# SATSANG

VOL. 30 NO. 7



NEW ERA 59

MAY 17, 2003

Perform Agnihotra



### Heal The Atmosphere

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Editor: Lisa Powers *Publisher:* Fivefold Path Inc. Parama Dham (House of Almighty Father) Rt. 8, Box 369, Madison, VA 22727 USA Published seven times yearly.

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*Satsang* is available on the Internet at: http://www.agnihotra.org

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### About Homa Therapy

Together with my wife Cecilia I have many years of Homa Therapy practice, which is a very simple technique. It is a fire done exactly at sunrise and sunset. It has brought us great health benefits. We have also been able to share the Agnihotra ash and the Agnihotra cream (Agnihotra ash mixed with clarified unsalted butter) that is applied to the skin in the cases of wounds, burns, all skin problems, herpes, etc.

We have been able to share this medicine with some friends at our place in Elki Valley, Cochiguaz, Chile. It is in the interior of La Serena, about 110 kilometers, where there is a beautiful river which is the Cochiguaz River. The teacher Vasant has been going to Chile for the last twenty-five years and particularly to the Elki Valley.

Homa Therapy is a technique of wholistic healing because it acts on the atmosphere, on the water, on the air we breathe, on the soil, on the plants and on the human being. This Therapy reestablishes the material order of things in such a way that is effortless. It works independently of us in such a way that any person--man, woman or child, without any special requirements of race, belief system, economic or social position can practice it. The only thing one needs is to learn some Mantras, and to have the ability to light a fire without causing some accident. Francisco Pedro Fernandez Elki Valley, Cochiguaz, Chile

As for the practice of Homa Therapy, I have had experiences with friends who have been suffering from illnesses and did not want to have anything to do with traditional medicines. They explained to us their ailments and we shared the Agnihotra ash, the Agnihotra cream, the Agnihotra ointment with them and they have achieved improvements with real impact, especially in reference to skin herpes, psoriasis and burns. They just take the ash of the morning and evening Agnihotra. Only a little bit of ash will detoxify the organism. The Agnihotra ash is anti- radioactive.

But most important is the personal experience that each one of you can have with the practice of Agnihotra. Practice of Agnihotra heals the atmosphere; through this we heal ourselves by being in a better state of conscience, of health, by being more generous, loving and concerned about our neighbor's problems, forgetting ourselves a little more and entering in that state that the Teacher Vasant has always emphasized to us, which is to serve, to be useful, to help and to collaborate.

I wanted this opportunity and God and our Teacher have given it to me.

The Agnihotra fire will erase nonexistent barriers between the human beings, and I

believe that very soon we will have a single great planet to share and to save--to save from the pollution for which we all are responsible. This should be stopped, corrected, and harmony and the reestablishment of a pure atmosphere can finally triumph. And we can show more interest in the problems of what we call "the other" and we don't need to put ourselves first as we usually tend to do.

I reiterate, the practice of Agnihotra will bring to each one of you different and beautiful experiences in healing, meditation and in the contact with one's own inner being. The Teacher Vasant always reiterates it and I repeat what He teaches us: in this ancient technique of Agnihotra, in this scientific practice there is no Guru to follow, there is no quota to pay, and there is no social club to belong to.

It is something that respects the human being's total freedom. Each one continues in his belief, in his work, in his city, country or wherever one is living and from there one can do the beautiful work of service to all the brothers and sisters who surround us. email: frantiti2000@yahoo.com

# My Experiences with Homa Therapy

Cecilia Salazar, Elki Valley, Cochiguaz, Chile

I have practiced the Homa Therapy fires for many years and it arrived in my life exactly when I was going through a very big personal crisis. I was separating from the father of my children. When I started practicing the Agnihotra fire, everything became accelerated--something like a contraction and then acceleration of everything. All possible things happened to me in a few years. Now I know that Agnihotra accelerates our Karma.

In the beginning many sad things happened which I considered as painful and I asked myself, "Why? If I am trying to heal myself, my home, the atmosphere, my mind, then why are all these heavy things happening?" At that moment I felt like that.

