

# SATSANG

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Last offering



Igniting the Holy Fire

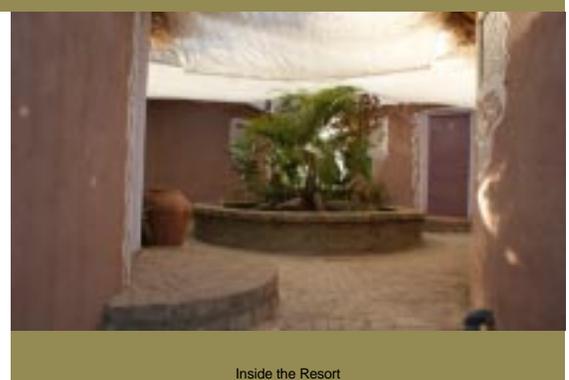
## SOMAYAG 2009



Agni manifests



Our Narmada Resort



Inside the Resort

NEW ERA 66

MARCH & APRIL, 2009

*Perform Agnihotra*



*Heal The Atmosphere*

NEW ERA 66

MARCH & APRIL, 2009

VOL. 36 NO. 7

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Yajnya is the science of purification of the atmosphere through the agency of FIRE. This science is as old as creation. There are various types of Yajnyas for fulfillment of various objectives.

Basic YAJNYA is AGNIHOTRA tuned to the biorhythm of sunrise/sunset. A small fire is prepared in a copper pyramid of fixed size. Dried pieces of cowdung, clarified butter from cow's milk and a few grains of unbroken, raw rice are the materials used in this process of offering to the fire.

In all ancient civilizations of the world, cowdung i.e. dung from male or female progeny of a cow, was considered as an important medicinal substance for treatment of various human diseases. Ancient science describes sunrise thus:

“At sunrise the many fires, electricities, ethers and more subtle energies emanating from the sun extend all the way to the Earth and produce a flood effect at those coordinates where the sun is said to rise. It is awesome. The flood enlivens and purifies everything in its path, destroying what is impure in its wake. This torrent of life sustaining energies causes all life to rejoice. At sunrise that music can be heard. The morning Agnihotra Mantra is the essence of that music. It is the quintessential sound of that flood. At sunset the flood recedes.”

The offerings to fire are done with the accompaniment of Mantras.

What is Mantra? Definition of Mantra: There are vibrations that exist everywhere. It is only vibrations when you go into it. Where there is vibration there is also sound. When we do these Mantras, the sounds we utter activate these special vibrations that will create certain atmosphere of effects. Then the desired results are realized. These vibrations exist for everything, so anything can be activated, controlled or changed by Mantras.

When one with a pure mind utters the Mantra into the Agnihotra pyramid at Agnihotra time, the ash retains that energy and the healing properties of the ash become more powerful.

The effects of Agnihotra atmosphere and Agnihotra ash for growing healthy crops in a shorter period are well documented [*please see: [www.homa1.com](http://www.homa1.com)*] Agnihotra ash medicines are used by thousands of people with great benefit to themselves.

Agnihotra is to be performed DAILY at sunrise and sunset to keep the Nature's cycles in harmony.

At the junction of two seasons there is likelihood of epidemic; hence, several medicinal

## Summary of Somayag

HOMAS are prescribed with different sets of Mantras.

Then there are special HOMAS for getting rains, for getting a male child or a female child. This forms part of biogenetics.

***Bigger Yajnyas (HOMAS) like SOMAYAG, AGNISHTOMA, JYOTISHTOMA are done for purification of the environment, reducing the burden on the mind, making mind full of LOVE.***

In such Yajnyas chanting of Mantras and offerings to fire goes on for several days. In Somayag there is one process where first all the surrounding area is charged with Mantras and their vibrational effects. Then cow's milk and goat's milk are obtained while chanting certain Mantras. These two are then mixed while chanting certain Mantras. Then simultaneously Mantras from SAMAVEDA and other Vedas are uttered. This energizes the whole area. When the mixture of these two milks and ghee (clarified butter) are offered to the fire a flame shoots up, up to ten meters high and the effect goes up to the biosphere.

By using this supertechnology we can eradicate pollution factors on a large scale.

