

SATSANG

Perform Agnihotra



Heal The Atmosphere

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Homa Therapy Farming Project in Rajasthan, India

Karin Heschl and Aurelia Heumader

The following report was sent to the Morarka Foundation after they invited us to establish a Homa Therapy farming project in the semi-arid Navalgarh area of Rajasthan in India.

The programme of Homa Therapy farming had begun on 25th June in Navalgarh area. One farm was selected by the Morarka Foundation. This farm is situated in Mohanwari near Jhajhar village. The farm has forty acres and is shared between four brothers, who agreed to try the method of Homa farming for a minimum period of three months. The selection of the Agnihotra hut and Tryambakam hut was done immediately.

On 26th June a meeting was held with the owners of the farm, in which techniques and benefits of Homa farming were explained and demonstrated. The following days, up to 5th July, consisted of training the people of the farm in doing the Homa techniques properly, as well as giving them a daily routine which they could incorporate in their daily farming activities.

Resonance pyramids were installed on 27th June and regular Homa activities began from this day onwards. Some of the performers immediately had some personal benefits which encouraged them to keep up the Homa techniques in the future. (e.g. - imme-

diately relief from severe acne due to the performance of Agnihotra and exposure to its smoke; relief from a ten year old skin disease for which so far no other medicine had brought any satisfying results - after the daily application of Agnihotra ash mixed with pure cow's ghee, constant improvement could be seen).

On 1st July, new moon day, twelve hours of Tryambakam Homa were performed to make use of the additional beneficial energies available on such days.

Informative talks on Agnihotra and its benefits were further held in the Morarka office in Jhajhar, as well as in Jhajhar village. Next four days were spent in Jaipur - July 5th to July 9th - where four gatherings were organized by the Morarka Foundation:

1. In the office itself for the office staff.
2. In Indragarh village.
3. Two in Saipura (one meeting in Saipura was especially for "Agnihotra - a cheap and effective remedy in everyday life").

As no farmer of either Saipura, Indragarh or Jaipur could make any decision to try Homa farming, the work in Navalgarh area was continued.

Agnihotra and Tryambakam Homas were introduced at the Go Shala (cow shed) in Navalgarh for the purpose of benefiting the

cows' health and increasing of milk production. Mr. Ram Prasad Sharma, an experienced worker in the Go Shala took an instant liking to Agnihotra. He would need some assistance from the Morarka office in the form of provision of cows' ghee and assurance of the manager's permission to continue.

Mr. Bhagwan Singh, resident of Jhajhar village, decided to try Homa farming on his diseased land, 1 km outside the village. Information and training of the local people started immediately.

Resonance pyramids were installed on 13th July. The third resonance Point was installed at Mr. Bodhu Ram's farm, Kolsiya village, on 16 July. He is an employee of the Morarka Foundation. Also here training was given to the family members and neighbours. Some problems were observed in the performance of the Homas which were easily overcome by a sincere effort on the part of the performers and after some regular practice.

In the Morarka office in Jhajhar two pyramids were installed - one for Agnihotra and one for Tryambakam Homa. It is advisable to continue the practice of Agnihotra there, as a few people from the village started to come to get Agnihotra ash for their ailments. Whether this can be done, depends entirely on the staff members. Mr. Dhaka, project coordinator, started the performance of

Agnihotra in his house.

RECOMMENDATIONS:

As far as we could observe, all of the above mentioned farms, including the Go Shala, would need some support in the form of cows' ghee and maybe some help in the performance of Tryambakam Homa, which would speed up the healing process of the land (Tryambakam Homa is ideally performed 4 hours per day along with Agnihotra - but Agnihotra is a must!)

One of the staff members could also visit the Go Shala for Agnihotra, but only if the staff members think it is right to do so.

A Mantra practising cassette was sent to Mr. Bhagwan Singh and can be copied from him if there is need of it.

It would be also very important if some one of the office staff could keep records about positive changes observed due to Homa Therapy! (Mental or physical of the performers, improvements in agricultural production or cattle rearing etc.)

Please write or phone if there are any questions arising.

