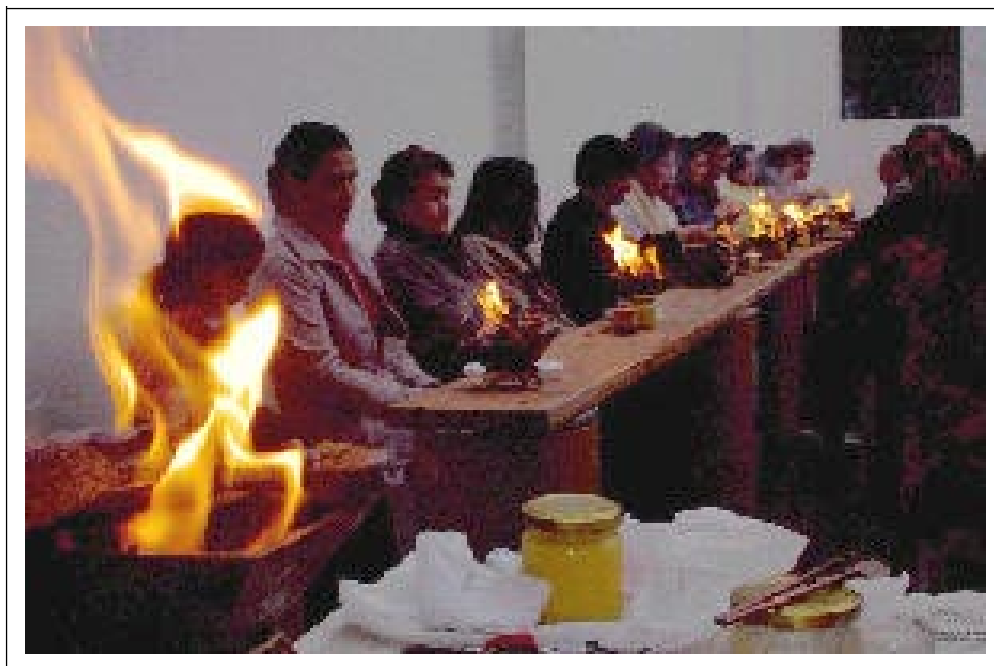


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TURIASSU CLINIC LIMA, PERU



Perform Agnihotra



Heal The Atmosphere

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From Vasant's Talk at The Turiassu Clinic

translated by Dr. Abel Hernandez and Aleta Macan

*Wednesday, January 21st, 2004
Lima, Peru*

Let us remember that it is a cosmos and not a chaos. Let us look at our planet for example, all living things. You will find that man is the only human being, the only creature that can bring about any change; no animal or any other living creature can do it, only the human being. The Bible says that when you are born in the human frame, you are born in His image. It means that whatever be the color of your skin--white, black, brown, yellow--and whatever be your material condition--good or bad, wise or otherwise, you are born in His image. And therefore, when you are born as a human being you are given only one program and that is, "Be you transformed by the renewal of the mind". That is the only thing to be done when you are born as a human being.

Now we should consider, what are the factors that disturb us for this transformation of the mind in the direction of total love?. Man is body, mind, intellect and something more. So now let us consider at least these parts: body, mind and intellect, and let us leave this more subtle soul aside. At present let us consider the first three aspects.

In western countries in modern times all these sciences have developed wonderfully but not the science of the mind. About sev-

eral years ago I was living in Washington, I think around the year 1973. There is an institute near Washington named Katvesa that is the highest institute for these mental sciences. There, they published some literature at that time which said that there are rhythms of nature and we know very little about them. And that is exactly what Agnihotra is: sunset/ sunrise rhythm.

We should learn to grow our food without violence and with love grow our food. You have to plant it with love, you have to grow it with love, and then you have to harvest it with love. And when you prepare food you have to cook with love, and also to serve with love and eat it, all in an atmosphere of love, because you become what you eat; you become what you think.