But because divinity acts through the fires, I passed quickly through all these painful stages and at the end I received other, more beautiful stages and gifts like this being beside me, whom I love and appreciate very much. He has become a very special being to me and our life is wonderful now; it is beautiful. Now I understand why I had to pass through the stage of suffering. I had to purify and heal myself in mind and heart. With these healing fires we open up to another dimension, to another time. We become also more understanding of others; it is like the house of understanding opens up. It is very beautiful to work with this. We have this wonderful being amongst us, the Teacher Vasant and He has been working with the Homa Fires on this planet for over thirty years. I am glad that the Peruvians have been the ones to receive and take the Homa Therapy and experience its benefits on so many levels. The Ministry of Agriculture is supporting the Homa Therapy practice in the country with the help of the universities and agricultural engineers. All work is done in an official way through governmental programs. Work is being done in the Amazons and in the north of Peru.

I want to add something to the healing testimonies through Homa Therapy because also for me it has been a big experience to see how people have been healed with the simple practice of the fires. I have a cousin who has a little daughter. At that time she was newlywed and happened to suffer from a cerebral embolism, which left her unconscious, just like a vegetable. We began to visit her in the intensive care unit (ICU) of the hospital and we massaged her feet. She continued in the same state, the diagnosis was serious--she would die. Then we began to visit her regularly. Finally she was improving and it was a miracle. The doctor from the hospital who was treating her said that it was impossible that she would improve, she was a vegetable and she would die this way.

Now she still limps with one leg, but speaks perfectly, understands perfectly, and she lives alone with the daughter leading a normal life. She has self-worth. Her name is Catalina Pacheco, is 38 years old and this happened seven years ago. We did Agnihotra fires in their house. She was sitting in a wheelchair and sang the Mantras with us. We also did the Vyahruti Homa and the Tryambakam Homa and we gave her Agnihotra ash. To our surprise she began to move and to walk and the mouth that had been twisted began to straighten up and she began to speak, fluently and she returned this way to life with happiness and strength. She took responsibility for her daughter. This was something with a big impact. She had been for four months in that vegetable state and we began to visit her and treat her with Homa-Therapy after two months of being interned in the hospital.

Another case--My neighbor's body was full of psoriasis. His arms and his chest looked like one wound. We made the Agnihotra fire and we administered to him the cream that is made of ghee and Agnihotra ash. Every day he applied it with lots of faith. He is a 77year-old North American gentleman and we thought that he might not take this treatment seriously. But all we taught and told him, and he did it. He also took the Agnihotra ash orally and improved quickly in two or three

#### weeks.

Of course we should remember that the complete treatment is the performance of the Agnihotra fires at sunrise and sunset and the consumption of the Agnihotra ash. Also the external application of the Agnihotra cream is necessary if there is a problem with the skin, inhaling the smoke of the healing Homa fires if there are breathing problems, etc.



Cecilia Salazar and her husband, Francisco Fernandez

# Agnihotra and Ants

Plantations using conventional methods have a high incidence of ants (Utaca), which can destroy a leafy tree in one night. Many government agencies, which give technical support to the farmers, have tried to control these ants by use of:

-- pesticides

-- mechanical methods (such as placing transparent plastic at the foot of each tree)-- unconventional methods (such as burning the nests with gasoline)

All were without any positive results. The population was back in fifteen days.

By applying Agnihotra ash, the population was diminished and it disappeared step by step in two weeks.

*Ing. Carlos Jauregi Sanchez Ministry of the President of the Republic of Peru* 

# Homa Therapy and Milk Production in Cattle

(Translated from original Spanish) **Report #1** July 16, 2002 To: Dr. Gloria Guzman From the worker: Santos Arteaga Subject: Information on milk producing cows and milk production applying HOMA Therapy on the cattle farm "Soberana" of SAIS PAMPA

I wish to greet you with this letter and inform you at the same time about the following: On April 20th, 2002 I started working with this company in the position of being in charge of the cattle, of which **15 are milk cows, whose production was in the beginning 35 liters in total.** 

Successively the production increased and at the moment (two months later) the production has reached 66 liters. We have now 16 milk cows. I give them Agnihotra ash with their daily food.

#### Report #2

Sept. 11, 2002

To: Dr. Gloria Guzman, representative of Ecoland Arkadia S.A. From the worker: Sixto Sanchez Arteaga Subject: Technical report of the milk production on the cattle farm SAIS PAMPA, property "Soberana". In am a worker (cowboy) on the cattle farm called "Soberana" of the company SAIS PAMPA, located in the Km 18 C.F.B. The farm has a bovine livestock of 19 cattle. I observed in the cows through effect of Homa Therapy and the Agnihotra ash an increased milk production. **We obtain 77 liters of milk with 18 cows.** The milk production before we started with Homa Therapy was 35 Liters with 15 cows.