P.S... One copy of this Report will be sent to Mr. Gupta, and one copy to Mr. Dhaka.

SWADHYAYA (Self-study)

Vasant

(From *Light Towards Divine Path*)

Swadhyaya is the fifth aspect of the Divine Path, the Path of Light. If someone tells you to believe in a thing because the majority of people believe in it, say no. Majority of the people believed that the sun moved round the earth. Galileo said otherwise and he was right. If somebody asks you to believe in a thing because various religious scriptures mention it, say no. The scriptures may have been interpolated, the translations might have gone wrong, and thirdly the people who interpret them may be talking without experiencing the truth in them. Believe only what you experience. Say to yourself, "This is my experience of the Divine Path. If some great prophet says similar things he must have had similar experience." This is the attitude of a scientist. This is Swadhyaya.

You like a sweet pie. You eat it and feel happy. If you have three more helpings you will cease to feel happy about it and you may even be repelled. You feel like watching TV. or playing pocket billiards. You do it and feel happy. If you do it for a few hours you would feel like going away from it. What you termed happiness a few minutes ago becomes a source of disturbance now. Find out whether happiness lies in the tongue when you eat the sweet pie. Does it lie somewhere else beyond the tongue? The search for this is Swadhyaya.

You do not ask for misery and yet misery is a constant companion in life. You wish to be happy. However, you experience a gram of happiness followed by a ton of unhappiness. Whether you like it or not there will be sunrise at fixed intervals. The cosmic objects will rotate irrespective of your opinion. You are unable to influence their movements. This shows that there is some other WILL which keeps the universe going and it is higher than your own will. Can you attune yourself to that WILL? Search for this is Swadhyaya.

You try to find happiness through various objects. You see a beautiful dog and feel like patting him on the back. Then the dog bites you and you become miserable. You try to make use of things and persons as means for your happiness, but most of the time misery is your lot. This is everyday experience. Will the search for happiness through outside objects ever land us in bliss? Pondering over this is Swadhyaya.

You see some nice flowers, pick them, and keep them in a flower pot in your room. Then they fade. What gave you pleasure a few minutes ago fades out and you cannot keep it any longer. You have to throw it away. Is there anything which will always make you happy? Yes. It is the Light that shines within you and it is not dependent on anything outside. Search for this Light is the Divine

Path. This is Swadhyaya.

What is Karma (good action)? What is Akarma (bad action)? What is Vikarma (the specific allotted task of a person)? To know this is Swadhyaya.

To stick any formal religious label on yourself is not the goal of life. To become the devotee or disciple of any particular Guru is not the goal of life. Unfoldment of the Kingdom of Light within you is the goal of life. That Light is eternal Truth and “Truth shall make you free.” This is the Divine Path. This is Swadhyaya.

Eye is the organ of sight, ear the organ of hearing, and so on. The constitution of man is taken to be body, mind and intellect. Is there anything beyond this or pervading this? The physical sense organs bring their temptations. The psychic sight brings the occult temptations. Is there anything beyond this? This is Swadhyaya.

Every religionist claims that his window alone throws light on the Divine Path. Religion as it is seen today and Divine Path are two different things. Sometimes they conflict. Those who talk about proselytizing and conflict have not seen the depth of water through their window. The Fivefold Path will enable them to see the depth through their own window. The depth is Eternal Religion. When they get a glimpse of the depth view

there is no conflict. It is TOTAL LOVE. True religion is the science of all sciences. Science is knowledge. “Knowing which nothing remains to be known” is true knowledge. “As in microcosm so in macrocosm.” THAT “whose center is everywhere and circumference nowhere” is Swadhyaya.

Sorrow and misery are concomitant to all life. Everyone feels the urge to get rid of that state of mind and enter into a state of bliss. When the urge is consolidated it is second birth in the physical body. This is the beginning of the pilgrimage on the Divine Path, Path of Light. Complete cessation of misery while living in this world then becomes the ideal of life. This leads us to the examination of the attitudes of the mind. Then begins the mind training program, the program of “renewing” the mind and becoming transformed. The program offered in this book is the Fivefold Path. It is the essence of all Divine teachings that have been offered to humankind. The Fivefold Path is the oldest program for transformation by the renewal of the mind. It comes from the Vedas which literally means knowledge. The Fivefold Path is not a religion as Divine Path is not a religion. To study the various “mind renewal” programs offered by prophets and scientists is Swadhyaya.

