SATSANG

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NEW ERA 60

SEPTEMBER & OCTOBER, 2003

Perform Agnihotra



Heal The Atmosphere

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Jamaica Journal

While planning our vacation to Jamaica, it was suggested that we visit farmers in Jamaica and talk to them about Homa Farming as the solution to Sigatoka Negra and other food crop diseases. I was not sure that I would be comfortable teaching (or showing) Homa Farming/Agnihotra to anyone, especially to my fellow Jamaicans, whom I imagined would think I had gone mad and were practicing some form of witchcraft/obeah.

...And then I would be comforted by words I had read. It reads something like: "When the Master suggests that you do something, the way has already been made possible and essentially the "thing" is already done. The Master doesn't need us to do anything for Him. The act of doing the suggested act is for our liberation only!"

So, with that in mind, I set out to make preparations and incorporate the idea into my vacation plans. I called my friend, Dean, in Jamaica and asked him if he knew where the farmers were near the villa in Discovery Bay (where we would be staying). He said he did and, "No problem, Dimples. I'll take you there." I couldn't believe how smoothly that offer to help went!

Then, I remembered that I would need dried cow dung. I thought, "How am I going to approach this, staying in a private resort/ villa!?!" I called my friend again – really nervous. I thought for sure he would think I had lost my mind. I explained about needing dried cow dung for doing the "thing" I needed to show the farmers. He said, "No problem, Dimples. In fact, I am going to collect some when I hang up the phone and save until you come to Jamaica." I could not believe what I was hearing!!! He did not ask why, where or how!



Every time I allowed my mind to create obstacles, I called my friend, Dean, and he would say, "No problem, Dimples..."

With Frank Nelson's help I collected literature on Sigatoka Negra in Jamaica, Homa Farming and Agnihotra. We made tapes of Agnihotra mantras and made several video tapes of the

Dimples Wooten

HBO special on Homa Farming in Peru. Frank gave me several pyramids and books, and loaned me a GPS (Global Positioning System) instrument to determine sunrise/sunset for each different location.

We arrived in Jamaica on July 22, 2003. The first thing I did after arriving at the villa was to obtain a GPS reading for the villa. I called Frank with the numbers and in a couple of hours we were faxed a sunrise/sunset timesheet. I could begin to do Agnihotra without missing a beat... Of course, my friend delivered a large box of dried cow dung for the occasion. Talk about a smooth flow!



On July 24, we went to the farming area in St. Ann. Beautiful country, high in the hills. I met with my friend's parents, whose father was a small farmer. They were quite receptive to the Homa Farming information. I learned that cabbage plants were being destroyed at a rapid rate by "worms". They seemed to think these worms were different because of how quickly they could eat a cabbage plant. The chemical that was used to spray the plants was proving to be quite costly and not very effective in stopping the invasion of these worms. The cost of everything was an issue. The turnover of food crops, especially yams, was not fast enough to keep up with the daily expenses.

I was introduced to a more successful farmer, I was told. He, too, seemed to be receptive to the idea of Homa Farming. I left several pieces of literature with him and also a video on Homa Farming in Peru.

After taking a GPS reading of the area, we left and headed down the small, dark streets to the villas in Discovery Bay, 1-1/2 hours away. We promised to return the following Tuesday to do sunset Agnihotra.

The following Tuesday we arrived several hours before sunset. Children drifted in and out of the yard, and at the time of sunset Agnihotra there were more curious onlookers. One farmer, whom I presumptuously thought was an "ideal candidate" because he appeared to have the means to buy ghee and rice and was located in what I thought was a strategic position to benefit the entire area, did not show up for Agnihotra as promised. In fact, I thought he was hiding from me. I was momentarily disappointed... And, then I am reminded, everything is as it should be.

When the Agnihotra fire went out and the pyramid was smoking, the father (farmer) had all the children put their faces over the smoke. He put his face and his wife also put her face over the smoke.

The occasion was a festive and joyous one. The father thanked us profusely. He seemed genuinely pleased and happy. They left for evening church and we made our way down the small dark streets to home – the villas. I felt such a wonderful feeling of accomplishment. I felt grateful to have shared this knowledge with these loving and humble people.