I also observe that the milk is foamy and contains more butter.

The cows have been productive for approximately the last eight years. Prior to Homa Therapy they gave 4 liters of milk but they have increased their production to 8 or 9 liters due to the effect of Homa Therapy and the administration of Agnihotra ash.

It should be considered that some cows are at the end of the productive stage since their breeding took place approximately one year ago.

One can also observe that **the grass grows green although we are in the middle of summer**. In the previous years at this time the grass was already mostly withered or dry. Also the production of manure from the cows that receive the Homa Therapy effect has increased. The manure has the consis-

### A Dog's Tale

Libertad Agurto Plata Piura, Peru

tency of a paste that quickly forms cakes in the grass; they are of great volume and dry quickly in the sun. They don't have an unpleasant scent, they are of grass color. I use manure from cows treated with HOMA THERAPY for the execution of the Homa Therapy healing fires and I have observed that it is of very good quality. Even during burning in the Homa fire it leaves a pleasant scent.

I conclude this information expressing my most cordial greeting.

Signed: Santos Sixto Arteaga My Aunt Chela has a dog called Canuto. He was very sick with a lethal, viral, contagious infection called distemper. He was suffering and crying constantly. The veterinarian recommended to sacrifice him, saying he was a hopeless case. He was losing a lot of weight and had a high fever. I decided to treat him with Homa Therapy.

I gave him Agnihotra ash with water and ghee (three times a day) and I put a Yantram around his neck. I had him close to me during the Agnihotra morning and evening fires and also when I was doing Om Tryambakam Homa fire in the afternoon. We did the same with the other dog, a big one, called Adony when he started to get sick with the same disease. Both of them recovered completely with just two weeks of Homa Therapy treatment. Now Canuto is very happy, healthy and he looks beautiful.



# Homa Therapy and Fruit Production

Eng. Franklin Vences Piura, Peru

I am the owner of a farm of 13 hectares, and I am using Homa Therapy.

All the diseases and plagues that we had previously in the lemon cultivations have been eliminated without the use of agrochemicals. They were:

---"Gomosis" of the citrus fruits (fungi)

---"Querezas" and "Aphids" (white louse and fumagina)

- --"Tristeza" (virus)
- --Plant louse
- --- "Minador" of citrus fruits

We have had many problems. There are still a few lemon trees affected by the "Acarus del Tostado".

My neighbor, Segundo Perez Llacsahuanga divided his lemon cultivation so that 50 % was treated with agrochemicals and the other 50% without chemicals, only with Homa Therapy application. We have observed that at this time the sector with only Homa Therapy has more fruits. In the beginning, the flowering seemed to be better in the sector with the use of agrochemicals, but then it got attacked by a plague (Botrytis) and now there are less fruits. The sector with the Homa Therapy needed more time in the beginning to flower, but then it speeded up and now has totally healthy, vigorous fruits. There is an insignificant percentage of Botrytis in this area.

It is necessary to note that we have not been doing the four hours daily of Tryambakam, or the twenty-four hours of full moon and new moon Homa. We only have been doing the Agnihotra at sunrise and at sunset and more or less two to three hours daily of Om Tryambakam Homa fire.

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Regarding the mangos, they were sweeter and had a better flavor this season. The native Mango tree from the area (not transplanted) even had a second flowering out of season and so we had an extra load of fruits. I have never seen this before. It came at a time when there were no mangos available and so the price in the market was better.

With respect to the mandarin fruits we observed that they were sweeter than they had been in other years.

Regarding the papaya plants that we had planted before we implemented the Homa Therapy, and that have suffered from "virosis" in a general form, they ended up producing fruits and keeping themselves going with Homa Therapy. Of course they have not been healed completely form the disease, but they ended up producing a crop, which is ripening at this time. Usually a plantation with virosis dies immediately. There is no chemical that can counteract this effect. These same papaya seeds have been sown also in the Superior Technological Institute, at the time the Homa project was initiated there. And in this plantation there are no visible signs of the presence of virosis or any other diseases.

