

SATSANG

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NO. 5



NEW ERA 62

JANUARY & FEBRUARY, 2005

Perform Agnihotra



Heal The Atmosphere

NEW ERA 62

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Cover:

Yajnya Shala at Bhruigu Aranya

Vasant's Message from Bhrugu Aranya, Poland

December 25, 2004, at sunrise:

If there were such a thing as the “midnight hour”, Earth is way past that, living on “borrowed time”. We know it. We have known it for many years. Numerous warnings have been issued from Our lips over all these years. In all Our writings, in Our talks and interviews, in personal instruction to those near, in publications for those near and far, We have not ceased to tell the people of the grave situation befalling the planet. We are not alone.

It is not simply ecological deterioration, but disaster and on a great scale now. Whole forests are dying. Great waters are being poisoned. The heavens cannot hold more toxins. They rain down upon the Earth.

It is Our fervent prayer for this toxic rain to cease, for human beings to become aware of the deadly danger and begin the way to health and purity, harmony and healing. We shall never cease nor tire in Our work on this level and beyond, on subtle levels. We are all ONE. We are all one in the Eyes of Divine.
OM TAT SAT.

No Time to Waste

(On December 25, 2004, while in meditation, Parvati Rosen-Bizberg heard the following message from Shree Gajanan Maharaj.)

With swift action, the planet will come to know the Path of Righteousness. The planet can no longer tolerate the abuse of its resources, the destruction of its land, water, air. Too many wars have been and are being fought needlessly. So much suffering man has created.

There is no time to waste. We must move forward and fill the spheres with love. Have no fear. We are very near all of you. Take very seriously these words. Listen and you can hear the ticking of time, the clock. Do not lose time. Do not abuse time. Pay attention. We are guiding all to the Light. All Blessings. OM TAT SAT.

Awareness of Subtle Energy of Life

On the Increase

Reiner Szczpior

Here in Europe, we have wonderful people sharing Homa Therapy with the public, such as Dr. Ulrich Berk, Pharmacist Monika Koch, healer Parvati and Jarek Bizberg, Thomas Habianitsch and maybe more. Wherever they happen to give a talk or workshop on Homa Therapy afterwards countless people are ready to light the Agnihotra pyramid themselves.

I have the same experiences. Sometimes it is just enough to perform Agnihotra with the audience and not much talk is required. Life is energy and through energy everything is connected also. Our thoughts have a great impact on our well-being. We decide moment by moment whether we are happy or unhappy. If we recognize that all this has to do with the quality of energy surrounding us, or let's say manifesting through us, then we only need to feed our thought program with love, happiness, compassion, understanding and service for all and we are full of joy all the time.

Homa, especially sunrise and sunset Agnihotra fire, is such a wonderful tool to prepare our energetic environment, facilitating our awareness of what is "real" in us. That's exactly love, compassion, understanding and joyous service. We are immediately able to experience that joy. If the mind is not burdened and stressed anymore due to our

false world picture, false identification with the body and external affairs, we are able to experience peace due to positive atmospheric changes brought about by simple Agnihotra fire. We transform the normal state of energetic frequencies into the ideal energetic frequencies which affect our energy body also known as the Nadi system or meridian or chakra system, leading our subtle energy flow into harmony. We feel relaxed and joyful.

Fear disappears. We are able to meet the world with open arms, as the saying goes. We meet God in every person. Can we really imagine how it feels not to fear anymore and to love unconditionally? This is exactly what makes man men. We are born in the image of our Father, as the Bible says.

This era is the era of science. Science paves the way to the kingdom of Heaven on Earth. By Grace, this planet has been blessed by the KALKI AVATAR SHREE GAJANAN MAHARAJ. Through HIS HAND AGNIHOTRA HOMA THERAPY PROCESS TO PURIFY ALL THE SPHERES HAS BEEN GIVEN. HEAL THE ATMOSPHERE AND THE HEALED ATMOSPHERE HEALS YOU.

This is the message. In such an atmosphere love, compassion, understanding and service to all are on the increase. Love and joy for all.