The basic law is, as the Bible says, reap as you sow. That means man is not a marionette in the hands of destiny. You decide to walk the path of Light, that is the transformation of the mind in the direction of total love, and then you reap as you sow. Then another law starts operating which is called law of Grace. These doctors, Dr. Cotillo and Dr. Vasquez here are something like angels doing this work. Doctor Abel and Aleta are moving all over Peru teaching all this. It is something like angelic work. You will find this is the biggest material aid to train your mind to be full of

love, this sunrise sunset fire. You will see that as we are moving in this material world we reap as we sow. But we forget that the moment we decide to walk on this path of Light, that is try to transform the mind in the direction of total love, another law operates which is the law of Grace.

With this Agnihotra you are doing a great offering, a great service to keep the energy cycle of the planet in harmony. This is a great help to nature to keep the cycle in harmony. This science (the science of medicine) comes from a very, ancient body of knowledge known to man called the Vedas. It is called Ayurveda, for example. There is one branch which refers to the plant kingdom. There is another branch which refers to the science of music, and another branch which refers to the science of interplanetary weapons system. All types of material knowledge are given in this ancient science but now it is a lost science.

In ancient science it is said that there are numberless billions of universes. Out of that our universe is one. Out of that our planet is one. And we have to keep all of this in harmony. Therefore you have to consider what is called healing on this planet. Then we have to heal the interim space in between the planets of this one solar system. And also the solar range of the sun of this solar system.

And Agnihotra has this wonderful effect in doing all this. Also we must remember that it is Grace which really heals. You know the story when Lord Jesus was on this planet. He was walking and something from his gown, this beautiful peace of cotton, flew into the air. Due to the wind it flew on a leper and the leprosy was gone. So this is grace operating. And here is the same thing operating because you are doing great service, you are offering your service to bring this harmony on the planet.

This Agnihotra has various aspects. The medical part of it was given first in Germany, in those days West Germany. They started around the year 1975 working on this. And then they developed a system of how to make use of this ash and it was done very systematically. They have published a book in German language. Soon it will come out in Spanish. In this ancient language called Sanskrit in which all this knowledge was given, the word for health is “Swastha” which means one who is totally attuned to himself. You can see the similarity of language between Sanskrit and Spanish. “Swa” – self and “sta” – state. “Atuned to oneself” means the process of transformation of the mind which leads to the state, “I and my Father are one”.

Now it is Peru which has actually shown the way to the world, how to grow your food by

this method. Well, just by Divine Will we knew that Peru is the country where these things are going to start. So several years ago we came here. I think about four or five years ago we went to this river Pachitea in Pasco and Huánuco, in that area in the Amazon. You see, it was about agriculture. You know how trees are sick in the Amazon. According to NASA they think that just in a few years these trees will die not because people are cutting them but because they are sick. Actually as NASA scientists put it, if these trees die there will not be enough oxygen left on the planet. Because trees breathe out oxygen and we breathe in oxygen. There are in that area many poor farmers and they were not able to produce anything because everything was sick. So we chose to start with banana and platano. You see for Europe and Western Europe bananas and plantains are luxuries. They are luxury items. But here they are staple food. Also in Africa they are staple foods. There was a disease called Sigatoka Negra which has destroyed crops in several countries of Central America, Caribbean and northern part of South America.

I have to talk about Agriculture and farming because you will soon see that everything there that grows is contaminated and we have to make efforts to make things clean right from now.

So in three months the disease went away. And that is how some (mayors) local government officials started writing to each other. Then they wrote to the government in Lima.

These people in Lima asked us, How does this function? Because we are trying everything: knowledge from Israel, knowledge from Cuba, knowledge from the United Nations and nothing works. And how does this thing work? So we told them to show us a place where they had tried everything and nothing worked. We said, “We will go there.” So they showed us a place somewhere in Ucayali. You see, with plants it is very easy to observe but human beings are much more complicated than plants. But this was very surprising to the department of agriculture which made the observations some time ago. Then they asked us, “Can this be done in a large scale?” So we have been working here for more than three years with the Ministry of Presidency. The former President had chosen some area for total development because we wanted to work with poor people.

