sup> a Summer Solstice meeting was held in Madison, Virginia to kick around some ideas as to how to best utilize our community resources, in particular NOMA House. NOMA House, purchased by Maria Broom and Noni Faruq, is to be used by the Madison and Baltimore communities to spread the science of Homa Therapy. The meeting was attended by about twenty Agnihotra practitioners from Maryland and Virginia.



*Saturday afternoon Rudra at Parama Dham*

On Friday afternoon, June 20<sup>th</sup>, Jamal Wilson performed a Rudra Yajnya in the Yajnya room at Parama Dham. At the same time, Christopher Broom performed a Rudra Yajnya next door at my residence, where the meeting was to be held. (The next morning, when I performed Agnihotra, the energy of

the fire seemed more powerful than usual.) At 10:00 A.M. we performed a Homa fire and meditated as a group. Discussion began around 10:30, when everyone was in attendance. As the meeting progressed some good ideas were presented but nothing seemed to click. At 1:30 P.M. we took a break for lunch, then Jamal, Christopher and Atiya performed a third Rudra Yajnya in Parama Dham with everyone in attendance.



When the meeting resumed there was a noticeable shift in the energy of the group. Sometimes a meeting can be a little intense when people present their own ideas. However, in this group there was a deep respect for everyone's ideas and participation. Ideas flowed like honey with a profound sense of wisdom and humor. A new light was clarifying previously unresolved issues and within a relatively short time we had decided, as a

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group, to meet the following weekend to paint NOMA House in preparation for moving forward.

Some of the ideas birthed in the meeting were:

- A Bed and Breakfast with yoga and meditation programs offered
- training in Homa Therapy de-addiction program for health professionals
- group and private retreats
- weekend workshops

It is always a rewarding and uplifting experience to work with kindred spirits toward a higher goal. Thanks to all who participated for their energy, love and support.



# Homa Therapy Holidays in Turkey, 2003

*Reiner Szcypior,  
Austria*

Homa Therapy gives so much joy when practiced regularly on a daily basis. My wife Manuela and I have performed Agnihotra since 1978 and we feel that in spite of all worldly struggles the love which is created, also by the feedback given from plants grown in Agnihotra atmosphere, makes life complete.

We had been living for thirteen years in Turkey and were very eager to see how it has developed since we departed three years ago.

The Aegean region we have been living in is being hit daily by earthquakes and the people live in tents because they are afraid to stay in their houses. Our friend Mrs. Nilgün who has started a garden in a dry, desert-like situation has been doing Agnihotra frequently and recently decided to install a resonance point on her property. This was done by Manu on 18<sup>th</sup> June 2003. We sang some songs after the inauguration in the evening.

At Bafa Lake in Club Olivia Natura we were invited by Victor Ananias and Bora Sari to address the 1st European Vegetarian Conference. People from far as South America, Peru, Ireland, England, Belgium, Germany, Turkey and Austria attended the conference and enjoyed the hospitality of Turkish culture. On the 21st at the conference I gave an

introduction on Homa Therapy agriculture, with an overview of what wonderful results Homa Farming techniques have achieved in South American countries, especially in Peru. We have realized that not only the food we eat and the way we consume the food is important but firsthand the way we grow this food. In times like this when organic farmers are facing more and more difficulties it becomes increasingly urgent to use Homa farming techniques as given through the ancientmost body of knowledge known to man, the Vedas. Homa comes from the science of plant medicine called Vrukshnu Ayurveda.

In the evening we did Agnihotra all together as a group. This demonstration was also recorded on CNN channel Turkey as well as Canal D TV. Various newspapers also wrote about the event. Of course each one of us has his own way of life, but wherever we went, whatever people we met, we felt the beauty of them, their love, and the love which connects all of us in this world.

The day before we returned to Austria we had the great pleasure of attending the original Sufi prayer dance performance in a beautiful mosque in Istanbul. We felt the aim of humanity is to get closer to God, and there are various ways to focus the mind on this higher goal, the aim of life. In that moment

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we were Sufis. Life is a current ever new,  
second by second. Let us open up to life and  
be. Be to be free. All Love to all of you.