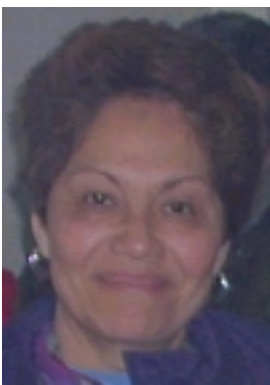
Healings with Homa Therapy

Gerardo Rummaldo Ruiz Carrasco
Piura, Peru

Problem:
* Skin fungus

I am 31 years old and I am single. At the age of 28 a fungus spot appeared on my neck. I treated this with regular medicine which I got prescribed by doctors, but without satisfactory results.

Three months ago, Mr. Jorge Oliva spoke to me about Homa Therapy and provided me with a cream made with Agnihotra ash and ghee. This I applied in the area affected by the fungus and in 15 days I had very good results.



Graciela Cohen
San Felipe Residence

Lima, Peru

Problems:
* Arrhythmia
* Fibrillation

I am 53 years old. I have a heart problem. Because of my mother's death, I went into a very deep depression and the cardiac arrhythmia and fibrillation started. The arrhythmia could be controlled with medication, but the fibrillation continued; then I was transferred to the National Institute of the Heart (INCOR) in the Almenara Hospital and they have been treating me there since.

Just one month before I came to the Homa Therapy, the cardiologist evaluated me. I had a cardiogram done; With the arrhythmia my heartbeat per minute was almost at 110 and I was fibrillating. I had to take Digoxina. I had been taking Atenolol before, 1/2 pill in the morning and 1/2 pill in the night. Well, I came to Homa Therapy in the beginning with a lot of fear because I could not be in places with smoke. Then after 6 or 8 sessions with Homa Therapy, I requested an appointment with my cardiologist and she took a cardiogram. I ask her, "Am I fibrillating?" She told me, "No, and the arrhythmia is totally controlled". What I didn't achieve with two years of conventional treatment I achieved in little time practicing the healing fires. I do the fires

in my house and I am also coming to the Turiassu Clinic.

I have also felt improvement in my state of mind. I miss something if I do not do the fires. It is an energy thing. I believe that my energy is quite unbalanced, but when I come to the Homa Therapy, I feel better. It is like it gives me energy, it injects life into me. I came with a pain in my knees and then I left, walking to my house without any pain. It is something that sometimes I cannot believe. I am not a believer, but this works. I experience that it works.

My daughter has had a problem since she was small. She is in psychiatric and psychological treatment. She takes Meleril, Prozac in the morning and Estelacine in the morning and at night. In the last appointment the doctor lowered her medication. He told me, "I see her very well and I will dare to change the prescription of Meleril to be taken every other day and we will see how she reacts." She is reacting very well with half of the Meleril, which is a sedative.



Alicia Montoya
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Problems:

- * Arthritis
- * Pains
- * Insomnia
- * Incontinence

I am 58 years old. I suffered from pain in the hip, in the knee and in the shoulders for two years because of arthritis. I could not cross my legs and the doctor prohibited me from doing this. I could not walk stairways, not even with very low steps. The doctor even recommended putting some railings in the hall of our house so that I could hold onto

them and not fall. Since I have been attending Homa Therapy, the pains have calmed down and I can cross my legs.

I suffered from a neuropathy in the left leg that didn't allow me to sleep. I tried to go to bed as late as possible. I stayed up till 1 or 2 A.M. in order to find a few hours of sleep, in spite of taking pills. Since I have been attending the healing fires, I have stopped taking medicines and I feel well. Also the stiffness in my neck is gone. I still have a little pain, but I think that continuing Homa Therapy will bring improvement. I could not kneel down and I could not do many things which I can now.

I am diabetic. I have had this illness for ten years. I came to Homa Therapy through Dr. Cotillo's invitation. My sugar level was always very high. It didn't go below 270-300 and I took around 350 pills monthly. When I started with Homa Therapy I followed the treatment and took Agnihotra ash. The blood sugar test prior to my beginning with Homa Therapy was 278 and the doctor warned me that in the following month, if I didn't lower that level, she would begin with the insulin treatment. I begged her to give me another opportunity and I promised to continue taking the medicines exactly the way prescribed.

But then I did something that can be called madness, because I did the opposite. I stopped taking the medicines and I ate sweets and chocolates. I told myself that with the next exam I would be set on the insulin treatment.