(Irma Garcia explained the following as per Shree Vasant 's request:)

It was the area of Alto Huallaga where a special project was carried out. There, we simultaneously developed 1,200 hectares (30 units of 40 hectares each). All types of crops

grow in this weather. Observations were made during seven months by the experts of the Ministry of Presidency who specialize in different crops. They wrote reports. There is fantastic documentation on this. We had success in all crops.

(Shree Vasant continued:)

We told them in this country there are hundreds of cocoa farms which cannot produce. And we have shown how cocoa can grow there and how all these diseases will go, just in three months and this has been observed by the Ministry of Presidency, by cocoa experts. We work free you know, but we can only show this in some places.

If the government follows up and continues with Homa farming (on cocoa plantations) they will make millions.

Well, but here all these few doctors, what they are showing is, they are working on human beings...much more wonderful. By the way, in that area, the Ministry of the Interior wrote a letter that is Dr. Gloria Guzman. She is working there on Homa Therapy; she is Peruvian. They wrote us a letter saying because of this Homa Therapy poor farmers started repaying government loans and bank loans. And Doctor Abel Hernandez and Aleta Macan concentrate on this human healing. They are moving all over

Peru now. So our doctor friends, all of them, are receiving great blessings, for they are giving great help to the people who need it. We have shown how honey bees, livestock, and plants are benefitted from this. These doctors are showing how the human being benefits from this as well.

Simple Agnihotra is so powerful. Your mind becomes full of love. And once that happens, then you are in the path of Light. So this simple Agnihotra is so powerful. Now, it is only a human being who can do Agnihotra and not animals, so it is our duty to do this to serve the energy cycle of the planet.

There are various subtle energy aspects with which this modern science is not familiar. We were working with a group of Soviet scientists for several years. And something frightening they told me. This was around the years 1985-86. They worked on Agnihotra with whatever means they had available and then they told me. It was in the United States and Soviet Russia. I mean they had space technology, so they are in a better position to see how the planet is going to dust, being completely deteriorated. But whatever scientists say we know the planet is going to be saved by Divine Will. And that is how these doctors become divine instruments to serve the people. So it is not only physical healing. It affects the body, mind, intellect,

and something more. Well, the main thing is this is very simple to operate and with a little effort we can do so much service. The Soviets, the scientists told me soon after the year 2000 a time will come when everything in all of Europe will be radioactive. Not only the food we eat but even the medicinal tablets, everything will become radioactive. And there is no solution that we know. But we have the solution; Agnihotra ash will be the solution. After making several experiments they have come to this opinion. Of course in ancient science of this Agnihotra it is told it has an effect on radioactivity. Actually the molecular structure changes. It has a beneficial effect on the molecular structure of pathogenic bacteria.

If somebody does tests on pathogenic bacteria it would be interesting. It is interesting that if you keep for example petri dishes in a room which is sealed and you do Agnihotra there, you will see for just 30 minutes of Agnihotra, 60 minutes, 90 minutes, 120 minutes the effects on pathogenic bacteria. Actually it affects first the reproduction. And with bees and earthworms it has the totally opposite effect, it helps reproduction.

Now one thing is certain--that it is only love, energy of love, that is going to save the planet. And this is a great material aid to help the mind go in the direction of total love. So

what these doctors have started in Lima and Piura for example (Abel and Aleta), that is going to lead the way for all of Peru. Because there is a strong Divine Will that the planet is going to be saved. It appears there is a big divine conspiracy to help us survive. And even if you try to oppose it you are not going to succeed, so why not harmonize with it?

Message from Shree Vasant

(From Tom and Ann Couto's house in Baltimore, Maryland, September 22, 2003)

If the people here do the things We have suggested, their lives will be transformed. So many have different troubles now, whether physical or in life, circumstances beyond their control. With a little more commitment, the army can begin their march. But it has to be organized. Just as Noni led the songs last night so beautifully, but also in an organized manner, so this work has to go now. If it begins here, We will come back to this house again to meet again with the people.

The leaders have to set aside any ego interests and be willing to serve in humility, compassion for others, and efficiently.

