

# *SATSANG*

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NEW ERA 62

MARCH & APRIL, 2005

*Perform Agnihotra*



*Heal The Atmosphere*

NEW ERA 62

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# Eco-Homa Festival 2005

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On February 19th, 2005, the "AGRO-ECO-HOMA" Scientific Cultural Festival was held in the auditorium of the National Agrarian University La Molina in Lima, Peru. The lecturers were agricultural engineers, technicians, medical doctors and therapists who reported their surprising observations and achievements with the ancient SUPER TECHNOLOGY of HOMA THERAPY in the fields of AGRICULTURE and HUMAN HEALTH. The following are comments from several attendees:

***From Sonia Hunter  
Director of the Homa Center in Guayaquil:***

I traveled by bus from Guayaquil, Ecuador to Lima, Peru. It was a 24-hour wonderful and calm trip. I took a taxi from the terminal directly to the National Agrarian University of La Molina. It was my second visit to Lima and everything was perfect. I arrived exactly at the beginning of the event and could greet my dear and surprised friends Abel and Aleta, who had organized this scientific meeting and demonstration of Homa Therapy's different applications.

I then relaxed in a comfortable armchair in first row of the main auditorium of the university and was ready to enjoy the event. I cannot express with words the emotion I felt upon seeing such important people from

Peruvian society as the president of the National Agrarian University, Ing. Luis Maezono, opening the HOMA event, then hearing the observations of respected investigators such as the dean of the Veterinary School of the National Agrarian University of the Jungle (UNAS), Dr. Milthon Muñoz, and the former president of the Universidad Villareal, Dr. Luis Cotillo, whom I had desired to know. He is the Scientific Director of the Turiassu Clinic, where these Ayurvedic fires have been practiced for the last two years, because Dr. Cotillo is convinced of the importance of Agnihotra. Eng. Luis Tafur's speech surprised the audience with new information and comparative observations between conventional and Homa agriculture in potato, mango and other fruit tree crops. It was a pleasure to see the detailed presentation of Business Administration professional Margi Arana with the comparative charts of conventional and organic Homa agriculture in cotton crops. She also presented some of the results and activities of the ecological Homa farm "Suyana Wasi".

Although I have practiced Homa fires for the last four years and have heard many experiences from so many people, I am still amazed by the profound effects and reach of these simple and powerful HOMA techniques. These events are really necessary and wonderful. I was able to participate in two

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major HOMA events in Piura, Peru and one in Guayaquil, Ecuador. I never get tired of listening to testimonies like that of the Lic. Garay and Lic. Gonzales about their daughter diagnosed with schizophrenia and mental retardation, who now, thanks to the Homa treatment, is almost a healthy girl and busy in a healthy person's activities; or the testimony of Dr. Maria Gonez (Pediatrician) and her 2-year-old son, who had been on constant antibiotic treatment for several months due to an infection, who recovered within one week with Homa treatment and without any antibiotics at all. In short there are many testimonies and they are quite varied. I experience them on a daily basis as a Reiki therapist. I introduce 80% of my patients to Homa Therapy with excellent results.

The Message of Master SHREE VASANT which Dr. Abel Hernandez read made us feel the Presence of the Master and the necessity of events like this and of taking action. May God bless Master VASANT so that He can continue guiding us.

After the event I met some people and it was very easy to make friends with them. I was invited to visit the home of Ms. Blanca and her wonderful family. A cousin who practices these ayurvedic fires had invited her to the event. Ms. Blanca was so surprised to witness the testimonies from such different people--

from doctors with several degrees as well as simple farmers and their children--that she couldn't stop commenting to her husband about the wonderful and almost magical things Homa Therapy does and encouraging him to use Homa Technology on their peach farm.

I think that this event was very enriching, not only on the agricultural and medical, therapeutic levels, but also for all the people who attended. The many Agnihotra pyramid fires at sunset brought a lot of light and healing power to everyone. I hope that in Ecuador we can one day do something similar to this.

I want to express my gratitude for this wonderful experience and for having once more been able to share this wonderful knowledge of HOMA with more people.

***From Engineer Luis Maezono Y.  
President of the National Agrarian University La Molina (UNALM):***

We could listen to the testimonies of professionals who had experienced and obtained good obtained results by applying Homa Therapy in cultivations that were attacked by plagues and also in sick animals, having been able to heal them.