I went with fear to take the tests, but what a surprise! My glucose level was 120 and I had stopped taking some pills. I took around 200 pills less per month.

The following month I insisted on more chocolates, more candies and cakes. I told the doctors of Homa Therapy what had happened with my blood sugar level, but I did not tell them that I had stopped with most of the medication.

The following month another test was done and the level was 110. Then I was already convinced that this Homa Therapy works wonderfully and for that reason I would like to invite everybody to attend the healing fires and take the Agnihotra ash. That will not only help for any symptom of physical illness but also emotionally. I suffered from tachycardia and that also has disappeared. I had a strong gastritis; I don't have it any more. I could not sleep, I used to get up three to four times to walk because of the problem with my leg. The pains were very strong, specially at dawn. Now I sleep well. I get up with energy,

Letter to Satsang

with the desire to do things, which before I didn't have.

Apart from that, I came to the Homa Therapy mainly for my mother. She suffered from senile insanity and incontinence. We didn't know what to do, because this caught us by surprise and now she is also improving. I have brought her to the Homa session and I give her Agnihotra ash. She no longer wets the bed and is more lucid. Before she was very lost, she didn't have desires to see television, or go shopping or take a walk outside. The first time I took her to the center for older people for the Homa Therapy was my nephew's birthday and my mother had been up till 3 A.M. My sister and others tell me that my mother is so lucid now. Recently I talked on the phone with her and she told me that she no longer urinates in the bed. My mother is 79 years old.

I am happy. I thank God and the doctors that have given us the opportunity to attend and learn this Homa Therapy free of charge.

Hello! I've been doing the Agnihotra ritual morning and night with few exceptions since the arrival of the starter kit in early December. That's not a long time for experience, but benefits began to flow almost immediately.

My legs and feet were damaged years ago by many years of working on cement floors. Muscles get fatigued easily, even after fifteen years of being away from that kind of work. There was just enough pain to cause discomfort, and it made it difficult to walk. After almost the first ritual, the soreness in my leg muscles began to ease, and their condition has improved steadily since that time. I can walk across a parking lot with long, purposeful strides, the way I did when I was thirty years younger.

There was ground level DOR all over southern Arizona when I started this. After a few days, it disappeared and has not returned. The skies are clearer, too. The neighborhood seems a bit calmer now. Some of the locals here are involved in illegal activities, and that creates a tension of its own. That's been pretty much neutralized now. Their attitude toward us was openly hostile. I don't think they like us any better than they ever did, but they don't openly carry weapons any more. And on one occasion, they shot over the head of my friend when he was way out in the desert walking his dog. Things are more laid back now. I sneaked some ash into their yard, and that might have helped, too!

Al Gray

Excerpts from *Homa Therapy, the Ancient Science of Healing*

Monika Koch

Today's world is dynamic, diverse and full of multiple impressions that have a great impact on our daily lives. We continually have to deal with this diversity and face new situations. Thus our body is stretched to its limits to adjust and this creates a lot of stress.

We combine various factors under the term environmental pollution, e.g. toxic contamination of food and water, radioactivity, noise and many others. All these are outside pressures that create stress and strain on our system. At the same time our personal situation, habits and problems take a further toll on our health.

Above all, health is the most important thing in our lives. Without good health we are not able to do the regular things that we are supposed to do. Everybody appreciates good health, especially when we are sick. We have to face the difficulties in getting well again. The simpler way would be to try to stay healthy. Health is not everything but without good health everything becomes harder.

For this, help has been given to all, whether in the home, at work, on the road, or doing sports. Wherever you are, practice of Homa Therapy is this material aid. This therapy truly has widespread applications, which not only maintain and support human health but

also the health of the plant and animal kingdoms. Even rooms, buildings, water, soil, stones and the whole atmosphere profit from the healing and the joy.

What is Homa Therapy? From where does it originate and how can I benefit from it? This will be dealt with in the following chapters.

Being a pharmacist I have come in contact with many patients with different physical and mental illnesses and problems that are caused by stress, work overload, unhappiness and depression. I have also come across children's problems. All this suffering has made me realize something very important: "The best medicine" is to stay healthy. This is the highest goal and flows into all other aspects of life. Only when I feel well and healthy can I do all that I have to and enjoy it. Therefore, the most important purpose of this book is to share experiences on how to stay healthy.