Someone should write up all these ideas they have and then, whosoever wants to sign up for a project, for example, can sign up on separate sheets for each project. Then, that becomes like a committee and that subgroup meets to further the plans. Then, once a month, for example, the whole group can meet and each committee reports on what progress has been made. In between the meetings, people stay in contact via phone or e-mail. Then, real progress can be made.

One thing is to build up the energy here at this central place. So, someone should organize Yajnya here and on full and new moon, Yajnyas. Women's meetings also.

This is Our house. That means it is blessed for this work.

Community should come together more frequently. This is a time to come together in harmony and support for one another, and to continue the work for which you have come.

December 24, 2003 Message from Vasant

(From Bhruгу Aranya, Poland)

Message to atmosphere is being given now through seed Mantras, through RUDRA YAJNYA through great efforts of those who have gathered here--those humans and those of the Devic Kingdom.

We have now to intensify our efforts and place much more focus on the LIGHT AT THIS CRUCIAL TIME.

Self development begins with a thorough investigation of, "Who am I?" "What am I here for?" "How can I overcome my addictions, attitudes and mental blockages in order to fulfill my VIKARMA?"

You can choose to be happy or choose to be sad. You can choose misery over joy or joy over misery. When you really realize this one point you will begin to utilize the tools given to you to make positive choices.

One can expend so much energy, valuable energy on talking. If it is meaningful conversation, it is excellent. But, so much of the interaction between people is wasteful. Always think: Is it useful? Is it helpful? Is it clear communication? Is it gossip? Is it necessary? One can be extremely spontaneous and full of joy and yet not fall into the trap of meaningless chatter.

Intellect can be a stumbling block on the spiritual path. In all other areas the intellect is revered. On the spiritual path it is seen only as a means for understanding; but quickly one can move beyond it, even beyond "understanding". And beyond "compassion", also. Though compassion is a wonderful state one has to move beyond that. A DIVINE BEING is not feeling compassion or feeling love. HE IS THAT. There are no separations. No "I", save the ONE.

One has to reach a point where nothing else will fulfill his hunger than the presence of the Almighty. This is a point where temptation is not so strong as before, where desires are easily seen for what they are and the longing for the ALMIGHTY is stronger than any other impulse.

It is to be LOVE, PEACE, BLISS AND PROSPERITY ON THE PLANET.

Healings with Homa Therapy



Raquel Alicia Varillas
San Francisco 245 Banerios
Piura, Peru

Problems:
--Marital problems (Alcoholism)
--Headaches
--Stress

My husband drank a lot and treated us badly. He fought with me and yelled at our children. It was getting to the point that he was losing respect for us.

Now with the regular practice of Homa Therapy he hardly drinks, we all feel well and nobody has a bad humor. My headaches and stress have disappeared.



Gerardina Ly Dubio
Piura, Peru
Problems:
---Smoking
--Fungi
--Meditation
--Love

I have always tried to quit smoking. After four sessions with Homa Therapy I did it and I know, that I won't smoke again.

When I sit in front of the Agnihotra fire, I feel that I am praying with much more concentration and I feel God is very close.

I gave my friend, Dalila Clods, a little bit of Agnihotra-ash-crème and she applied it one single time to a toenail which was infected with a fungus. Only after a few days the black fungus stain and the fungus disappeared.

Since I have practiced the healing fires, I have hardly had any breathing problems.

Thanks for the opportunity to know this wonderful Therapy that made me love and appreciate the people who surround me much more.



SONIA HUNTER
Las Acacias 608
Guayaquil - Ecuador

Problems:

Attitude

Nightmares

wounds and insect bites

Brain Tumor

Hyperactive Child

Epilepsy

Emotional Instability

Stains in the Face

Relationship

I have practiced the Agnihotra Healing Fire for five months. The relationship with my daughter was quite difficult, although she is very sweet. Our personalities are not compat-

ible and so we were fighting and discussing a lot. At home every morning before going to school we had a war going on, she screamed and kicked. The same day I began to make the fires, I gave her a little bit of Agnihotra ash because she had fever, headache and I told her that this would help her. The following day, when I woke up I saw her getting out of the shower, she greeted me very attentively and I stared with an open mouth, wondering what had happened. To see my daughter talking nicely and doing things that way was incredible! From that day on her personality has become calmer and compatible with mine. She accepts the advice I give her. Now she is very well. Also she used to have many nightmares and a fear of sleeping alone. Since she wears a the sacred sand she has stopped having nightmares and sleeps peacefully the whole night