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There is no big scientific explanation for this, but the related facts demonstrate the positive results. It is necessary to make more tests, but considering the testimonies in fact we are involving ourselves with a very effective form of solving the problems without contaminating the environment.

***From Prof. Egberto Oriel Pacheco  
Villa el Salvador  
Lima, Peru  
<egberto1950@hotmail.com > :***

I want to share my experience after beginning the practice of Agnihotra. I thank the Divine for having allowed me to know this fire and its method of healing accessible to everyone in need.

On January 16th of this year I had to be brought to the emergency room due to high blood pressure. It was 17/50 and the doctor told me that I was on the edge of a heart attack or stroke (CVA). For one month I did check ups and took sub-lingual pills. My BP (blood pressure) only came down to 15/70. I was desperate because of the strong palpitations.

Then, on 19th of February, I went to the ECO-HOMA event at the Universidad Nacional Agraria La Molina. THIS IS WHERE MY HEALING STARTED. I DID THE AGNIHOTRA FIRE

FOR THE FIRST TIME and all the symptoms and my panic disappeared. That night I slept calm and quietly. The redness on my face, neck and eyes disappeared. I felt different and healthy. I decided to do things right and now I am practicing the healing fires. I am convinced that they are the reason I got healed.

GOD has given me this second chance and I am very grateful for it.

# From Orion Transmissions

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April 5-7, 2005

Yes, yes, yes. A great source of consternation for those of you aware beings living in today's material world is the children, and rightly so. Certainly, it behooves all of you to consider the dramatic effect of today's helter-skelter society on young minds. Those of you who grew up in what may have appeared to be a more stable era, may be able to reflect upon a time which perhaps was less threatening to the psyche. Indeed, one's outer environment has greater effects on one's mind than is realized.

Therefore, take modern children growing up in a world in which the ecological balance is tremendously at risk, the political climate often oppressive and blatantly corrupt, the home life often practically non-existent, or hectic and rushed, and the demands of academic success and the subsequent job market pressing upon even the youngest of children. Many of today's children come from broken homes, in which parents are often absent, due to the stress of raising a family in a materially oriented, costly society. Children have a shorter childhood, year by year. The imbalance in the natural environment creates its own stress on the physical body, let alone the mind.

We would recommend intensifying

your efforts to reach the children, but not through lectures or talks. Reach them through music, through art, through dance. Bring them into your meditation practice, but do not expect that they reverberate on the same energy level as you elders. Expect their music to reflect a more intense energy level. Expect that they will be more active, more energetic in their practices. Listen to their bodies. Sense what it is they require for stimulation and inspiration.

As the elders, often you see that forgetfulness extends to one's own childhood. As you listen to the young ones, reflect back to your own youth and tap into the spirit of the young, in order to understand their needs. Young beings of Light will greatly appreciate it and gravitate toward the elders who understand their culture and their self-expression. Give them space and the opportunity to create! When a child's creative energies are given room and nurtured, an element of deep trust is formed. Once the child feels she is free, true self-expression will result. This is often far more effective than psychoanalysis.

We would say that the current reliance on drugs to calm and focus the child is a terrific blunder on the part of the medical establishment. Parents who put their trust in the doctors give up their own power and

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concede their role as caretakers of these new beings. Then, much later, their children cannot seem to adhere to schedules or create their own direction in life.

Dear parents, if your children are ‘unruly’, if they have difficulty focusing and following simple directions, look deeper into the real causes of these problems. Certainly, in some cases, medication may be necessary, in more severe situations. However, the great predominance of children on behavioural drugs is completely unnecessary and way too excessive.

There are many possible causes for abbreviated attention spans in children today. One can be diet— high in sugar and chemically treated genetically altered foods. It can be environmental, from greater pollution in air, water and earth. Yes, and it can be emotional. It often is a combination of these. There are natural remedies and therapies available, but none are perhaps as easy as a small pill! In the long run, the former are more empowering for a healthy human being.

Listen. Listen to your children. Seek to get to the heart of the matter. Then, remedy the situation rather than the child. See if change in the situation produces a positive effect on your child. Often, one seeks to

medicate because of pressures of everyday life. However, of all your responsibilities, the greatest is that of parenting. Consider a life change that would reduce stress on you and enable a deeper bond with your child to develop.