Is man merely a puppet in the hands of destiny? What is destiny? What is free will?

How to develop the capacity to execute this free will to choose between good and bad Karma? The law of cause and effect in the physical realm when transposed to super-physical realm becomes the law of Karma, the law of reap as you SOW. Intense Karma, good or bad, fructifies within a short time. Repentance is intense good Karma. Do Karma without attachment to the fruit thereof. Manifestation of Grace is also an aspect of the law of Karma. There is no such thing as fatalism. It is only Karma Yoga, that is Yoga of Action. You make your own destiny. It is not given unto you what to see. However, it is given unto you how to see. This is Swadhyaya.

What is knowledge? What is wisdom? Wisdom shows the relationship between various facts gathered by the intellect. Without this relationship the facts may not be of much use in the journey towards the Divine Path. Purity of mind ushers in wisdom. Agnihotra reduces your effort in this task as a “push” is given to subtler matter called mind. To know and experience it is Swadhyaya. Swadhyaya clarifies our perception of the universe. Better perception leads to better evaluation of the sensory data that goes in the computer of the brain. This culminates into right action. To understand this is Swadhyaya.

We have a desire. It becomes manifest as an attitude. By brooding over it, it gets stronger

and becomes a propensity. A signal goes to the intellect to find out means for the gratification of the desire. Intellect searches for the means, wise or otherwise. This leads to action and momentary happiness. A person attributes this happiness to gratification of the desire and not the eradication of the desire. The desire is eradicated and puts no more burden on the mind. To know how the unmanifest desire culminates into visible action, to learn about the points where it could be checked is Swadhyaya. If you are unable to check it, at least learn to observe the mind when you follow the flow of desire and smile at yourself. This is also Swadhyaya.

“Keep the lamp of knowledge on the threshold of the tongue.” Take care what goes in, that is food. Take care what goes out, that is speech. How does the food affect the mind? What are the factors involved? The journey of the seed that a farmer plants in his field ends up in your stomach. Being a living seed it is affected by the atmosphere and the thought patterns impinged on the atmosphere. This affects its qualitative value. Food builds up your body and the mind. Interplay of subtle energies becomes a part of it.

Similarly, every time you utter a word you have to breathe out through the mouth. Breathing out through the mouth exacts a heavy toll of mind energy. Hence, speech is

called a sacred gift. Sometimes we hear it said, "Speech is silver, silence is golden." Anything that you utter affects the atmosphere. The intensity and potency of the utterance decide the cumulative effect. To know this is Swadhyaya.

You may live for a while without food but not without the air you breathe. The atmosphere is polluted in all ways. Noise pollution, factory pollution, water pollution, nuclear radiation, pollution due to thought patterns impinged on the atmosphere as a result of hatred, greed, scheming for destruction, all these affect the atmosphere. Purify the atmosphere to purify the mind. Purified mind creates its own blissful thought patterns. This is the science of Agnihotra, the smallest form of Yajnya that is purification of the atmosphere through the agency of fire leading to purification of mind. We are trapped in the jaws of atmospheric pollution leading to more psychiatry, mental syndromes and the like. All this takes us away from LOVE.

The Divine Path basically states, "Love thy neighbor as thyself." Love is the be-all and end-all of our effort. On the Path of Light that is the Fivefold Path given through the Vedas, LOVE is the passport. Study of the science of Yajnya, its effect on Prana, its effect on the mind, on pathogenic bacteria, on the absorption of sun's rays by the water resources, the

resultant nutrition to plant life due to the creation of some new substance in the atmosphere, all this forms part of Swadhyaya.

