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HOMA FARMING AT BHRUGU ARANYA



NEW ERA 63

NOVEMBER & DECEMBER, 2006

Perform Agnihotra



Heal The Atmosphere

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Service

Vasant

Divine gives you whatever you need. Once you rise a step higher you will realise that there is nothing in this world worth hanging onto, be it family, money, worldly security. You give it all up and you devote all moments to serving others.

You have to go out in the world as an instrument to serve others.

You can begin this SADHANA of service with all you meet.

You can rise so high only by serving everyone with that total love and devotion.

You reach a point when the ego will go.

Divine Knowledge

Vasant

All sources of divine knowledge are pure. It is only in man's interpretation that someone becomes overzealous and judgmental of others.

In all ancient knowledge, whether recorded or not, there is also reference to FIRE purification.

In the Bible, there are direct references to these times in which we now live. Great turmoil and chaos are predicted. Rising of the great seas is also predicted.

Agnihotra is the purification referred to in the Bible.

We are only instruments to bring the FIRE to every strata of the people and to every strata of the earth.

Yajnya Questions and Answers

Bruce Johnson

Shree Vasant has recently suggested preparing stocks of Agnihotra ash ointment. Quantity to be used is 9:1 by weight, e.g. 9gm. ghee to 1gm. ash. Equivalent ratio by volume is 2:1, e.g. 2 level spoons of ghee to one level spoon of ash. This may be easier for people who have no means of weighing the material.

Some recent questions which have been answered by Shree Vasant:

Q. When making Agnihotra ash powder is it necessary that the strainer or sieve should be made of copper, or will any other material do?

A. It doesn't matter what you use for straining the ash powder.

Q. When adding material to the Yajnya fire can we use left hand?

A. When making offerings to fire with the word 'Swaha' only the right hand should be used. When adding materials to the fire at other times, either hand will do. e.g. in Rudra Yajnya, when adding extra cow-dung after completing one Chamakam and before starting the next Namakam it is not important which hand you use.

RE: ALIGNMENT OF "RAISED DOT" ON PYRAMID DURING AGNIHOTRA

Q. What direction does the raised dot face

when performing sunrise and sunset Agnihotra respectively?

A. WHICHEVER DIRECTION YOU FACE FOR AGNIHOTRA THE HEALING EFFECT WILL STILL BE THERE. THE IDEA OF THE RAISED DOT FIRST CAME FROM POLAND SO THAT THE SAME SIDE ALWAYS FACES THE SAME DIRECTION - EAST, FOR EXAMPLE. (ACTUALLY, YOU CAN CHOOSE ANY DIRECTION TO KEEP THE DOT ALIGNED WITH. IT DOESN'T NECESSARILY HAVE TO BE EAST.)

GOING INTO THE MORE SUBTLE EXPLANATIONS, THERE ARE VARIOUS DIRECTIONAL ENERGIES INCLUDING SOUTH-EAST, SOUTH-WEST, NORTH-EAST, NORTH-WEST AND IF THE ONE SIDE OF THE PYRAMID IS KEPT ALWAYS FACING THE SAME DIRECTION THESE ENERGIES ACCUMULATE. SO FAR AS OUR EARTH IS CONCERNED THERE ARE SPECIAL ENERGIES ON THE EAST SIDE. THERE IS ONE TRADITION WHERE YOU FACE EAST AT SUNRISE AND WEST AT SUNSET. THIS ALSO HAS SOME MEANING. HOWEVER, IF YOU DO AGNIHOTRA REGULARLY AT ONE PARTICULAR PLACE THEN YOU CAN FACE EAST AT SUNRISE AND WEST AT SUNSET. IF YOU CHOOSE TO FACE WEST AT SUNSET, HOWEVER, THEN IT WILL BE BETTER TO KEEP THE DOT ON THE PYRAMID FACING THE SAME DIRECTION AS FOR SUNRISE.

Q. Is the alignment of the raised dot essential to the primary healing effect of Agnihotra, or is it a secondary consideration so that the pyramid can generate a stable resonance over a period of time?

A. NO, IT IS NOT ESSENTIAL TO THE PRIMARY HEALING EFFECT OF AGNIHOTRA. BUT RATHER IT ENHANCES THE EFFECT OVER TIME.

Q. Has the teaching about the alignment of the pyramid been changed or refined in recent years?

A. NO, THE TEACHING ABOUT THE ALIGNMENT OF THE PYRAMID HAS NOT BEEN CHANGED OR REFINED.

Q. How should the pyramid be aligned when performing Om Tryambakam or other Homas that are not time specific?

A. THERE ARE SEVERAL HOMAS WHICH ARE TIME-SPECIFIC AS FAR AS ASTRONOMICAL CONFIGURATIONS ARE CONCERNED. THERE THE ALIGNMENT IS NOT IMPORTANT. ALSO FOR OM TRYAMBAKAM HOMA IT IS NOT IMPORTANT. ONLY FOR AGNIHOTRA IS IT IMPORTANT.