Our 13 year-old son began a month ago to do his own Agnihotra fire and he shows a very favorable change in his attitude. Earlier a simple thing, like cutting his hair, which is a requirement from the school, was a very traumatic experience and he would cry each time. But he went through such a dramatic change with the fires that he returned from the hairdresser this month smiling and eager to show his new look. Also his relationship with the younger siblings has improved 90 %.

When my children get bitten by insects or have little wounds, I apply Agnihotra ash and the itching disappears and it almost heals the wounds immediately.

I am a Reiki therapist and in my daily practice I perceive the energy in my hands. I have always perceived it as intense red but the day after I took Agnihotra ash I could see a white light around my hands. It shone so intensely that I cried out of happiness. I know that the auric field is increased vastly by ingesting Agnihotra ash.

For this reason I give Agnihotra ash to my Reiki patients. It helps them to accelerate the process of balancing their energy. The most surprising experience I had was the case of a patient who arrived looking for some peace and harmony. The doctor had diagnosed her after many exams as having a brain tumor, located near the hypophysis, which prevented her from producing enough hormones and manifested a premature menopause. The lady is 27 years old and has a three year-old daughter. The lady had not been menstruating for two years and the doctor told her that she will never again menstruate, because her hormonal levels are very low. After two weeks of Reiki treatment, I gave her some Agnihotra ash for her daughter who was hyperactive, but I recommended

that she take it also. Two days later when she returned for another Reiki session, she was very happy and surprised about what had happened to her. The day she took the ash, she had a colic and could not imagine the reason for that. But that same night her menstruation began. The doctors were very surprised and could not believe it; they said that it could not be. I told her that we would see in the coming month if that was the menstruation or not. She stopped attending the Reiki sessions and called me two months later to tell me that she is pregnant. Through ultra sound she knows that the fetus is well and she is very happy. She continues taking Agnihotra ash. Her daughter has also calmed down noticeably.

Another case that occurred within my practice concerns a 7-year-old child. The girl had lost her mother when she was three years old and began about five months ago to have epileptic attacks. According to the doctors there was no physical reason, but they couldn't find a way to stop these attacks. Her nervous system was very weak and with Reiki she became more balanced, but she entered in a phase of fainting many times during the day. I gave her Agnihotra ash and already by the following day the faintings were less and less. Now she has one or two short faintings per month.

Another case is a 40-year-old lady who came for Reiki therapy for several emotional reasons. She has found some balance. For two months she has taken Agnihotra ash without fail. Her nervous system is well balanced now. One day I noticed stains on her face and she mentioned that thanks to the Agnihotra ash those stains are no longer as dark as they were before. Every time she is exposed to the sun, her face would get coffee-colored stains.

I have a friend who, after 17 years of marriage, has not been able to find happiness with her husband. He has been a very “macho” person and drank alcohol continually. I advised her to put Agnihotra ash in the food or juices of her husband and she noticed a significant change in less than a month. His character is less aggressive. He no longer feels well when he ingests alcohol, and because of that he is leaving the drinks.

DORA MILLER

Guayaquil - Ecuador

- Irritable Character**
- Hypersensitive**
- Feeling of Peace**



I have come to the Homa Therapy three times. In the first healing session I experienced something very wonderful. I usually have a very moody personality. I fire up and calm down quite easily. The day after I had been with Agnihotra I noticed an incredible peace and I had this feeling the whole day. That peace didn't leave me. I returned again to the Homa Therapy and I was invited to stay for meditation, and I did. It was something wonderful to feel that tremendous energy of happiness, which seemed to be in

the atmosphere. I thought that moment that the initial energy of creation must have been something like that. It was a wonderful experience; it overwhelmed me and I cannot really express it in its entirety, but I know that it was something very special.