Equally important is the question, "If I am sick, how can I get healthy again?" If I am sick, the doctor whom I trust is the first person I go to for my questions. At the same time, wherever you are you can do a lot for your health and for your immune system. In all my years of experience I have found Homa Therapy the best way to help myself. It is simple, inexpensive and extremely

effective. In the following chapters I would like to share these experiences in order to give you tools that will serve you in your quest for maintaining good health.

The next important question is: Would you like to be healthy? Would you like to become healthy?

At first it may sound ridiculous to pose such a question, because everybody wants to be healthy. Regardless, this is a pivotal question. Health means to have the different aspects of a human being in harmony or to bring them back into harmony. Each person has the free choice to attempt to do that or not. Our body, actually our whole being, is like a finely tuned instrument that reacts positively or negatively to any change. It lies within our power to treat this instrument properly.

Contemplate on this: Do you want to be healthy? Then Homa Therapy is your opportunity!

HOMA Therapy is totally a revealed science. It is as old as creation. In the course of time this knowledge was lost but it is now being resuscitated to give people guidance of how to correct the polluted conditions of the planet in which we find ourselves today. HOMA Therapy comes from VEDAS, the ancientmost body of knowledge known to man.

Today, already many people wish to make use of the ancient science of medicine known as Ayurveda, to maintain their health and well-being. With Homa Therapy, which is a part of Ayurvedic technique, you can strengthen your health whether you are at home, at work, on the road, doing sports, wherever you are.

PARAMA SADGURU SHREE GAJANAN MAHARAJ resuscitated this ancient knowledge for the benefit of mankind and blessed Shree Vasant Paranjpe with a command to spread this knowledge all over the world. I thank them with all my heart for Their wonderful gift which gives everyone access to healing in a natural way, originating from the ancient wisdom of the Vedas.

Since 1974 I have been working with Homa Therapy, Agnihotra and Agnihotra ash. During these many years of practice and experience I have developed a simple system of application so that everyone through their own performance of Agnihotra is able to heal and to produce their own Agnihotra ash folk medicines. In this book we have summarized the basic instructions, so that it is simple to understand. Further explanation can be found in the following sites:

www.homatherapy.de

www.agnihotra-medicine.com

www.terapiahoma.com

and/or www.homatherapy.com

Winter Update from Bhruhu Aranya

*Parvati Rosen-Bizberg
Wysoka, Poland*

Winter in the mountains of southern Poland is a time for hibernation. We have really been deluged with glorious though somewhat immobilizing snow. Our survival skills as a community have really improved, as this year our wood is chopped and stacked for winter, and we are more equipped for reality in this wintry country. We have had a very busy year, culminating in the birth of Leela Sarah, my son Jacob and his wife Katherine's beautiful baby girl. So much to be grateful for!

Now, our update:

In early December, Jarek and I went to Graz, Austria as speakers at the Art of Healing Conference held there for four days. We met fantastic people. Most of the attendees were Austrian, but there were healers and teachers from various countries, offering talks and workshops. Dr. Ulrich Berk came from Germany and together with Jarek, they gave a talk and demonstration of Agnihotra the second night. They taught Homa Therapy with an emphasis on the medicinal aspects, the use of ash in healing, and the ecological impact on our environment. An Ayurvedic medical doctor who attended the lecture enthusiastically began practice of Agnihotra, as did many others who attended the talks. I introduced Orion Transmissions, making the connection between our ailing planet and

the solutions offered to heal it. The same day we also gave a workshop on self-development and healing oneself in body, mind and spirit.

Inside the main hall, we had a very nice display stall together with Reiner Szcypior from Austria. There we distributed literature and sold Agnihotra supplies, Moldavite, our Essences, and other healing tools.

During the four days, we performed Agnihotra every evening, with various groups of people attending. One night was particularly amusing. As we set up the Agnihotra fire, a group gathered around us. At that time, the person who was speaking in the lecture hall next to us, separated by a curtain only, began talking about Agnihotra and its importance for the planet! As we lit the fire, he continued to speak all about Agnihotra, which was actually not even the main topic of his talk. The timing was great! At sunset, all of us chanted the Agnihotra mantras with vigour. I am sure it was heard in the next hall!