Manuela and Reiner

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Heile die Atmosphäre mache Agnihotra  
([www.homatherapy.com](http://www.homatherapy.com))



*Reiner, Manu, Fiona and Gabriel in Turkey at  
Turkey's first resonance hut*

# Homa Therapy Healings

*compiled by Dr. Abel Hernandez  
& Aleta Macan*

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## SUSANA ISA ANTARIX



**Marsella, Risaralda  
Colombia**  
Age : 80 años

### **Problem: Rheumatism**

I suffered from severe rheumatism. Recently I had also experienced pain in my right leg. My situation was quite difficult. I had to walk bent over.

From December onwards we began to do the fires of the Homa Therapy nonstop every day at sunrise and sunset and I take the Agnihotra ash every day in the morning and in the afternoon. Now I am well. My pains have disappeared. I have been using the ghee mixed with the Agnihotra ash and I have experienced good results. I feel much better and rejuvenated.

I participate in a shop where we sew clothes and give them to the poor.

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## MARTIA ZULEY GARCIA



**Barrio Jose Restrepo  
Cra 64<sup>a</sup> N° 258  
Manizales  
COLOMBIA**

### **Problems: Premature Birth , Heart Problems**

I am the grandmother of 5-year-old twins. My granddaughters were premature babies and they lived for five and a half months between the hospital and home. I started to do the Homa Therapy because one of the babies was in very bad shape. She received oxygen at the hospital. We gave the baby Agnihotra ash. After two months we took the baby home, but the doctors did not guarantee anything. Nobody knew if she was going to survive.

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Now she is 5 years old and she is doing very well. She is studying and she feels extremely good.

I used to suffer from heart problems, I had pains and felt bad. With the fires of Homa Therapy I don't get sick any more. I work and everything is fine. Homa Therapy has alleviated these problems. When I see people with health problems I tell them about my experience, what I achieved with the fires of Homa Therapy, especially in the recovery of health.

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**Paulina Munoz**



**Urbanization Colina Manzana 5  
Caracas  
Venezuela**

**Change of Attitude  
Homa Farming Products**

I want to share my experience as a distributor of organic Homa products. We were planting in the state of Cojedes, applying Homa Therapy. We eradicated plagues without using insecticides and we harvested beautiful tomatoes and very good eggplants. Although I did not have much experience in how to plant, I learned how to do it quickly. I obtained good results shown by spectacular produce.

I took these products to Caracas to sell them. I sold them under price because of my lack of knowledge about the value of organic products. It was a lot of work and I got mad because I just did not know how to handle the selling. I would use my little car, driving from one side of the city to the other, to distribute one kilo of vegetables to each house and spending lots of money in gasoline. The Homa vegetables were wrapped with love, ecological paper, cord, etc. They looked very beautiful. I had to move around in the city from place to place, which caused me a lot of stress.

When I returned after all that agony, at my house, I experienced a sensation of tremendous love. I am sure this love came from the energy of the products and that was what made me continue. The following day I got up happy and again I went to distribute the products from house to house. But now

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every time I would give the products to people I would feel great love for being able to share with them these wonderful Homa products. My attitude about sharing changed completely and I am very grateful for that because now I understand better how to share.

When I arrived at the last house, I opened the package with the vegetables. There were three more people with me and when opening the package a light burst from it, coming from the products. In the beginning I thought that I was the only one who saw it. But I asked the others, “Did you just see the same thing I did?” They were amazed too. They also saw the light coming from the bag and they told me that the products were shining from inside. It was then when we realized that these products are not just products without chemicals, healthy and natural, but they are additionally loaded with healing energies and materialized love from the AGNIHOTRA fire. This is what you feel when you eat these Homa veggies: a great love. So they are something priceless; they cannot have a price.