When Shree Vasant was working with Soviet research scientists on Agnihotra they made experiments on hundreds of cats and dogs and their psychology. They found that cats have a tendency to sit in preference at the

corners of the pyramid and dogs have a tendency to sit in preference at the sides. When they asked why Vasant said that all sides are healing whichever way you do it.

If we are working in a very diseased area (i.e. plant disease) then, when we begin the process of rejuvenation, it is better to face north for a month or so. It gives a push to the healing. For the people it becomes complicated so we do not speak much.

After working for several years on Agnihotra research, one young Soviet physicist was able to devise instrumentation to test the mechanics and acoustics of Agnihotra pyramid fire. Since it was Communist controlled they could release no papers, but what they told us orally is:

They were able to measure on their instrumentation specific frequencies of the different steps of the pyramid in Hertz. They said the most intense sound waves had their origins at the four sides of the pyramid forming a small angle. From inside the pyramid a standing wave of fixed frequency is emitted. They said when Mantras are being uttered at sunrise and sunset, resonance takes place in the pyramid and the most powerful effect was with the word "swaha."

They further noted:

Agnihotra Ash

Vasant

1. One characteristic frequency of the pyramid corresponds to the human heartbeat.
2. Another one corresponds to frequency which can be found in the human brain.

They asked Shree Vasant whether this could be a part of the explanation of the healing effect of Agnihotra on human beings. Now on this subject we don't know anything. I am just telling you what they told at that time to Shree Vasant. The young scientist further said that if you wish to do further research on the Agnihotra phenomenon, you will have to construct a specific building without electricity and without disturbing magnetic fields.

Agnihotra ash does not deteriorate with age. Of course it has to be kept in a natural container, say, earthen or wooden pot or glass. It should not come in contact with any other material but kept in pure form. There is subtle energy locked up in the ash and so long as purity is maintained the quality of ash does not deteriorate.

A women in menstrual cycle should not touch the container with Agnihotra ash.

Agnihotra Outreach-- Two Events

FloydFest, Floyd, Virginia July 27-30, 2006

Once again FloydFest provided a unique and wonderful opportunity to share Agnihotra and Homa Therapy with a large number of people. FloydFest features a wide variety of musical performances, arts and crafts, children's programs and a Global Village with informative environmental displays. The event attracts about five thousand people annually.

To celebrate the festival's fifth anniversary, the event started on Thursday, a day earlier than usual, and ran through Sunday. Agnihotra was performed every day at the festival. Though the entertainment went on until 2 A.M. (and some partying lasted all night) some people always managed to join Richard and me for morning Agnihotra.

To our surprise, a young man from Hawaii, to whom Richard had recently shipped some Agnihotra supplies, dropped by early one morning just in time for Agnihotra. He had been visiting family on the east coast, decided to come to the festival, and saw us listed in the festival directory.

The challenge of last year's festival was rain. (Some dubbed it FloodFest and MudFest.) This year's challenge was wind. Inside our tent, it shook the posters and knocked over

displays; outside, it threatened to blow the tent away altogether. Thankfully, some extra tarps firmly staked to the ground sufficed to keep it earthbound. (Some fellow exhibitors had a close call. The wind had completely uprooted their large canvas tent--about twice the size of ours--and was about to blow it away when someone tossed a cinder block onto it.)

Our tent was a busy place-- Agnihotra literature was distributed, questions were answered, Agnihotra ash samples were handed out, fires were performed, free applications of Bhruugu Aranya healing essences were given, and video footage of Agnihotra healings and Homa farming was shown via laptop.

This year a number of children came to our tent, especially when we were doing fires. Some were practically dragging their parents with them to show them what was going on in our space.

Although it wasn't possible to perform Agnihotra onstage in the Global Village--those time slots were already booked--we were given some stage time on Friday morning. The wind was blowing so hard that members of the audience had to sit onstage in a circle around the Agnihotra kit to keep the Vyahruti Homa fire from being blown out.

Special thanks to Matthias Baker and all our friends from the Josephine Porter Institute for all their assistance at FloydFest.--Ed.



D.C. Green Festival October 14th-15th

The following is my account of the Green Festival in D.C. It really starts in Poland when I was there this summer. It was fortuitous that during my visit, both Abel Hernandez and Aleta Macan were also visiting at that time from Peru. They were kind enough to give a power-point presentation of their travels and many of the Homa Therapy workshops which they gave to people throughout several western South American countries. They have had astounding success in spreading these healing fires throughout this region. Their enthusiasm and encouragement for carrying on the work was a revelation and an inspiration to me.