My neighbor, Segundo Pérez, does the Homa Therapy together with me and he is convinced of its effectiveness for three reasons:

 The flowering of the native mango tree on my farm, outside its season.
Some lemon trees close to the Agnihotra hut got healed in a very short time.
Part of his plantation was attacked by "gomosis" and has been revitalized. He achieved an improvement in his lemon

### Homa Healings

CARMEN HURTADO CASILLA 39 - VICUNA 4TA REGION ELKI VALLEY CHILE



#### Severe Burn Deep Wound

I have practiced the Homa fires for 17 years in the place where I live and I have had many experiences with the fire and the Agnihotra ash. I work in the area of health and because of that I see many patients. I have had lots of cases where I have applied the Agnihotra ash directly with lots of success.

A personal testimony I want to share happened a long time ago. In between the hurry of the final preparations for a trip to the coast and a storm that made it impossible to leave Compiled by Dr. Abel Hernandez and Aleta Macan

the house, a pot full of hot oil that I had set up for frying slipped and the hot oil ran over my right hand. It was an enormous quantity of oil and I thought that it was the worst thing that could have happened. My hand changed all kinds of colors and in that moment it was time to prove my faith in the Agnihotra ash, which I had given to so many others. I could not leave the house, so I put my hand in a clay pot filled with the ash of many Agnihotra fires and spent the whole night like that. Once in a while I took the hand out and when the pain came back, I put the hand right back in. Like this I passed the night and decided the next morning not to go to the hospital, and not to receive any type of treatment, because I knew that they would carry out a surgical cleaning. I had worked in the area of burns and knew all about the treatment I would receive. I had planned to leave in two days for Switzerland and stay for two months and everything was ready, so I left with a package of Agnihotra ash and my hand wrapped in many layers of gauze with lots of ash. I spent the two months this way, renewing only the bandage with the ash, without cleaning.

To my surprise, after going through the stage of blisters and weeping, the hand was healing and never became infected. In this way it was drying up and when I returned from my trip, two months later, the skin on my hand was smooth and there was no scar. I didn't have any mobility problem with the fingers although I had suffered a severe second degree burn that could probably have left scars using conventional medicine. But my hand is without any problem, even in between the fingers where the skin is more delicate. All this was a single blister. I didn't use any sedatives or any type of antiseptic. I did not even clean the area, but kept it the way it was. The truth was that I could only leave it the way it was or postpone the trip. I asked God with all my faith to collaborate and help me to get out of this situation, and He did.

CARMEN CORONEL BAQUERIZO MORENO 604 IMENDIBURO GUAYAQUIL- ECUADOR



Hemorrhages Alcoholism in neighborhood I used to have heavy menstruation and little by little it became worse. It increased until I could no longer stand up during my period without fearing that the flow would rush out. In the first three days of my period I could not go to work. I felt very tired. I consulted the doctor and was told to have my uterus removed because it was too big and therefore produced the hemorrhage. I sincerely was afraid to have that surgery done.

In July, 2002, by coincidence I read in the newspaper about a conference on alternative healing methods. Of all the different methods that were presented, the Therapy of healing Homa fires impressed me the most. From the first day that I participated I slept well. I was in the last days of my period and that evening after the Homa fires, when I arrived home, I slept for twelve hours. I also found out that Homa Therapy would continue here in Guayaquil and I participated every day of the week and took the Agnihotra ash.

The following month I did the fires in my home and I didn't menstruate until the third month. Then it came in a normal way for three or four days. All this I told the doctor, who was surprised because under his treatment and control the hemorrhage had continued. My period passes normally now and I am no longer afraid. I can use regular hygienic pads and I don't need to use the diapers I had to use before. Now I wait for the time to pass, because in January, after six months the doctor will do another examination. I am also in the menopause, so sometimes I menstruate and other times not, but I feel active and I can walk and go anywhere without problems. The hemorrhage has disappeared.

Another interesting thing has happened through the practice of Homa Therapy. I live in a building on the 6th floor and have a neighbor on the 4th floor who is a lieutenant in the Marines and every weekend he used to drink a lot of alcohol. He would make an uproar and throw the bottles and glasses from his balcony, which was dangerous for people who happened to be walking or driving by. Since I began to practice the Homa fires in my apartment, I noticed that this behavior came to an end. The other day, the guard of the building commented, "Misses, the lieutenant no longer throws the bottles or glasses, and on the corner people do not meet to drink, either." These people used to listen to music in a very strong and loud way which didn't allow us to fall asleep and they also used vile language, but all that has disappeared. Now the neighborhood is very calm, thank God.