Happiness will elude you until the capering frolic of the mind is reduced. This leads to concentration, contemplation and meditation. Practice of meditation purifies the mind. Your will becomes a fitter instrument of the Omniscient higher Will. This is unfolding of the Light within you. To practice this is Swadhyaya.

The attunement to higher Will, the removal of darkness that does not comprehend the Light, brings about contentment in life. It makes you a better person. You become a fitter instrument in the service of the fellow man. Then you remain in the world but you are not of the world. You experience fulfillment born of knowledge. There is no sense of wanting something and no burden on the mind. There is no alienation as you recognize that the Light within you is also the Light within your neighbor. You are free. This state cannot be described in words. It is "peace that passeth understanding." It makes you humble as a little child. It is total surrender to the Omniscient Will. You are free from the bonds of Karma. To know this is Swadhyaya.

The question whether you believe in God or not does not arise. It does not matter

whether or not you believe in reincarnation. If the law of reincarnation exists, it is going to believe in you and operate. What does matter, however, is transforming yourself by the renewal of the mind. This is not escapism. It is clear thinking. It is liberation for you and service to mankind. This is Swadhyaya.

You find yourself in a deep valley due to the operation of the law of Karma, the law of “reap as you sow.” Make use of the same law to cleanse yourself and to rise above. You have to commence making the effort. You take one step and the Light within you showers Grace by taking ten steps for you. This culminates into total surrender to that Light. This is bliss eternal. To know this is Swadhyaya.

The experience that the Light shines within you may come quite suddenly and may even surprise you when you are not expecting it. You find the treasure right within you. You find that the mind is under your control and the whole being is quieted. You feel a great merciful power has its spell on you. You feel you are that power. To know this is Swadhyaya.

Knowledge is of two kinds. The lower knowledge includes all scriptures, Vedas and other sciences. Higher knowledge can never be transmitted by word of mouth or by the

written word. A high Master, SADGURU, takes control of your inner mind and plants the seed of knowledge. SADGURU is Love Incarnate.

You have to approach such a one in a spirit of total surrender. How to find such a great one? Follow the Fivefold Path and automatically a link will come to you. When you are ready the Master appears and guides you further. GURU shows the way. SADGURU catches hold of your hand and guides you towards the goal. He connects you with the “unstruck music” (ANAHAT) of the universe. Your journey on the Divine Path is made facile. To ponder over this is Swadhyaya.

“Skill in the Yoga Asanas (physical postures), breathing and the Kriya techniques is not the Divine Path. To be able to direct the KUNDALINI in its upward route is not the Divine Path. To be able to walk on water or fire is not the Divine Path. Telepathy or telemetry is not the Divine Path. To be able to stay buried underground for days together is not the Divine Path. To influence solids to bend by thought projection is not the Divine Path. To drink a bottle of acid without any apparent effect is not the Divine Path. To be able to turn mercury into gold, water into milk is not the Divine Path.

“To give syllogistically sound lengthy discourses on Almighty, soul, universe, love, consciousness is not the Divine Path. To

deliver sermons or to listen to sermons on the Vedas, Bible, Bhagavatgeeta, Dhammapada, Quran is not the Divine Path. To recite daily excerpts from the books written by saints, seers or philosophers is not the Divine Path. To don the ocher robes of a monk, a Swami, is not the Divine Path. To bring oneself around a cluster of disciples is not the Divine Path. To attend regularly places of worship is not the Divine Path. To visit periodically the places of pilgrimage is not the Divine Path. To be able to exorcise devils is not the Divine Path. To be able to heal people is not the Divine Path. To be able to read people's minds is not the Divine Path. To prophesy is not the Divine Path. To go into ecstasy when chanting mantras or reciting psalms is not the Divine Path. To see visions is not the Divine Path. To lead a scrupulous and ethical life is not the Divine Path. To sacrifice your wealth in the service of the poor is not the Divine Path. To arrange celebrations on Christmas, Krishna's birthday or Buddha's day of enlightenrment (Bodhi) is not the Divine Path. To promote institutions to teach meditation is not the Divine Path.