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**OLGA MARIA ESCOBAR**



**ARMENIA, QUINTILLO  
COLOMBIA**

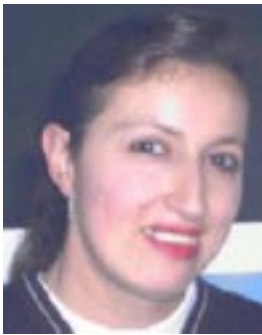
**Problem: Ear Inflammation**

I have two daughters who are swimmers. The oldest one continuously suffered from ear inflammation. Now, when her ear starts hurting she puts it near the Agnihotra pyramid once the fire extinguishes. The inflammation goes away and she can continue with her swimming practices. Before, when she got an ear inflammation she could not go into the pool for two to three days, but now with the fires she doesn't have to stop her swimming practice.

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**ESTHER JULIA**



**Manizales  
Colombia**

**Problems:**

**Business failure  
Ant plague**

I have been doing the Homa Therapy fires once a week for two years.

A company here in Manizales declared closure, so a co-worker brought a pyramid to the workplace and told us, "Since the company is already declared for closing, let's begin to work with the Tryambakam fire. Perhaps it will help the company and change their opinions about closing." We began to practice Homa Therapy and the company resumed the work and there was no longer the risk of closure. The whole problem disappeared. Now the sales have increased and

that helped to pay several debts. This has been something wonderful. We all feel so much better.

Another experience was on a farm with a beautiful, gorgeous tree, which we were told would fall because the ants were destroying it. We took the Homa pyramid to the nearby pool, where three people did Om Tryambakam Homa. The following day we magnetized water in a pail and asked the ants to leave. We told them we did not want them there and that they were causing damage to the tree. The following day we went to see the tree and there were no more ants.

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**ALEJANDRA OSORIO**



**Carrera 13 # 820  
Armenia  
Colombia**

**Problem: Negative energies on property**

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I am a Thai Chi, Yoga and Chi Kun instructor in a holistic center. Only recently I began to practice Homa Therapy and I could already experience a very clear result. We were trying to look for a place to open the center that was big and pleasant. We found the place very quickly and it had all the conditions we required. But the house had been vacant for a long time due to some heavy negative energies. We began treating the house with the Agnihotra fires and the result was excellent. The house now maintains itself full with people; everybody likes to stay there. The energy has changed completely. In the beginning everyone wanted to run away; a very heavy atmosphere could be felt. But with the Agnihotra it has turned into the opposite. People continue arriving and stay often overnight and they don't want to leave.

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**ALEGRIA AXOVI GARCIA**

**GUAYAQUIL**

**Rheumatic Arthritis  
Depression**

I am 25 years old. Approximately seven years ago I was diagnosed with rheumatic arthritis. That was for me something exasperating because I had to receive penicillin injections every month. If I missed one month the following dose doubled or

tripled because I had so much more pain in the fingers, hands and knees. For that reason I also took six pills daily and applied an ointment to be able to sleep, because in the months of August and September here in Guayaquil it is too cold.

Now I have completed two months of practicing the fires of Homa Therapy and I don't take any medication, neither pills nor injection. My bones don't hurt any more and I feel well. I could also overcome the depression, which is something very common in arthritis patients. Now I take Agnihotra ash in all my meals. I also apply Agnihotra ash cream to my joints, fingers and knees. Thanks to Homa Therapy I can live a normal life now .



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## FIVEFOLD PATH for Happy Living

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1. Perform **AGNIHOTRA** for purification of the atmosphere which leads to automatic purification of mind.

2. Practice **DAAN** (sharing of assets in a spirit of humility to reduce attachment to worldly possessions).

3. Practice **TAPA** (becoming better managers of our energy expenditure by training the body and mind to react to all circumstances in life with Total Love).

4. Perform **KARMA** (every action for self purification only and thus no expectations which bind us to the material world).

5. Practice **SWADHYAYA** (Self-study) for liberation. Who am I? Why am I here? My work on this planet is to learn to react with total LOVE with each opportunity given to me.

This is the Fivefold Path for happy living on the planet. By practicing the Fivefold Path you become better members of your society, group, religion, community, etc.