Oh yes. One extra added bonus of the conference was the great accommodation provided for the speakers at an amazing health spa outside town, with heated outdoor pools under the stars! What a treat for snowbound winter pioneers like us!

Now we are planning a tour of Poland, to begin in March. We plan to go to different areas of Poland each month. We have had a great influx of orders for Agnihotra supplies and feel a tour would be a great opportunity to meet more people and share more of the healing aspects of Homa Therapy. We have main contact people in each area and will have talks or meetings organized in advance. Each area also faces different ecological challenges which Homa Therapy can address, as well as the need for Agnihotra ash medicines. Here in Poland the ash is well known for its profound healing properties.

In May, Shree Vasant will be coming to Poland. We have people coming from U.S. and European countries to participate in a cleansing of concentration camp sites, as was done in Auschwitz last year. This is a particularly moving and powerful experience and we feel so blessed to be a part of the service to humanity that the Homa fires bring.

We are using this time of being snowed in to develop our garden plans, as they are expanding every year. In spring, we look forward to growing a whole field of healing herbs. Plans are underway for the creation of herb teas for different ailments. It is an exciting project which will probably take more than one season to develop. It is an idea at present being seeded!

Our Bhругu Aranya Healing Essences are coming along so well. They are our commu-

nity project for developing this place. One shop in England that carries the essences recently placed a sign next to the display, "Careful. Very powerful." It is so wonderful that people feel the energy in them.

We have learned a lot about starting to develop cottage industries to create economic stability for ourselves, in community and in cooperation with each other. I think it is the wave of the future, as economic institutions and structures become more and more weak.

We are learning how to be more self-sufficient, as we know we will have to act as a shelter for many in the years to come. Living here since 1995, we have had to develop skills we did not have, learn to hone the skills we do have, and work together toward a common goal. So, it is a lesson in survival for the future, for which we are very grateful.

One thing we have learned is the community of Light is large and there are many facets to each of us. When we come together, we are each a facet of the same Light. It is that unity that we need to develop, at the same time retaining our individual gifts and utilizing them for the common good. So much to learn. Every moment is precious.

That's about it. All love from Bhругu Aranya, in Poland.

Parvati, Jarek, Jacob, Katherine, Kabir, Leela, Rory, Asia, and Daniel

Tsunami and Agriculture

Preliminary study of Tsunami affected lands has revealed an increase in salinity levels and deposits of sea sediments.

Mr. Stephen Nortcliff, Secretary General of International Union of Soil Sciences (IUSS) said, “Main problem is not just salinity but REORGANISATION OF THE SOIL with sea sediments and salt which will impact the fertility of the soil. We will have to think of ways to improve soil quality.” He further made the following points:

- 1). Answer to improving soil quality lay in some of the traditional farm practices.
- 2). Adding more organic matter to soil would be a more sustainable way.
- 3). We need to learn from our management of other degraded areas for regeneration of soil.

Studies by ICAR and IARI also revealed increase in salinity in soil. Deputy Director General of ICAR, J. S. Samra said, “Only rainfall can help to reduce salinity through the leaching process or mass flow. This would involve putting bund and check dams to drain out the excess salt.”

IARI said that besides leaching process they are trying to put salinity-tolerant seeds for

cultivation.

Again to quote Mr. Nortcliff, “Some of our problems are due to the fact that we have allowed our soil to deteriorate. Adding more organic matter will help soil to become more porous but going back to organic farming may not be sustainable as it could impact the target of high yields”.

Considering the above situation we can put forth the following points.

- 1). HOMA organic farming gives higher yield per hectare than any known method of farming, organic or chemical. Hence it could not impact the target of quantity production except that it will increase the quantity. Also quality viz. taste, texture, colour, disease resistance, harvesting losses and shelf life.

At a few places in Peru Amazon area of Ucayali and Huanuco region, out of curiosity trials were taken on small pieces of land which were sprayed with strong herbicides by helicopter under the U.S sponsored scheme to eradicate Coca plantation. The chemicals were so strong that if a drop falls on top of your car it would pick up the paint. In such destroyed soils with HOMA ORGANIC farming even in the first year plants were able to grow.