It is strange but true that all the above are not the Divine Path. It is hard to see that leading an ethical life, sacrificing wealth in the service of the poor, practicing physical Yoga, reading scriptures, and some other things mentioned above are not the Divine Path. Certainly, some of these can form and

do become means towards the Divine Path, the Path of Light. However, there is an important rider attached to it. When you practice any of the above divorced from the basic concept of the 'science of mind renewing' they can never become the Divine Path. When you have the right knowledge and the right guidance of a Guru, your driving your auto to work, your taking the baby to the baby-sitter, your cooking food for the family, your work in the office or factory become the Divine Path. This leads us to an important field of inquiry. What is the Divine Path? Consider all the above in the light of what one saint stated: 'Service divided by ego is equal to devotion.' Any action done with self-centeredness around the personality leading to infatuation of ego takes us away from the Path of Light. Study of this is Swadhyaya." (Vasant, *Satsang Vol. 1*, printed by Agnihotra Press, Inc.)

When you say, "This is my house", you know that you are not the house. Similarly you say, "my body, my mind". Therefore, you are not the body or the mind. Which is that entity which says, "my body, my mind"? Search for this is Swadhyaya.

Swadhyaya knows no vacation. From every incident in life you learn. Liberation with a smile can be yours if you follow the Fivefold Path of Vedic wisdom. Divine Path is the journey of joy and more joy. Even a little effort in this direction is never wasted. It is, "Be happy here and now."

Agnihotra Question & Answer

Bruce Johnson
Tapovan, India

Dear Sir:

I read about Agnihotra and even I do it every day. My friends say that by burning cowdung and ghee etc. we are producing carbon dioxide and monoxide, so how can we say that Agnihotra reduces air pollution? If you have time please answer.

Reply:

Thank you for your enquiry regarding reduction of pollution by Agnihotra. I am also happy to hear that you do Agnihotra every day. If you give me your postal address I can send you some more literature about it. Also we publish a bimonthly magazine, Satsang, which is available on the Internet at: <http://www.summit.net/home/Agnihotra>

To answer your question I will first quote from the book *Secrets of the Soil* by Tompkins and Bird, p. 251:

“From Europe we received reports of a group of scientists in Rovinj, Yugoslavia, experimenting to establish just what Agnihotra does, and how. Their interest had been aroused by the discovery that after they burned the required ingredients in the copper pyramid their instruments failed to pick up radioactivity in the immediate area, an anomaly since the Chernobyl disaster, which irradiated, along with large parts of Europe,

even their small Adriatic seaport in the province of Croatia. The Yugoslavs also learned that groups of subcontinent Indians living within the borderlands of the Soviet Union who used dried cow dung to seal their huts were unaffected by the radioactive contamination. Intrigued by these mysterious developments, the Soviets have invited one of the Yugoslav scientists, Mato Modric, a biochemist, to visit the Soviet Union to demonstrate the method of Agnihotra in the hope that it may be of value to its citizens.

“To check out this curious data we travelled to Rovinj. Mato Modric, an expert in electromagnetic fields, dowsing and geopathogenic zones, lives with his wife in a small house overlooking the harbour. Modric says he became involved in the Agnihotra phenomenon through his interest in pyramid energy. Trained in physics, he was particularly curious about the role of the special vessel made of copper and its specific ziggurat shape, a form related to the horn antennas used in high-frequency transmissions. What high frequency, he wondered, might be being amplified and broadcast by such an antenna to affect the human aura, its nadis, chakras or its kundalini? That the ash could produce disinfectant, anticoagulant and tissue-contracting effects on living matter, he said, was well established. And he said he believed the ash had pesticidal and fungicidal properties

and that it might ultimately solve the problem of mineral deficiencies. It remained to be established what trace elements were in the ash, research into which was going on in such disparate places as Yugoslavia, Germany and U.S.A.

“Modric explained that he believed he was dealing with a complex that could potentially affect the whole environment, countering the toxins of modern technology developed over the last century by the industrial revolution, and that the process might have enormous implications for our very existence.