Mr. Hari Apte, chief pundit of the Somayag, gave the following summary of Somayag:

### **1. Agnishtom**

For living beings' health

### **2. Atyagnishtom**

For living beings' long life

### **3. Uktha**

For living beings' reproduction

### **4. Shodashi**

Galaxy, solar system, five elements work properly

### **5. Atiratra**

To remove sorrow, disease, darkness and to bring happiness, health, Light

### **6. Aptoryam**

Whatever is ours should live in coordination and harmony

### **7. Vajapyee**

Every living being should get food and water

# From the Somayag Committee

*Dr. Ulrich Berk, Anne Godfrey  
and Karin Heschl*

Dear Fellow Fivefold Path Brothers and Sisters,

The dust has finally settled in Maheshwar Go-Shala following the 2009 Somayag. It was a very intense, elevating and power-packed experience for all who attended. That much Light was given to all who made the journey to be present at the Maha Yajyna is quite certain. That much Light was also given to Maheshwar Go-Shala through the presence of each and everyone present is also certain. The Somayag Committee would like to thank each and every person who came, and contributed their unique presence, energy, love, light, their humanity, their songs and willingness to take part in this Universal Healing Event. We especially want to thank you for the financial support which made it all possible. For that we are ever grateful. Your presence made the event memorable just as much as the Pandits who gave their hearts and souls to invoke the healing energies which were powerful and palpable throughout. Your daily Agnihotra Fires gave nourishment, bliss and joy to the whole planet.

To all the brothers and sisters who stayed behind and sent their gifts of love, light, donations, good-will and support, we thank you. You were especially in our hearts as we

knew many could not come who wished to be present. YOU WERE PRESENT.

Whenever we asked for support, you rallied and money came in from all sides. Shree told before He left the body that to give to such a cause as this particular series of Soma Yajynas is intense good Karma.

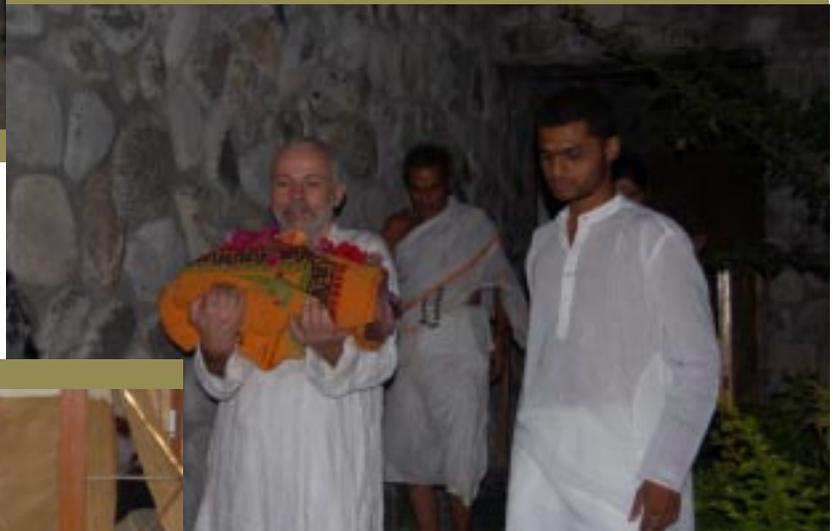
Following are some glimpses of the 2009 Soma Yajyna at Maheshwar Go-Shala.

For several months prior to the Soma Yag, we were engaged in general preparations for the Soma Yag, which included repainting all buildings inside and outside, extending public toilet and bathroom facilities, upgrading accommodation units and landscaped areas, reassembling the temporary tent accommodation on the roof, and reinstalling the electrical system.

Under Shree's direction, we also undertook two new projects: we proceeded with the building of the new kitchen, which includes a dining area, seed-storage facility, laundry, underground cellar for stockpiling food and other supplies, and we also constructed a self-contained accommodation unit which will be multi-purpose and also suitable for ten families or more for our permanent staff and families.