If it is the system you feel caught up in, UNPLUG. Develop your own alternative source of income, rather than becoming a cog in the wheel. The time is NOW. Time with your child is vital. One may think, “In two to three years, I will leave my job and pursue my own direction.” Then may be too late. Once a child gets used to a routine, even if it means very little time with the parent or parents, it is difficult to shift when the parents shift gears!

Certainly, there is much to be said of ‘quality time’ when one cannot afford quantity time with children. But, it never is enough. One has to prioritize one’s children, particularly in the younger years. We shall suggest guidelines. We are quite aware of the difficulties of modern life. This is why we view alternative life paths as the way of the future. If you want healthy, well-adjusted children with open minds and hearts embracing higher values by which you guide your life, you need to be there to instil them. Children learn by what they see and experience. They gravitate to what will fill their

## Letters to Satsang

needs—for camaraderie, for understanding, for belonging to a whole, for creative self-expression, for social integration, and for sufficient solitude. If you are not there, they will seek other sources for fulfilment.

Now is the time to create work which allows you more freedom, to shift gears and move toward a more fulfilling, more challenging career which resonates with your life choices. There is power available to you to create your future in a more holistic, harmonious way. All stand to benefit from being in the presence of a being who is living his or her own life.

Hi there!

I´m back home after 3 months in Massachusetts. Isn´t it the best to be close to family and friends?

I was so glad to perform the Agnihotra fires at their place and leave behind all those protective ashes in the garden and indoors.

My daughter said she had never seen the geranium in my room give more than one bloom at once. By the time I left there were six or more blooms on the spindly geranium. I´m sure it was full of blooms in other levels of reality!

I must thank you again for introducing me to the healing fire. Here too, all is well. Today a neighbor told me my house seemed to be "in another place" compared to the rest. I understood. It is the fire practice radiating protection from it.

Love,

***Elena Lafert***  
***Uruguay***



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What I know now about Agnihotra is even deeper than when I first began practicing it. I have learned from the earth, the trees and the plants, from the Devas in our garden and orchard, that Agnihotra nourishes them from the roots upward. It gives back to the plants and to the soil, water and air what we humans have taken from Nature with our technology and our haphazard ways of living.

What I feel regarding Agnihotra is not printed in the leaflets, but is what I feel from all the elements of Nature. I can feel them all joyous to receive the atmosphere which the fires create, the clarity of air and the rejuvenation of the soil. It is hard for me to explain.

I came to Agnihotra first because my soul just gravitated to it. It was as if I were called to it. Then, it was because my health improved so drastically...asthma cured within two weeks...and I felt wonderful in the presence of the fires. Then, the practice deepened, wove its way into my life and I could see the positive healing effects on the children (I was a teacher and mother, always surrounded with kids), on animals, on my plants! I never even knew the names of the plants I had and most of them were given me on loan by people who said they didn't know what to do with them because they were ailing! Could I help them? I always laughed at that one, because I knew nothing about

plants! And they grew and grew, doubling in size. When I told the people to come and collect the plants, they said they should stay with me, because they were so healthy there! It was only Agnihotra.

Now I really just feel its effects in subtle ways, really strongly but subtle. I feel connected with the cycles of Nature, more in rhythm with the seasons by doing the fires. It just releases so much joy from within. It is all of course a process of development for all of us, but I feel Agnihotra is simultaneously a catalyst for necessary change individually and for our beloved planet Earth, and a source of nourishment and Light as well. I don't know of a stronger practice for healing the Earth on all levels. It is also one which lends itself to any other practices, such as chanting, song, sound therapy, dance, meditation, etc.

***Parvati Rosen-Bizberg***  
***Wysoka, Poland***

# Healings with Homa Therapy

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FELICITA CULQUICONDOR  
Piura, Peru

Problems:

- \* Insomnia
- \* High Blood Pressure
- \* Generalized sickness
- \* Pains

I am 73 years old. For three years I suffered from high blood pressure and insomnia. I could not sleep and I felt sick in general, was nervous and the left side of my head hurt.