“He explained that the Agnihotra was energetically quite complex, involving at least three energetic aspects or field phenomena having to do with the fire and the ash, with radiation of an undefined nature and with ESP or psychism. ‘We believe we can establish the fact of an electromagnetic radiation during Agnihotra. But we are in an area beyond what conventional science considers rational, into an area of informational transfer through intermolecular and interatomic processes mediated by ultraviolet photons. It is logical to conclude that some kind of energetic mechanism is being activated which can be translated into physical meaning linked to concrete information systems that are as yet unknown, but connected to systems of resonance. We are in an area

where it is not easy to prove anything. A lot of work will be necessary and it will depend upon cooperation of very many people.’ ”

Now I would like to quote from “Satsang”, Vol. 1 No. 9 by V. V. Paranjpe wherein he explains the anti-pollutionary effects of Yajnya. (Agnihotra is the basic Yajnya).

“YAJNYA is sometimes described as a process of fumigation... Most effective fumigation takes place during the temperature range 300° - 600°; oxidation of the (materials) leads to the formation of formaldehyde. It escapes partly into the air without immediate decomposition. Vapors of formaldehyde so formed arrest putrefaction. They also help sterilization of household dust. In this process formaldehyde is produced in accompaniment of water vapor in large quantity and it acts as a powerful disinfectant. The other product is formic acid which is also a disinfecting agent. The nonbacterial parasites are also affected. Carbon dioxide produced in Agnihotra acts as a mechanical vehicle to carry antiseptic and vermifuge products to surrounding areas.”

I also wish to quote from the book *Grace Alone* by V. V. Paranjpe, p.115:

“Cow’s ghee is another important physical input of Agnihotra. No Yajnya, small or big,

can be performed without this basic material. Cow's ghee is the only substance known to modern science which defies certain basic law of chemistry. If you burn cow's ghee the weight of the residual ash under ideal conditions does not undergo any change. There is no other substance on our planet known to man which exhibits this characteristic. The unique property also leads to unique effect. Whatever has burnt has contributed immensely to atmospheric purity and this sets up a chain reaction on the sequence of rising tiers of consciousness of which normally man is not aware but which a Yogi can comprehend."

Vedas, the oldest body of knowledge known to mankind, describe the effect of Agnihotra thus:

"Agnihotra is the process of purification of the atmosphere through the agency of fire. By inducing a change in the atmosphere you bring about change in the functioning of prana (life energy). Prana and mind are like two sides of the same coin and hence the beneficial change is transposed to the realm of the mind. From a normal state of matter an ideal state of matter is achieved by practice of Agnihotra. Mind is subtle matter but matter nevertheless. Hence mind can be reshaped so nicely, so effortlessly, so delicately by sitting in Agnihotra atmosphere."

At first glance it seems reasonable to assume

that since we are burning some organic substances in the Agnihotra process we must be creating pollution. However, the reality is quite different. The reaction products are actually antiseptic, fumigatory and disinfectant. The small quantities of carbon dioxide produced actually act as a vehicle for transfer of the vermifuge products. The process has now been shown to neutralize nuclear radioactivity. And most importantly the Agnihotra process, when performed regularly over a period of time, counteracts the most serious of all pollution--human thought pollution (anger, lust, greed, envy, pride, criticism, resentment, judgment). If you take a little time to examine this statement, I am confident you will see that thought pollution is really the source of all the pollution troubles we are facing at the moment on our planet.

Please contact me again if you need any further clarification.

In His service,
Bruce Johnson.

Nature Intelligences

Humans have, since the beginning of time, no doubt, wondered about the possibility of the existence of other intelligent beings in our vast universe. Only recently, however, have our scientists begun to embrace the concept seriously and have initiated the search for extraterrestrial life. But still we are locked into primitive belief systems that life must necessarily be embodied, as evidenced by our representations of the now famous movie star “E.T.” and our stereotypical depictions of Martians as “little green men”. It is difficult for us as a species to admit to the possibility of discarnate life-forms.