Welcoming of Treta Agni



Treta Agni in front of SHREE'S house



Welcoming ceremony











Somayag tools



Tribute to our beloved SHREE



SHREE'S ASHES on the way to Narmada River



Ashes and personal belongings of SHREE given to Narmada



Accommodation



View from the Resort overlooking Narmada



Kitchen under construction

# Ten Commandments of Parama Sadguru

Vasant

*In a recent message received by Parvati in meditation at Maheshwar, India, study of **Ten Commandments of Parama Sadguru** has been recommended. In the coming issues, **Satsang** will feature chapters from this book.*

*The book is also available as a download from [www.agnihotrasupplies.com](http://www.agnihotrasupplies.com).--Ed.*

## INTRODUCTION

SADGURU means PERFECT MASTER. PARAMA SADGURU means highest among the PERFECT MASTERS. Before a great Divine Incarnation graces our planet by manifestation the parents are informed by some instrument of Divine Will. Similarly, at the time of birth, intimation is given. Again, at a later date, the same thing is announced.

Four years prior to the birth of Parama Sadguru Shri Gajanan Maharaj of Akkalkot, India, a great Yogi informed the mother that "she would give birth to the Light of the world". The "Son of Man was born four years later". Similar intimations were given at the time of birth. The same thing was also announced at a later date.

On Christmas day, 25th December 1941, the allotted task of the Son of Man was revealed by the Will of the Almighty Father. He was further informed that the time for unfold-

ment was yet to be. It is interesting to note that in the revelation the words used by the Divine were "Son of Man".

The mother of the Son of Man was a great Yogini. Yogini is feminine for Yogi. The father was a great Nada Brahma Yogi. Nada Brahma means the "Word that was in the beginning, which was with God, which was God and by which everything was made that was made"

Along with Creation, Almighty Father gave the first revelation, i.e. the Vedas. All incarnations, all Divine Messengers come to reiterate the message of the Fivefold Path given through the first revelation. The Messengers lay stress on certain aspects of the message in view of the conditions in which they manifest.

Parama Sadguru has stated that Self Realization, Liberation, comes only through total surrender to the Almighty. All spiritual practice should lead us to this goal. Surrender implies an egoless state. The highest attainment of human existence is, "Not my will but Thy will be done". This is the end of all Yoga.

Parama Sadguru once said, "Whatever Almighty has willed to be done through our instrument shall be done. Our whole life is totally dedicated to Him. He who revealed to us our allotted task shall grant us the neces-

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sary strength to fulfill it.

"It is not for us to advise people to follow any particular individual.

"If it is the will of the Almighty to convey to the world any message through us He will do so. We are merely his slaves.

"We are not votaries of any religious denomination. Whether it is the Bible or the Quran or the doctrines of Hindus we will convey the message with equal yearning.

"We have asked people not to call us GURU. Many have imposed Guruhood on us. Many have experienced super-human powers with us. Many have witnessed miracles. We are mere witness of, not the doers of these things.

"We surrendered totally to the Almighty and He started utilizing our body as His instrument. Each one has to tread his path of Self-realization."

Eternal Principles of Religion were given to us along with Creation through the First Revelation, Vedas. Whenever there are large-scale transgressions, either due to sins of omission, i.e. non-performance of ordained duties, or sins of commission, i.e. wrong performance, terrific resultant Karma takes

place. To set right the cosmic cycle, special Divine Incarnations, Divine Messengers, grace our planet by manifestations in human garb. This is beyond intellectual reason but can be experienced when intellect is transformed into higher intuition as a result of purification. Only in a state of at-one-ment with Reality as the Upanishads state, i.e. only when the trinity of Knower, Known, and Knowledge is fused into one, can one experience the significance of a Divine Incarnation.

"No man hath seen God at any time; the only begotten Son, which is in the bosom of the Father, he hath declared him."

--John 1:18

Church tradition has utterly failed to grasp the significance of the above sentence. It reiterates the message of the great Vedic Seers. It underlines the process of SAMADHI described in the science of Yoga and experienced by Yogis all over the world during the many, many milleniums that lie behind us.