A friend told me about Homa Therapy that is carried out daily in Hospital Cayetano Heredia and I go to that regional hospital every month for the control of my blood pressure. My friend invited me to the Homa Therapy there and from the first day on I felt

well. I took the Agnihotra ash and then went to sleep. I had not been able to sleep for three nights, in spite of taking sleeping pills.

Now I am so much better and I can function well. My arms and legs no longer hurt. All I take now is one single pill for my high blood pressure, although not every day. I have been coming for the last 17 days to the Homa Therapy sessions and the improvement is noticeable. Now I sleep well from 10 o'clock at night. I suffered from insomnia for many years. Three years ago I began to take sleeping pills; they were relaxing and they were given to me in the hospital, but now with the fire of Homa Therapy I do not need them any longer.

It is good to practice the Homa Therapy

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MARUJA CRESPO  
AGE: 79 YEARS  
PIURA, PERU

Problems:

- \* Insomnia
- \* Hypertension
- \* Diabetes
- \* High cholesterol
- \* Pain in the knee
- \* Pain in the bones

I came to the Homa Therapy at the hospital Cayetano Heredia with a lot of faith and I am feeling very well now. Before I didn't sleep well. I suffered from insomnia, diabetes, hypertension and high cholesterol. I also had a problem with my knee and all my bones hurt.

Now, I have completed three months of coming to the Homa Therapy sessions and I drink Agnihotra ash water. For that reason I feel tremendously alleviated of all the pains and problems I have had and I no longer suffer from headaches. I feel very grateful.



JULIO RAMIREZ  
GUAYAQUIL  
ECUADOR

Problem:

- \* Vesicular Litiasis
- \* Constant dizziness

Dr. Montufar:

"This was a case of vesicular litiasis (gall bladder stone) and therefore the patient was in pain--a colic type pain in the right side. The patient underwent a complete Homa treatment and he took additionally some B complex vitamins and received acupuncture. Let's listen to the patient himself."

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Mr. Julio Ramirez:

"When I came I was in a bad shape with dizziness. Everything that I ate in the evening harmed me. If I ate something heavy during the day, I immediately got diarrhea and was constantly dizzy. I am a photographer and I work in different schools. When the pledge to the flag was given I had to be present, but I was constantly dizzy.

"Then I decided to visit Dr. Montafur, and the treatment I received healed me. I could continue my work peacefully. At the moment I still follow the rules the doctor gave me, because of the excellent results."

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Juan Rodriguez Carpio  
Ramon Danino 106 and 108  
Sacred Beatriz, Lima, Peru  
Age: 63 years

Problems:

- \* Pains
- \* Gastritis
- \* Immobility

I am from Arequipa. I felt pain for many years when urinating. The first experience I had with Agnihotra and taking a little bit of its ash is that the next day I felt no more burning. I could urinate normally. Also with my suffering from gastritis, I felt a deep relief.

Because of pain in my shoulders I could not sleep many nights, I spent the time awake till 4 or 5 in the morning and then grabbed a few hours of sleep. With Homa Therapy the pain has become less. The pain began when I was 35 years old and those of the shoulders when I was 30 years old. It started with the left arm; I could hardly move it. Now, after more than 30 years, I can move my left arm and the right arm, which was operated on and hurt a lot, does not hurt any longer thanks to Homa Therapy. I have stopped taking the medication; I only take the Agnihotra ash. I have experienced a relief in only three Agnihotra sessions."



regularly take the Agnihotra ash and participate in the healing fires in the hospital Cayetano Heredia of Castilla, Piura. I feel so much better. I recommend everyone to come and to start feeling better, above all united with Christ in faith. I come alone and by free will and I give my testimony because I feel the improvement. I feel truly calm."

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MARÍA GARCÍA GÓMEZ  
Piura, Peru

Problems:

- \* Pain in the bones
- \* Headache
- \* Nervous problems
- \* Insomnia

"I am 42 years old. I suffered from pain in the bones of my legs, my head hurt, I could not get out of bed without the help of my children. Then I heard about the Homa Therapy program and I have been coming now for one month. Already after 10 days I felt the improvement. I got up alone from bed, I could eat by myself and the pains in my head and in my bones stopped. Now I feel well, eat well and sleep well. I no longer suffer of insomnia, I have recovered from the nervous problem, I am calm and happy. I

# Spreading Agnihotra in the U.S.-- If You'd Like to Help

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The following are some suggestions for helping to make Agnihotra available to more people in the U.S.