In between the first and the second visit to the farm in the hills, I met and taught a man who called himself an herbalist and a counselor. I met with him on two occasions in two different locations: (a) his workplace and (b) his home, and obtained GPS readings for these locations and subsequently sunrise/ sunset timesheets (from Frank) for him to continue doing Agnihotra. I left him all the tools and information he would need. His eagerness was overwhelming!!

On another day we set out to meet a woman in another parish (state), Manchester, to teach Agnihotra and talk about Homa Farming. As we approached sunset and the meeting time, the woman called and told us that she was called out of the parish of Manchester and she was on her way to the City of Kingston. She wanted to know if we could return the next day... We could not. My friend did all the driving which was a couple of hours away and not very easy driving (hills and valleys and small streets). I am still in touch with this woman. Maybe next time we will get together.

A couple of days before we left Jamaica, my friend Dean expressed interest in learning Agnihotra. I, with my limited thinking, did not think Dean would have much interest or time for Agnihotra. I showed him Agnihotra and left a pyramid and all the tools he would need with him. He tells me that he has done Agnihotra since we left.

When we got back to Baltimore, Mike, our young friend and neighbor who went on the vacation with us expressed interest in Agnihotra. He has been coming over to our house to do sunset Agnihotra. He told me that he mentally put his estranged brothers in the Agnihotra fire and was surprised when the brothers came together in a positive way. Already, he says he can tell the difference when Agnihotra is absent.



I am happy to have been given the opportunity to share and serve. I hope I did all that I could to fulfill the suggestion.

I am thankful that my husband was such a gracious helper and I give thanks for all his help. He was there every step of the way.

With love! OM SHREE. Dimples Wooten

From Vasant's Correspondence

You must get into the habit of smiling all the time. All the time smiling. It has a good effect on your mind, not to mention the joy you bring to others.

All the time the mind wants to escape the nectar and go into the world of these sense desires. All the time. Many suffer in the world with no idea why they suffer. At least if you choose the life of misery you know you choose it. To have that awareness alone is precious. To make the right choices is even better. So one must learn to take joy in the spiritual life.

If you go more and more into these disciplines, you will live in harmony. One word of kindness does more than twenty words of criticism or insult. One kind word, one kind thought, all the time. Smile.

Keep very tight rein on the mind so that the pulls become less. Otherwise the mind goes and the body follows and all is lost. Keep the mind filled with only holy thoughts, Mantra, prayer, devotional singing. Do not be disturbed. This is a great time for healing and becoming strong in this healing love.

5 A.M. Mantras—Purport

- Om Dyauh santih
- antariksam santih
- prthivi santih
- apah santih
- osadhayah santih
- vanaspatayah santih
- visve devah santih
- brahma santih
- sarvam santih
- santireva santih
- sa ma santiredhi
- Om santih santih santih

Purport:

- May there be peace and bliss in heavenly spheres
- May there be peace and bliss in the interim space in between the planets
- May there be peace and bliss on the earth
- May there be peace and bliss with all the water resources of the planet

- May there be peace and bliss with all the medicinal herbs that grow on the planet
- May there be peace and bliss with all the plant kingdom
- May there be peace and bliss with all the invisible blessing entities in the universe
- May there be peace and bliss with Brahma. (The words Brahma and Abraham come from the same Sanskrit root "Brih"—to expand.)
- Let there be peace and bliss all pervading
- Let this peace and bliss be mine
- Om santih santih santih

"The Vedic Fires of India" Wholistic World Vision Tours January 15-24, 2004

Introduction

The ancient Ayurvedic science of purification of the atmosphere by fire was resurrected in the last century by a succession of "Yajnya Saints" in India for the benefit of mankind in these times of great stress as we near the end of our current evolutionary cycle. At the dawn of creation, the blueprint of cosmic wisdom was given to humanity through the Vedas in the "original" Sanskrit language and it encompassed knowledge of all the sciences, including bioenergy.

Through this teaching, we are now encouraged to follow the Fivefold Path of Light: --AGNIHOTRA, fire purification --DAAN, sharing of assets --TAPA, self-discipline --KARMA, good actions --SWADHYAYA, self-study.