I think that people are not attracted to the fire by chance, but because there is Grace behind it. I told my daughter about it and here she is. I think we do not only have an obligation to ourselves, but to the whole universe and to all the people. I think that everyone who is able to practice Homa Therapy should think first of themselves, then of their family and then remember all the people on Earth, as it is a way to help and regenerate our world so that we can really live happily.



GUSTAVO TRIGRERO ALVAREZ

Ecuador

Problem: High Blood Pressure

Homa Therapy for me is very important, because I benefitted one hundred percent. I suffered from high blood pressure and had to take pills constantly. If I did not take them I felt bad and the doctors told me that I had to take them every day. With the fires of the Homa Therapy I feel very well. Now it has been three months that I have not taken the pills and I feel magnificent.

When I get up now in the morning my pressure is normal. Before, I woke up feeling heat, I felt bad and everything seemed bad. Now I feel well. The things I do, I do with energy and they come out well, with success.

I have told many people that it seems as if I have found a hidden treasure and I give it to all people, friends, neighbors, and family. I transmit to them this news and even bring them Agnihotra ash so that they take it consciously. For me this is something that I have never seen and it is powerful. I believe in God, I attend church and I want to bring the Agnihotra into the church so it can spread from there.

I thank those who taught me the Homa Therapy and I thank God. I am happy to be here. We seem to be one family and everything is so peaceful, thanks to the Lord.

From Vasant's Talks

This anger, this criticism, judgment, ego, all can go with one wave of OUR hand. And it shall be thus. Continue your efforts in acceptance, love, forgiveness, compassion and when it is the time We will wave Our hand and all will be completely gone. That means more effort and very quickly it goes. If someone speaks negatively do not hear it. Say, "I don't want to hear it," or better, "I do not hear it". Then let it go. Better you concern yourself with what you say rather than your reaction to what another person says.

Love thy neighbor as thyself. This is the basis throughout time. If we are to adhere to anything let it be that one thing, as Love is the only way to become free. This is true love without condition for all people without preference.

When one is told, for example, "Grace will provide," one can choose to sit back and wait for Grace to operate without making much effort. Then, that is essentially expectation and not "surrender". Then one can always blame the Almighty if his goal is not actualized; that is, if in his mind Grace has not provided for him. Grace always will provide but better you make honest efforts in the direction of higher goals. Then automatically Grace is activated by that effort. That effort is, Love thy neighbor as thyself.

If you truly feel the need to change in yourself, try not to negate all that is good in you. If you feel that these traits you don't like are so unbearable to face in yourself then leave them aside and focus on the Master. Do Mantra intensely. One by one these fears will subside. One by one you will be able to take the opportunity to better what characteristics you find disturbing in yourself. If you feel you are too critical, instead of finding fault in others, find something positive and either think of it or speak it or both. Do the same thing with yourself. Refuse to focus on what is negative in yourself. See it and then let it go. Do not be snagged by this negative self-appraisal. Humility. At the same time let go of expectations of yourself and of others. The less you judge yourself the less you will judge those around you.

If you come to an impasse, it is always best to improve one's concentration in order to overcome obstacles to success in any venture. If one is not concentrated, the energy dissipates and loses its direction. Avail yourself to this energy. It takes some effort to become organized and still further effort to become efficient at organization.

Do not think, "What will be". Focus on what already is, i.e., "Be here and now". Meditate two to three minutes before every meal. No worry. No fear. Only love now.

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FIVEFOLD PATH for Happy Living

1. Perform **AGNIHOTRA** for purification of the atmosphere which leads to automatic purification of mind.

2. Practice **DAAN** (sharing of assets in a spirit of humility to reduce attachment to worldly possessions).

3. Practice **TAPA** (becoming better managers of our energy expenditure by training the body and mind to react to all circumstances in life with Total Love).

4. Perform **KARMA** (every action for self purification only and thus no expectations which bind us to the material world).

5. Practice **SWADHYAYA** (Self-study) for liberation. Who am I? Why am I here? My work on this planet is to learn to react with total LOVE with each opportunity given to me.

This is the Fivefold Path for happy living on the planet. By practicing the Fivefold Path you become better members of your society, group, religion, community, etc.