Shri Krishna cautioned Arjuna not to miss the significance because He had taken human form. It is Almighty's plan that the Divine Incarnations (AVATARS) manifest in human form to set things right. The Incarnations are graded into four as "POORNAVATAR", "AMSHAVATAR", "KALAVATAR", and "VIKALAVATAR" and each one has a specific

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allotted task to perform on the planet. When the time is over, the Avatar leaves the mortal coil. There is a Divine hierarchy which rules over Creation. Creation embraces billions of Universes not yet known to science. A true Sadguru knows all about this and can grant the experience to the deserving disciple.

Buddha is not a name. Buddha means enlightened. Siddhartha Gautam was Buddha. Christ is not a name. Christ means anointed. Jesus was Christ.

All incarnations come to uphold the Eternal Principles of Religion given through the First Revelation. The Fivefold Path is the basis of the message of all Divine Incarnations. The Incarnations stress that part of the message which needs emphasis in the conditions in which they manifest.

People quarrel in the name of religion, denomination and sect. This is because of ignorance and vested interest. Reality dawns only when you divest yourself of vested interest. Love and humility are the hallmarks of a true disciple of Sadguru. Such people have no flair for religious dialectic. Sadguru plants the seed of knowledge within you when the purifactory process gains momentum.

No country, no people, no person can claim a

monopoly of Truth. It is the very antithesis of Truth to embolden such a claim. Yet Truth is open to anyone who seeks in right earnest. You have to meet Sadguru to experience the unfoldment of Truth. Time and space are no barriers, for true Sadguru is beyond Time and Space. You can experience it yourself. It is self evident. You do not need a mirror to prove to yourself that you exist. The power of Sadguru is equally manifest.

In accord with the Divine plan, messengers of God manifest to restate the same Law. It is unrealistic to say that God gave true revelation only at a particular point in history when Krishna, Buddha, Moses, Zoroaster, Jesus, or Muhammad came. Milleniums have elapsed since Creation. Highly developed civilizations have been wiped out of existence. Continents have been shaped and reshaped due to upheavals. We may be accused of myopia if we say that true revelation started only with the Hindus, Buddhists, Muslims, Christians, or other similar formal labels. Do we imply that Almighty had left Creation without a message until the birth of these Divine Incarnations? None of these incarnations has ever said so.

"That which was from the beginning, which we have heard." (Epistle of John 1:1.)

"Whenever the eternal principles of religion are under eclipse I manifest."

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(Bhagavadgeeta)

"According to Muhammad, men were originally of one religion (which he named Islam and which existed since the beginning), and when differences arose among them God raised up Prophets in their midst to guide them with Truth and people only differed among themselves out of mere jealousy.

"This was the mother religion.

"Abraham was not a Jew nor a Christian, but He was a Moslem." (Quran 3-67) Abraham was long before Prophet Muhammad. To every people in their own tongue was conveyed in every age this same Divine message of wisdom and of Truth through an endless succession of Prophets and Seers.

The Son of Man, Parama Sadguru Gajanan Maharaj, is the current link in the chain of Divine incarnations (Avatars). Conditions today present a totally different picture from anything in known history. Time and space have been abridged due to technology. Speed has become the essence of everything irrespective of the message it carries. Technology has given man weapons to blow human existence to smithereens. Fear seeps through all international communication. The sense of insecurity is rampant. Everybody feels there is nothing to fall back on. Pollution is

taking a dastardly toll of human existence. All thinking is oscillating between Scylla and Charybdis. Everyone is lonely, though moving in a surging crowd. The void has to be filled with vibrations of LOVE. Science has brought humanity together. We sink or swim together. National frontiers have lesser significance. Now we need plain speaking. The message has to come as a package deal and not in parts. People are to be aided in getting out of the rut in which they have landed themselves due to wrong orientation.

People talk about "Love thy neighbor" but forget the other part. Jesus said, "Love thy neighbor AS THYSELF". To remind the people of their Divine heritage and to bring them back on the Homeward journey, the Divine kingdom, the Son of Man has given TEN COMMANDMENTS. "Not my will but Thy will be done" is the summum bonum of human existence and therefore the "Ten Commandments".