Come and experience a centre in India called "Tapovan"--a site long ago identified by the fire Saints, where these basic principles in action are now dramatically transforming people and their environment. Here, the daily practice of sunrise and sunset Agnihotra fires for seven years plus continuous fire for over two years has already transformed the desert into jungle and restored a viable agricultural system to the desperate farmers of the subcontinent. Anne Godfrey and Bruce Johnson from Australia have established Tapovan under the guidance of Shree Vasant and now, for the first time, they are inviting visitors to experience the unique energy that has been developed there. If you resonate with these Universal Truths and wish to explore rural India from a comfortable, "high energy" base, why not weave this magical week into your Indian travel itinerary?



TOUR ITINERARY

Day 1 (Jan 15). Arrive Bombay (Mumbai) Airport and check into an airport hotel of your choice overnight - at own expense.

Day 2. Departure from the airport at 8 A.M. for the 8 hour scenic drive to Tapovan, with lunch and brief sight-seeing at NASIK en route (an ancient holy city). Dinner on arrival.

Day 3. Quiet morning to rest until 11 A.M. introduction meeting. Free afternoon to

enjoy the lovely gardens and take a mudbath or Ayurvedic steambath with massage. 5 P.M. teaching on the Vedic Fires by Bruce - our host and Sanskrit scholar of many lifetimes!

Day 4. Leisurely excursion by bullock cart to the nearby Shivadam Temple, closely associated with Tapovan and the seeding of higher consciousness in this region. Residents of the local village, Ratnapimpri, invite us to lunch in their homes - a rare opportunity to integrate with village life and see how much of humanity manages to live in simplicity and alignment with nature. Gentle return home across the fertile fields for dinner.

Day 5. A relaxing day to enjoy Tapovan and opportunities to learn about Ayurvedic cookery (with sampling!) and a workshop on the traditional decorative art of "Rangoli" with local village women.

Day 6. An optional full day excursion, first for shopping in the provincial town of Jalgaon, and then a tour (lunch included) of one of India's most successful (mainly organic) fruit growing enterprises on a 10,000 acre private "Jain" estate specialising in tissue culture as well as practicing Agnihotra.

Day 7. A morning walk to another local village, Bhokarbari, for a welcome drink in

village homes, continuing to a large nearby lake. Transport back to Tapovan for lunch and a free afternoon. 5 P.M. teaching with Bruce on Sanskrit and Mantra. Farewell dinner with traditional musical entertainment.





a) Stay on at Tapovan to relax (ask for price) -2-day excursion to the world-famous Ellora and Ajanta caves is available (\$135 per person, including transport, 1 night, all meals and entrance fees).

b) Opportunity to take a 1 week Ayurvedic healing cure at Tapovan under a professional practitioner (quote on request - 4 person minimum participation)

c) Escorted return at 8 A.M. to Bombay with

lunch en route at Shirdi. Tour ends with airport drop off approximately 6 P.M. (book outward flights from 9 P.M. onwards or preferably next day)

or

d) The escorted tour continues: Leave Tapovan at 5 A.M. for the drive to Maheshwar for overnight (lunch en route). P.M. boat ride on the sacred Narmada River with Agnihotra celebrated at sunset on the river bank. The Narmada (female) and the Ganges (male) are India's two most revered rivers.



Day 9. Morning tour of the many spectacularly sited temples on the river. After lunch drive on to the city of Indore for dinner and overnight.

Day 10 (Jan 24). Our tour ends with airport transfers for your pre-booked onward connections. The famous tourist "Golden Triangle" of Delhi, Taj Mahal (Agra) & Jaipur is the nearest attraction.



You are invited to join in the practice of Agnihotra sunrise and sunset fires daily.

While in Bombay, you might like a Vedic astrological Soul Reading with Shastri - one of India's most respected astrologers. \$250 for a 3-hour session. Must be pre-booked.

This tour is based on full board (delicious vegetarian food at Tapovan!) including guiding and transport. All accommodation used is comfortable, tourist standard with en suite facilities. January is the best touring month in this area with warm, dry days and cool nights (air conditioning unnecessary). No smoking or alcohol at Tapovan.