I returned from Poland with a burning desire to become more active and involved in this part of the world. I was reading a copy of *Mother Jones* magazine and noticed an advertisement for the Green Festival in Washington, D. C. I contacted them about renting a space in the show for Agnihotra/ Homa Therapy. Initially the response I received was quite lukewarm at best. The main organizer for the festival seemed to think that Agnihotra was too esoteric or metaphysical and, therefore, was not relevant to the practical nature of the show. I then perused the list of organizations and companies

who were participating, and realized that our approach should stress the practical nature of this fire.

The main theme of the show revolved around green businesses and commerce. But I also noticed that there was a section in the layout of the floor plan which was set aside for organic gardening and farming, and there was an intriguing category in their program guide called “environmental remediation.” It was these two headings which I latched onto when I filled out our application for admission to the show. Ultimately, although only at the 11th hour, I did succeed in getting accepted.

Jim Sanders and Mike Branning accompanied me to the festival and helped with the set-up and presentation. John Haggerty came on the second and final day, and also was of great assistance. The convention center where the festival was held had very strict fire regulations which prevented us from doing the fire inside the building. However, we were blessed to have an ideal space available across the street in Mount Vernon Square where we performed Agnihotra at sunset on both days.

Many people stopped by our booth and inquired about the nature of these fires. We encouraged everyone who came to join us

for evening Agnihotra. Many people signed our guest list, and a few showed up each evening for the fire ceremony. There were many, many worthwhile participants to the show. However, we all felt strongly that we were filling a void by offering something that went way beyond offering alternative modes of living and working in the environment. We were giving something which was actually helping to reverse the destruction of the planet.

Several weeks later, John and I met at my house to follow up on the guest list from the show. Henry and Jannette Gregory offer monthly Agnihotra classes for beginners at their house in Randallstown. John and I succeeded in getting in touch with several of the people we had met and getting them to attend this class. It was a very positive experience and two of the three people who attended bought kits and have started Agnihotra. One other person, who was unable to attend, bought a kit at the show. One of the people who bought a kit has since called me and arranged a meeting with her spiritual teacher and several of her students so that they can also learn about the fire.

--David Sawyer

Homa Therapy Project on Coffee in South India

Bruce Johnson

At sunset on 9th October, 2006 the Resonance Point at Brooklands Estate coffee plantation near Yercaud in Tamil Nadu State was inaugurated with Agnihotra in the newly completed Resonance hut. On the previous visit to the estate Karin Heschl and I activated the 10 pyramids ready for installation of the Resonance Point. We also taught the Mantras to the staff members and on my arrival this time I was very happy to see that they were performing four hours of Om Tryambakam Homa every day as well as Agnihotra at sunrise and sunset.



Before activating the Resonance Point a report was commissioned from the Coffee Board of India describing the condition of the estate at the time. Mr Gopalkrishnan, Senior Liaison Officer of the Coffee Board in Yercaud, gave the report. In the report he

states that there is a considerable level of incidence of coffee white stem borer in the entire area of 130 acres under coffee. His recommendation for control of this pest is: "The affected plants should be cut and burn (sic) them immediately. If the borer penetrated to the root portion, the entire plant should be uprooted and burnt immediately." Due to the serious infestation by this stem borer they have to cut and burn 10,000 coffee plants per year, resulting in a major loss of income. Also it takes four years before the replacement saplings bear fruit. I immediately started a program of Rudra Yajnyas to assist in the healing process.



I advised them to take the next step which is

to start using Agnihotra ash in all their agricultural operations. Next month we will return to install Biosol on the estate.

Please visit our websites:
www.tapovan.net
www.tapovan.net/agnihotra
www.homatherapyindia.com



Bhrugu Aranya Homa Farm-- Our Experiences with Homa Farming

Parvati Rosen-Bizberg

In 1995, Fundacja Terapia Homa purchased a 3 ½ hectare farm in the mountains of southern Poland, in Jordanow-Wysoka. Fundacja Terapia Homa is an ecological/educational foundation, which disseminates the ancient teachings of Agnihotra and Homa Farming. Jarek Bizberg is the author of *Homa Farming for the New Age*.

The category of the soil for the entire area of our farming village is officially Category 5 out of 6. Six is the worst quality of soil. The soil on our farm was tested by the official agricultural laboratory in 2003. They tested the soil in the garden, the cow pasture and the old orchard. The soil in the vegetable garden was the worst, with a PH 4.40. Phosphorous was 4.2, Potassium was 18.0 and Magnesium 11.7. So from this, only the potassium was OK.