But beyond our material universe of form, there exist other unseen levels and dimensions which are normally not perceptible to the basic sensory apparatus of the human. These various levels and dimensions are occupied by a number of groups of consciousnesses which function and express themselves both uniquely and differently from human consciousness.

One such consciousness is what we refer to as “Nature.” It may seem strange at first to describe Nature as having consciousness, but for anyone who has read of the experiments with plants by Cleve Backster in *The Secret Life of Plants* by Tompkins and Bird, this concept is not only possible but highly prob-

able. There are two groups within the massive, intelligent Nature consciousness which interact directly with mankind. These two groups are known in Sanskrit as Deva and Apsarasa. The Apsarasa Kingdom is also commonly referred to in English as Nature Spirits. There is no simple English equivalent for the word Deva. It has been rendered in some sections of the literature as god or gods, but I believe this translation is confusing and misleading.

The Devas are actually the architects of Nature. They create the blueprints for everything which possesses form. The Devic Kingdom is the creative force which is responsible for fixing all the attributes and requirements of everything which exists in form on our planet Earth and in the larger universe beyond. Each form has its own associated Deva. There is, for example, the Deva of earthworm, the Deva of rice, the Deva of our vegetable garden, the Deva of the diesel motor, the Deva of the moon, etc. to name but a few of the billions of them.

On the other hand the Nature Spirits (Apsarasa) are the coordinators, implementers of the Devic blueprint. They work with the principle of manifestation, translating spirit into matter, energy into form. The chief of the Nature Spirits is Pan (the same Pan from traditional literature,

From Vasant's Correspondence

although contrary to the common notion, his essence is Total Love and not demonic). Unlike the Nature Spirits, however, which are regional in their operation (i.e. each group of Nature Spirits is connected to one individual geographical area), Pan is, like the Devas, universal in his presence.

In times long past man and Nature have interacted harmoniously in a positive way. But as man has become more and more infatuated with his technological prowess, his excesses have infringed on the very existence of Nature. Nature itself has been forced to retreat in the face of this human encroachment. We need not look very far to realize that a large part of man's technological development has been directly hostile to the natural world.

Now as we move into the New Age, one of the hallmarks will be a new relationship between man and Nature, an end to man's domination over and manipulation of Nature and the beginning of a cooperative partnership where man and Nature will once more work together participating as equals in the unfolding of the Divine blueprint.

You have to get out of those negative habits, negative behavior, all of it, once and for all. Now there is a breakthrough. Now use this momentum to really rise. You realize the wrong way to think, to act, to react, but seeing that is not enough. Don't focus on it. You underline the negative aspects about yourself until you feel so miserable that you cannot function. You can look at yourself with all honesty and with humility make the changes. Think, "How can I serve? How can I smile more? Who can I give love to? Who can I help?" Then, automatically, before you know it, these negative ways are gone. With a little effort your light can really shine. Always react with love. Think of the other person. Consider all aspects.

Forgive those who have harassed you or spoken ill of you. Forgive those who speak to you with harsh words without kindness. Forgive those who know not what they do.

Surrender all fears to HE who has sent you. It is HE who sent us to you.

To not know how these things work, to not know what is being done through you as an instrument, this is the best way. Once you come to know, then the intellect comes into play.

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From Vasant's Correspondence, cont'd.

Do not look to the future now. Live in the precious moment. Allow the time to unfold.

Do not be lured by sex, business, desire, fear, greed, imagination. Do not lose concentration. TAPA. TAPA. TAPA. Keep your back straight. We have straightened your spine. Keep the back straight.

All the time praise. Praise God in all you meet. Everyone is a child of God. You admire your beloved Master. This is purity of thought. Acquire this attitude of honor and humility and praise all. Always think of the other person's needs before your own. Leave aside jealousy and greed, envy and pride. Be still.

Have less and less to do with the material world of desires, be they momentary or otherwise.

Nothing worldly will give you pleasure. What is not for you is taken from you by Grace. What is for you is given, all the time given also by Grace. Do you understand this?

If constant effort is made in the direction of the goal, the goal will be achieved.

The beauty of the spirit is much stronger than any outward appearance. Look to the heart.