## **Show Agnihotra in public at music festivals.**

If Agnihotris all over the U.S. will try to pursue this, Agnihotra could gain tremendous exposure and reach a broad spectrum of people within a short time.

If you would like to do this but don't feel comfortable talking to new people about Agnihotra, we can email you flyers that you can print out and make available to people; people can then go to the Fivefold Path website or contact Fivefold Path Inc. for more information. The important thing is to let people experience the fire.

When doing Agnihotra in new places, please be mindful of the issues of safety and permission.

## **The Fivefold Path Mind Training program in schools in U.S.**

Do you work with children? The book *Yoga and Meditation for Children--A Teacher's Guide for Children Age 8 to 12* gives step-by-step lesson plans for teaching the principles of Yajnya, Daan, Tapa, Karma and Swadhyaya to children. Lesson plans include creative activities such as music, art, pantomime and

other forms of creative self-expression. It's a fun and valuable program to do with kids!

## **Buying and selling/distributing copies of the new book, *Homa Therapy, The Ancient Science of Healing*.**

Good health is important to virtually everyone. This book is written in everyday language that the average person can understand. For information on buying these books, please email us. The purchase of these books helps support Fivefold Path and Homa Therapy work around the world.

## **Submit your Agnihotra experiences for Fivefold Path's website.**

We would like to put monthly reports on the website, with information about Agnihotra-related activities, healing experiences, etc. Please write to us with your experiences, so we can share the information. Thanks!

## From Vasant's Correspondence

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There is a strong connection between Cuzco, Machu Picchu, Elqui Valley in Chile, Bhrgu Aranya in Poland and Maheshwar in India.

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Fivefold Path is not a path for Sunday worshippers but a path for all days. One can lead a normal life with job and family and still make the spiritual path his priority. This is the purpose in life. Service. If one can pay heed to one's spiritual path and requisites thereof in all times of life, the well of inner strength will be like a reserve water tank in times of drought. It will be full enough to supply not one but all who come.

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You know the aim of spiritual development is not to love the Guru more or even to physically care for the Guru more. Look. There were those near Parama Sadguru Shree Gajanan Maharaj, who cooked for Him, cleaned for Him, carried Him from place to place etc., and yet they were not so highly developed from spiritual point of view. There was jealousy, self-importance, even arrogance among His devotees in those days. Then, on the other side of the world, someone even perhaps who has never met Him while He was in the physical body was receiving highest blessings, benedictions for their travels to spread His word. So you see how it works. There are no barriers. There are no locked

doors. Parama Sadguru is always near. Always near.

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All over the world problems exist between people. On spiritual path there may be more problems, not less. At least we know there will not be less. It is human nature. So knowing this, may you all aim high to become always full of love. Always full of love. If you see a blemish in your character know that We see this same blemish but We always love you. So you do the same with yourself and all others. This is the path of Light. Seek to improve yourself. Be humble.

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In this life, all are given choices. In any moment a choice can be made. There are those who, when faced with choices, are unable, seemingly unable to decide. Those who cannot decide remain in a state of limbo. In this inactive state, the soul suffers greatly.

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Refine those characteristics which are more rough for the people. Let the outward display of emotions reflect the inner Light. Display only the positive, never the negative. Cultivate patience and tolerance of others. We know who you are. Others know what they see. To better enable these others to see more clearly the Light, simply allow what is inside to come out.

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## FIVEFOLD PATH for Happy Living

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1. Perform **AGNIHOTRA** for purification of the atmosphere which leads to automatic purification of mind.

2. Practice **DAAN** (sharing of assets in a spirit of humility to reduce attachment to worldly possessions).

3. Practice **TAPA** (becoming better managers of our energy expenditure by training the body and mind to react to all circumstances in life with Total Love).

4. Perform **KARMA** (every action for self purification only and thus no expectations which bind us to the material world).

5. Practice **SWADHYAYA** (Self-study) for liberation. Who am I? Why am I here? My work on this planet is to learn to react with total LOVE with each opportunity given to me.

This is the Fivefold Path for happy living on the planet. By practicing the Fivefold Path you become better members of your society, group, religion, community, etc.