Our soil on our whole farm had already improved and was categorized as Category 3. Though still acidic, it was much better than any other farms in the area. The officials told us that VEGETABLES WOULD NOT GROW IN THIS SOIL WITHOUT ARTIFICIAL FERTILIZERS, SUCH AS NITROGEN, PHOSPHOROUS AND TONS OF LIME. They said it was too acidic. At the time that we had the soil tested, we were already growing abundant crops and our 50-year-old long abandoned apple and plum orchard was still producing



fruits. We had done nothing to the orchard soil and had only added a small amount of compost to the vegetable garden up to that point.

As a result of the test, we added lime and more compost and dried cow dung to the garden soil in an attempt to improve the alkalinity. We added Agnihotra ash as well, as always. Now, our gardens are even better than ever.

I should add that this region of Poland is not a farming region. It is high elevation where we live and we get snow approximately 5 months out of the year. The cold temperatures in winter can drop to -30 degrees C. at the coldest time. Despite this harsh climate, we have amazing results with our produce. Agnihotra and Agnihotra ash has improved the quality of the soil. It has increased our yield of vegetables greatly and the taste, texture, weight and quality is none to compare.

In Poland, herbs tend to be much weaker in flavour and potency, perhaps due to polluted conditions. **Our HOMA healing and culinary herbs are extremely potent, flavourful and**

effective. We grow a wide variety of herbs

here. One has to use much less for medicinal purposes than with other herbs, due to the potency. We grow the following herbs in abundance: Chamomile, borage, basil, thyme, parsley, coriander, peppermint, sage, lovage, lavender, comfrey, nettles, dill, horsetail, rosemary, oregano, etc. Wild herbs that grow in the area grow in greater abundance here on our farm and their medical qualities are superb. Consequently, our cows are the healthiest in the whole area.

Our neighbours all have difficulty growing tomatoes. Everyone who tries has to grow them only in a greenhouse and still, they do not grow well. OUR HOMA TOMATOES FLOURISH! They are extremely delicious. We grow many varieties, large and small. We have started to grow tiny cherry tomatoes which taste so sweet and delicious that people come and ask us for the seeds. It is only through the effects of HOMA that we can grow tomatoes at all.



No one in the area is able to grow tomatoes--only our farm.

This year, the farmers in our area reported that they could not grow tomatoes at all, even in their greenhouses. Our tomatoes grow inside and out. The shelf life is much longer than average. The taste is far superior, the texture firm and juicy.

In terms of variety, Polish farmers, particularly in this mountainous non-farming region, only grow common Polish produce such as potatoes, cabbage, beets, beans, carrots and root celery. On our farm, we grow more unusual vegetables for the area: broccoli, snow peas, green stalk celery, zucchini, pumpkin, Jerusalem artichokes, cucumbers, tomatoes, bell peppers, onions, sunflowers, Brussels sprouts, etc.



In terms of yield, it has increased every year. We began our gardens in a field which had never been tilled for farming before. The soil was not only acidic, but had never been worked before. Year after year, our yield of vegetables increases. We perform all fires in a small HOMA Shala by the garden. There we perform Agnihotra sunrise and sunset, Tryambakam Yajnya four hours daily, 24-hour Yajnya at full moon and new moon, and additional HOMAS.

We have also had great success with BIOSOL which we make ourselves on our farm. The whole garden flourishes from the use of it. Seedlings improve greatly and grow quicker. We noticed a big difference between our own HOMA seeds and store-bought organic seeds. The percentage of germination was above

90% for our HOMA seeds whereas with the store-bought seeds it was between 40-70%. HOMA seeds were much healthier and showed vigorous growth. The seedlings from our HOMA seeds were much healthier and grew faster.

We have purchased additional land and are now growing wheat with success.

We have three cows that produce HOMA milk in abundance, and are unusually calm, gentle healthy cows for this area.

None of us were farmers or had any previous farming experience. Jarek Bizberg had managed a blueberry farm in Australia, which was also a Homa Farm. Other than that, we began all anew and are amazed every year with the abundance of produce, the quality beyond compare and the miracle that we can grow such a bountiful harvest in our poor soil and harsh climate. HOMA FARMING IS THE BEST TECHNIQUE FOR GROWING ORGANICALLY AND NATURALLY IN THIS DAY AND AGE.





"Four Pumpkins"

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FIVEFOLD PATH for Happy Living

1. Perform **AGNIHOTRA** for purification of the atmosphere which leads to automatic purification of mind.

2. Practice **DAAN** (sharing of assets in a spirit of humility to reduce attachment to worldly possessions).

3. Practice **TAPA** (becoming better managers of our energy expenditure by training the body and mind to react to all circumstances in life with Total Love).

4. Perform **KARMA** (every action for self purification only and thus no expectations which bind us to the material world).

5. Practice **SWADHYAYA** (Self-study) for liberation. Who am I? Why am I here? My work on this planet is to learn to react with total LOVE with each opportunity given to me.

This is the Fivefold Path for happy living on the planet. By practicing the Fivefold Path you become better members of your society, group, religion, community, etc.