Modern agriculture science pays attention to soil and water quality but not much to ATMOSPHERE which surrounds the plant. According to Homa Therapy atmosphere is the biggest factor in farming, e.g.:

(a) If Agnihotra Homa is practiced under a tree it helps production of chlorophyll.

(b) Agnihotra Homa atmosphere generates a coating around plants which acts like a shield to prevent pests, insects, fungi etc.

(c) Plant has a system something like a NADI system of humans. In Homa atmosphere the veins of plants remain more cylindrical and the nutrients breathed in by the plant through soil and air are harmoniously distributed in all the areas of the plant.

(d) In Homa atmosphere something material is added to the soil and roots stay strong. Today due to pollution the soil is not able to hold the trees and we can expect large scale forest death in the next three years. If it is possible to make preliminary observations we should try to do it.

IARI or ICAR if they are interested can choose one area say one hundred acres affected by the tsunami for Homa. About three kilometers away they can choose a place where they are going to try methods

suggested by IARI.

Similar methods should be employed on these one hundred Homa trial area i.e leaching, bunding, draining etc.

Same type of seeds should be planted in both areas. We can then observe the quick recuperation of soil and harvest in Homa atmosphere as compared to the other area.

This is not an experiment. It is only one preliminary observation.

From Shree Vasant's Talks

Now this work must be done quickly. Agnihotra has to go everywhere. Everywhere. More silence, more meditation. No time to waste. Do this work. No time to waste. Your ego will go of its own accord. Your fears will go.

Everyone believes in you but you. The feeling of oneness you felt can again be achieved through regular meditation, Homa, silence and humility. Practice not asking for anything. Practice what you see are good qualities in others. Do not have fear. Do not permit seeds of doubt. Beautiful things are coming. This work is liberation if you listen now. We seem so human, ordinary, no miracles. Only examples.

Focus all energies on service. See what you can do for each of your friends. You will see how every small detail in your life becomes somehow manageable and situations become clearer. Do not look outside yourself for answers. The personality will be less and less, more subtle. No more sorrow. No more suffering. No more judgment. This is truly His message. This is joy.

When you are not "clear" do not act. Be strict with yourself. Then there is no pressure. Truly realize that you are not the doer. If you realize that, all burdens fall off your shoulders and you will become more efficient,

more strongly motivated and lighter. Forget about past. Put all concentration on what work is now at hand. Observe more silence. Really go within for peace you seek outside.

Fortunate are those who have followed the Light through times of darkness, even in times of great disharmony on this planet. Continue following the Light. Allow no fear. Entertain no doubt. Seek no fame for the work being done through you. Always be humble as a child in all innocence. All Grace is bestowed. These are times of great renewal, rebirth in essence. It is time soon to rejoice.

Through Swadhaya, self study you come to know what character weaknesses you have and then set out to rid yourself of them. However, just like an unwelcome guest, they often prove difficult to get rid of. Still, without closing the eyes to these character weaknesses, you can release the hold they have on you by strengthening the opposite. For example, if someone has a tendency towards selfishness, one practices more Daan. If one has problems with anger, one practices Tapa of speech; like that. Concentrate less on your weaknesses without pretending they do not exist or denying them when they are called up. Therefore, learn to accept yourself as and where you are. Let the Divine lift you out of the crocodile jaws.

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FIVEFOLD PATH for Happy Living

1. Perform **AGNIHOTRA** for purification of the atmosphere which leads to automatic purification of mind.

2. Practice **DAAN** (sharing of assets in a spirit of humility to reduce attachment to worldly possessions).

3. Practice **TAPA** (becoming better managers of our energy expenditure by training the body and mind to react to all circumstances in life with Total Love).

4. Perform **KARMA** (every action for self purification only and thus no expectations which bind us to the material world).

5. Practice **SWADHYAYA** (Self-study) for liberation. Who am I? Why am I here? My work on this planet is to learn to react with total LOVE with each opportunity given to me.

This is the Fivefold Path for happy living on the planet. By practicing the Fivefold Path you become better members of your society, group, religion, community, etc.