#### Marina Llerena Asqui Naranjito County of Guayas Ecuador



#### **Chronic Constipation**

I suffered from chronic constipation for twenty years. I had a lot of pain and my belly was swollen and nothing would give me relief. Not even in SOLCA (a major hospital) could they detect the origin of my problem. With my first Agnihotra fire experience, after taking the Agnihotra ash for the first time, in less than twenty minutes I went to the bathroom. From then on my intestines have been regular and now they work normally. I try to come every eight days to the Homa Therapy fires and I take some Agnihotra ash, my medicine, for me and my friends, because I want to help them, too."

### ANA MARIA DELGADO COZ DE NACA AV. BUENA VISTA 356 SAN BORJA, LIMA



#### Hypertension

I suffered for approximately three years from hypertension. My arterial pressure was 20/ 10 and I received a heart treatment of two pills daily, in addition to the medication of Propadonal 40 mg. I suffered from chronic headache. It was in the month of August when I began with the Homa Therapy fires, thanks to a dear friend, that I began to feel the improvement. I also wear a "Rudraksha" seed (charged seed of a tree from the Himalayas). I took the Agnihotra ash from time to time and I was noticing that my pulse was becoming normal. I began to not take the pill that I usually took at night, and later on I suspended the morning pill too and now I am stable. Although recently, in the month of January my father died and I went through a very hard time, I thought that the hypertension might return with all its symptoms. For fifteen days I did not practice the Agnihotra fire and feared that the crises would begin again. But this was not the case. Now my pressure reaches maximum 12-8 and I am happy. I had not been sleeping well, because I still have not overcome my father's death. But yesterday evening I performed the Agnihotra again and already slept better. JOSE EDUARDO BENITES QUIROGA Mz B Lote 12 Consuelo de Velasco Piura, Peru



I'd like to relate to you my experience with the Homa Therapy. First of all, I went to visit my brother Walter on his farm. When I was at his house, he went out to take a walk and then he returned with a small hummingbird in his hands. He said that it had fallen at his feet.

Then he told me that he has a miracle cream and he combined the Agnihotra ash with some ghee, preparing the cream. Then he rubbed the cream on the wings and chest, all over the little bird. The bird seemed to be dead, but surprisingly it gradually opened one eye and then the other. Then you could see that it started breathing. It started shaking its tail and we were very happy because it was coming alive. My brother kept on rubbing the little bird with the Agnihotra cream, and at the same time he invited me to come to the Agnihotra healing session. Then he said, "Let's see how it worked." We walked out the door to the place where he had picked up the little bird, and it took off to wherever his home is. So I decided to go to the Homa Therapy session.

### Letters to Satsang

Hi all you Agnihotra folks,

Lynsey and I have been traveling for about a month now and have had a difficult time finding cowdung. Before we left the States, I airmailed myself two shoe boxes full of dung to England. Well, these did not arrive until weeks after we did, and by the time they did arrive we were in Italy on the remote island of Sardinia.

Sardinia is a dry climate, with lots of goats; however, Lynsey and I were determined to find some cows and thus dried dung as it is so dry here. We are in the small town of Cala Gonone where some people remember me from a few years back. I asked one local lady where we could find some cows and of course she asked, "Why?" I explained to her Agnihotra in broken English and Italian. Being the open-minded person she is, she totally understood and drew a map of where to go. I drove to the turnoff for the road and saw the following sign. *(See photo below.)* GRACE can have quite a sense of humor! I found some dried dung and we are doing fires once again!

LOVE to you all, Greg Hawkins and Lynsey Rubin



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### **FIVEFOLD PATH for Happy Living**

1. Perform **AGNIHOTRA** for purification of the atmosphere which leads to automatic purification of mind.

2. Practice **DAAN** (sharing of assets in a spirit of humility to reduce attachment to worldly possessions).

3. Practice **TAPA** (becoming better managers of our energy expenditure by training the body and mind to react to all circumstances in life with Total Love).

4. Perform **KARMA** (every action for self purification only and thus no expectations which bind us to the material world).

5. Practice **SWADHYAYA** (Self-study) for liberation. Who am I? Why am I here? My work on this planet is to learn to react with total LOVE with each opportunity given to me.

This is the Fivefold Path for happy living on the planet. By practicing the Fivefold Path you become better members of your society, group, religion, community, etc.