#### **COMMANDMENT ONE: TRUTH**

Satyasa Navaha Sukrtamapiparan -Rgveda  
9:73:1

Commentary on Commandment One:  
Observance of truthfulness in day to day dealings is the alpha of any spiritual discipline. If you put ethics on one side of the scale and truthful behavior on the other, the

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latter will count more. Truth does not merely mean true speech. Mind, speech and action should all depict transparent truthfulness. Truth is not only the means: it is also the end. Truthfulness in thought, word and deed is an aspect of TAPA, the third aspect of the Five-fold Path. A little thought will convince anyone that for truthful behavior one needs to exercise control over sense organs. The endeavor to do this is TAPA (self-discipline). To move about without control over sense organs is like riding a horse without holding the reins.

The four sins of speech are lying, slander, abuse and idle talk. To say or do anything which does not correspond with what we know to be true is lying. Exaggeration and equivocation are departures from truth. Society considers a 'black lie' reprehensible but a 'white lie' passes off as common sense. Spiritual discipline recognizes no categories in lying. To pretend what we are not is lying. To indulge in falsehood, backbiting, frivolous talk or to use harsh language is misuse of the gift of speech.

"You shall speak no word that is false but shall speak the truth with discretion and with a loving heart."

"You shall not swear nor use abusive language nor indulge in idle or vain talk. You

shall speak with dignity and purpose. If not, observe silence."

"You shall not invent evil reports about others nor shall you make carping criticism. Always look to the good side of others."

--Precepts of Buddha: 4, 6, 7

From what is stated above we find that Satya (Truth) has a much wider connotation than merely not telling a lie. To be happy we must attempt to eliminate all sources of disturbance to the mind. Divergence from truth necessarily creates complications in our dealings and this leads to strain on the mind. We try to wriggle out of a simple situation by proffering a lie. Many complex situations result by such action. We are forced to erect a series of falsehoods to maintain one lie. Inadvertently we build up to a situation in which we are squarely exposed. The process of erecting the series of falsehoods inevitably leads us to the necessity of keeping up pretenses and appearances. All this causes severe strain on the mind and exacts a heavy toll of mind energy. We are so habituated to such situations that we do not even notice the strain. Recurrence of this phenomenon enfeebles our determination to execute what our discrimination judges as right. We begin to connive at and to rationalize the discrepancies in our conduct. This leads to strain on our emotions, thus putting a premium on

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unhappiness. A liar needs good retentive memory while a truthful person need not carry such a burden. One may lie to others but one does not wish others to lie to him. The business of lying never remains a one way street. By wrong behaviour on our part we encourage others to indulge in the same game. Once we start practicing truth we are better able to perceive the mechanism of emotional strain. This helps us to get rid of bad habits.

Indulging in untruthful action vitiates the intellect. The process of transmuted intellect into higher intuition is delayed. All spiritual discipline is aimed at the purification of the mind and the transformation of intellect (Buddhi) into higher intuition (Prajnya), This implies the curbing of the outgoing tendencies of the mind. By discarding truth in a single instance we thus cause a series of acts which are conducive to misery.

When we decide to don the armour of truthfulness in thought, word and deed, whatever be the consequences, we experience an inner strength. We notice that people who come near us are less inclined to tell lies. Love pervades the atmosphere and harmony sets in. From the common sense point of view also it is less cumbersome, less disturbing to practice truth and to do away with falsehood, conventional or otherwise.

Speech is a unique gift given to man. Let us not despoil it. Practice of truthfulness should result in economy of words. If one can communicate in silence it is better to do so.

"But let your communication be yea, yea; nay, nay; for whatsoever is more than these cometh of evil." -Matthew 5:37

A community imbued with the spirit of truthfulness pulsates with holy vibrations. "The fragrance of a flower goes along with the wind. Holy vibrations can travel against the wind."

The Upanishads state that the practice of truth culminates into Self realization. If you wish to have material prosperity, mental peace and spiritual unfoldment there is a simple way. On the threshold of the tongue keep the light of truth. Truthful speech strikes a concordant note in the heart of the listener. If you harbour untruth, fear is your constant companion.