PRICES

PRICE for the 6 night tour is \$545 per person in a twin share with single supplement of \$85.

The 2 night extension to INDORE costs \$170 per person in twin share + \$35 single supplement.

A deposit of \$250 secures a place and final balance is due by December 1st, 2003. Group limited to 16 places. Early reservations suggested, as many have already expressed interest!

Comprehensive insurance advised.

In the current climate of financial instability, we may need to surcharge if the dollar/rupee exchange rate fluctuates more than 5% by balance payment date.

Please advise your travel agent that your flights and hotel bookings in conjunction with this tour need to conform exactly with the above itinerary. Arrival recuperation time is strongly recommended so as to maximise the benefits of the tour! **RESERVATIONS--**Please see our website http://globalvisions.org/cl/wwv (click tours section on home page) email 106160.235@compuserve.com or makaet@yahoo.co.uk UK phone. 01980-630905 or 01444-412228 The annual WWV powersite tour to SRI LANKA is on Feb 11-18. Why not combine both? See our website.

PLEASE NETWORK THIS ITINERARY AMONG LIKE-MINDED CONTACTS TO SUPPORT THIS WWV INITIATIVE OF PLANETARY SERVICE AND HEALING!



Healings with Homa Therapy

NAN LEON COVARRUBIAS



Age 43 VICUNIA, COCHIGUAZ CHILE --Accident

Mr. Francisco Fernandez, a friend of Mr. Hernan reports:

"Mr. Hernan was run over brutally by a van on the highway and thrown far from the road. This accident happened due to his drug addiction. After lying unconscious in the hospital for eighteen days, without remembering his name and without being able to speak, he was rescued by his parents and taken to their home. He was completely disabled, not being able to walk, to speak, to dress, etc. by himself. After one week in the house, the Homa healing fires were performed and that same night the parents woke up scared because of some noise. But it was their son getting up alone to go to the bathroom. After one week he was walking and he could come with his parents to see us in our home in Cochiguaz. Today he is completely independent and converses normally. He will now begin himself the practice of the healing Homa fires".

HEINER



LIMA, PERU --LOW ENERGY LEVEL --ANGER

"I have been a vegetarian for three years. I work during the day and study music at night. Previously all this was very hard. It felt as if I didn't have enough energy to confront my studies at night. I thought that maybe it was because of the vegetarian diet, that I was not consuming proteins (meats). After consultations with medical nutritionists I began to take vitamin supplements, but continued to feel equally bad until I met the Homa Therapy fire through the means of some friends and began to practice it. In a short time, practically in one month, I felt different. I felt that the energy had returned and I was able to continue my music studies at night and during the day I felt different and without stress.

I had another interesting experience with the Agnihotra fire. The work during the day and the studies at nights didn't give me much time for other things. I slept only four hours. I got up early to practice yoga and then did the Agnihotra. At that time I had a girlfriend who loved to go out, but I could not always keep my promise and left her waiting some time. After I had left her waiting, she would come to my house and scold me and make strong scenes that could take away anyone's tranquility. One day she came after I had left her waiting and I was just doing the Om Tryambakam fire. I noticed her face full of anger, very bothered. I let her in and said, "Please, sit down. I am doing something delicate and spiritual for about ten more minutes and afterwards, I will listen to you; I

will be all yours." After that ten minutes her anger had disappeared and we no longer had a problem but pure laughter."

HILDA PALOMINO SAMANIEGO



PRESIDENT OF THE INSTITUTE FOR TRA-DITIONAL MEDICINE - TARMA JESUS MARIA LIMA, PERU --Gallbladder stones

"I work in the area of health. My boss, Dr. Carlos del Aguila always invites us to the Ministry of Health to coordinate different things, but this time I also came for health reasons to Lima. I had been suffering from gallbladder stones for years and finally made the decision to have an operation done. Exams were done. I went to two specialists because I have heart arrhythmia and Dr. Pacheco, who is one of the best cardiologists in the whole of Peru, suggested that I have an operation done.