Truth is comprehensive. Preaching something with a view to mislead people is lying. Speaking publicly with relish about personal weaknesses of others is prostitution of the gift of speech. Writing insinuating letters and scandal mongering are as bad as suppressing the truth with a view to cheat others. In the end you yourself are cheated and are required to

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pay heavily in terms of emotional disturbance and disharmony. You lose so much of your precious time in doing these things. These very moments, if spent in Self study or meditation, could lead to happiness.

"And I say unto you, swear not at all, neither by heaven; for it is God's throne; nor by the earth; for it is his footstool."

-Matthew 5:34, 35

"And when you speak, be just, although it be (against) one who is of kin."

--Holy Quran VI-152

"Speaking (what is wrong) is adultery of the tongue.

--Saying of Prophet Muhammad

"Truth alone becomes victorious and not falsehood."

-Mundak Upanishad III-1-6

Vedas make a distinction between Rta and Satya. Rta may be termed as Satya without the cooperation of the mind. You say 'Tasha is hurt'. You know Tasha the dog is hurt but you wish to convey to the listener that Tasha the girl is hurt. This is not truthfulness in speech.

Most misunderstandings arise because you cannot control your tongue.

Do not show your importance in speech.

Do not use harsh words or spiteful language. Truth can be told in a palatable manner.

Do not take 'holier than thou' attitude.

Never indulge in backbiting.

The person you talk to may not be your equal in knowledge or worldly status; yet remember he is also made in the 'Image of thy Father'.

By describing other persons' faults you want to show that you are superior. Get rid of this habit.

With speech, so much mind energy is consumed; let us learn to conserve it.

The words Divine Path in English come from the Sankrit words DEVAYANA PANTH. It means the Path of Light. Upanishads state that the Path of Light by which the sages travel is spun with Satya. Satya is the means and also the end. By reflecting truth in thought, word and deed Liberation comes. Focus the searchlight of truth inwards. Separate the ephemeral from the eternal. This is Reality. This is Self realization. This search is Self study. Truth is the experience.

# Unity

*received by  
Parvati Rosen-Bizberg  
Wysoka, Poland*

"Be thou perfect as thy Father in Heaven is perfect." -Matthew 5:48

Upanishads state, "Knowing which nothing remains to be known" This is Self realization. Satya is journey's end.

"Enter ye in at the strait gate; for wide is the gate and broad is the way that leadeth to destruction and many there be which to in thereat. Because strait is the gate and narrow is the way which leadeth unto life and few there be that find it."

-Matthew 7:13, 14

Let others see you as you truly are. Attempt to become as you wish others see you. Practice truth and then what you utter becomes true. This does not mean that by your uttering you interfere in the law of 'reap as you sow', the law of Karma. It means that the Divine speaks through you and you become a conscious instrument of Divine Will to spread the message of Love.

**February 12, 2009 SHREE as heard by Parvati in meditation at Somayag, Maheshwar)**

Anything spoken which is not of UNITY, We close Our ears.

Whoever speaks one word about discomfort between East and West, about cultural differences underscoring misunderstanding, We close Our ears to it. You do the same.

Say, "I do not want to even listen to one word, lest that one word cause me to think in any direction other than that of UNITY."

The dark forces on the planet seek to separate and to weaken relationships which benefit humanity. We do not wish to associate with such divisive thought forms. We are aware of their origin.

We caution all who walk the FIVEFOLD PATH to be vigilant. Insist upon it. This is the meaning of "PURSUE UNITY."

Do not wait for it. Create it. Nurture it.

INSIST UPON UNITY.

OM TAT SAT.

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## FIVEFOLD PATH for Happy Living

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1. Perform **AGNIHOTRA** for purification of the atmosphere which leads to automatic purification of mind.

2. Practice **DAAN** (sharing of assets in a spirit of humility to reduce attachment to worldly possessions).

3. Practice **TAPA** (becoming better managers of our energy expenditure by training the body and mind to react to all circumstances in life with Total Love).

4. Perform **KARMA** (every action for self purification only and thus no expectations which bind us to the material world).

5. Practice **SWADHYAYA** (Self-study) for liberation. Who am I? Why am I here? My work on this planet is to learn to react with total LOVE with each opportunity given to me.

This is the Fivefold Path for happy living on the planet. By practicing the Fivefold Path you become better members of your society, group, religion, community, etc.