In the same hospital I had another consultation with another cardiologists and he also agreed to the operation. I had to go to several exams, even with the anesthesiologist. But it happened that, when all was arranged, after I had the appointment and the date for the operation, I noticed that the order had another name; it was for another person. All I could do was to get another appointment and return to the country, where I live.

I obtained a new appointment. After fifteen days I returned from Tarma with the firm decision to be operated on this time. I said good-bye to my daughters, having in mind that something unexpected might happen during the operation. I got ready with all the usual things one needs in a hospital, believing that I would be operated on the same afternoon. I went to the appointment and the nurse told me, after some time apologizing, that my history was not the in files--neither in the area of surgical risk, nor in any other place.

I was close to getting upset, but I stopped myself and thought that this is a sign of God,

that He doesn't want me to have the operation. It was strange enough that this time the documents got lost and I wondered what to do next.

I left the hospital and went to visit my boss in his office and there and then he invited me to attend the Homa Therapy session. He showed me a project or report that was titled with 'Homa Therapy' on his desk. He took the file and said, 'I invite all of you to Homa Therapy. Do you have time today?' We responded 'yes' and we all went in the car of the Ministry. My companions pronounced some Mantras. I thought how strange that was and when I entered the meeting for the first time, people were finishing with the Agnihotra fire. As it is my style, I entered very attentively and I was observing everything. I do not remember in what moment I fell asleep very deeply, but after that I felt very relaxed.

The following day I returned on time for the Agnihotra fire and later I told everything to my husband, also that my boss had requested Agnihotra ash. I knew about the ash, but didn't know that it was so important. My boy jumped like a boy of happiness when he received it. He is a person of age and to see him jump with the jar of ash, I wondered, why is he so happy possessing that ash? I smiled and it caused a feeling of strangeness. Now I understand why he was so happy. The answer is that it is very important to take the healing Agnihotra ash. The first time I ingested the ash it sent me immediately to the bathroom and I felt as if many things left my body. After that I felt better. I no longer have that permanent pain and I have decided to stick to Homa Therapy and not to have the operation."

Mervin Marcillo



Patient of the Public Hospital for North Guayaquil Ecuador --Genital herpes --Diarrhea --Wounds

" Dr. Bonia and Dr. Cordero are my doctors. I suffered from a well-known disease, called

genital herpes. I am 25 years old. I got herpes, perhaps because of my ignorance, not knowing of many things that are important. I come from a low class family where we don't know about many things. Sometimes we fall into situations without considering the consequences.

I came to know about HOMA THERAPY in the hospital. I attended the 2 day ENRAM (mind training program) workshop at the World Trade Center. I was accompanied by the doctor who invites people for the sunset Agnihotra, which makes me feel very well. I apply the Agnihotra ash and I am also taking the Agnihotra pills. Previously I took 3 pills a day, now I'm only taking one a day. My selfesteem improved and I am recovering from my disease.

I also use this healing method with my children, a 2-year-old and a 4-year-old. We healed diarrhea and wounds with it. I put the ash on the wound and like magic the wound disappeared after 1 or 2 days. Also, they had diarrhea one night around eleven and so I gave them the Agnihotra pills and on the following morning they were all right. It has been simply wonderful." Fivefold Path Inc. 278 N. White Oak Dr. Madison, Virginia 22727 U.S.A. Address Correction Requested

Website: http://www.agnihotra.org Email: info@agnihotra.org

FIVEFOLD PATH for Happy Living

1. Perform **AGNIHOTRA** for purification of the atmosphere which leads to automatic purification of mind.

2. Practice **DAAN** (sharing of assets in a spirit of humility to reduce attachment to worldly possessions).

3. Practice **TAPA** (becoming better managers of our energy expenditure by training the body and mind to react to all circumstances in life with Total Love).

4. Perform **KARMA** (every action for self purification only and thus no expectations which bind us to the material world).

5. Practice **SWADHYAYA** (Self-study) for liberation. Who am I? Why am I here? My work on this planet is to learn to react with total LOVE with each opportunity given to me.

This is the Fivefold Path for happy living on the planet. By practicing the Fivefold Path you become better members of your society, group, religion, community, etc.