

SATSANG

VOL. 37
NO. 5



Agnihotra at Navdanya Bija Vidyapeeth
with the Venerable Samdhong Rinpoche,
the Prime Minister of Tibet

Perform Agnihotra



Heal The Atmosphere

NEW ERA 66

NOVEMBER & DECEMBER, 2009

VOL. 37 NO. 5

CONTENTS

Homa Therapy with Prime Minister of Tibet	3
Commandment Six: Purity in Action (Sat Karma)	4
From The Orion Transmissions	10
Homa Therapy Farming	12
Love Follows Patience and Kindness	14

Editor:

Lisa Powers

Publisher:

Fivefold Path Inc.

Parama Dham

(House of Almighty Father)

278 N. White Oak Dr., Madison, VA 22727 USA

Published seven times yearly.

Please direct all *Satsang* correspondence to the Editor.

Opinions expressed by contributors are not necessarily those of *Satsang*.

Reproduction by permission only.

ISSN 0735-1321

Satsang is available on the Internet at:

<http://www.agnihotra.org/satlist.htm>

Cover:

See article on page 3.

Homa Therapy with Prime Minister of Tibet

Reiner Szcypior

Navdanya Bija Vidhyapeeth College of Sustainable Living invited us to a seminar on Mahatma Gandhiji and Globalization. His Excellency the Venerable Prime Minister of Tibet, Prof. Samdhong Rinpoche, was one of the main speakers. The meeting was held at the organic farm at Dehradun Uttarakhand, India. Volunteers from around the globe come here to learn organic farming and the art of simple living. The founder and president of the place, Dr. Vandana Shiva, is also internationally very well-known for her campaigns against GMO crops.



We had the opportunity to meet His Excellency in a private audience and shared Homa Therapy with him. We were able to address several fields of application, but our main focus was on agriculture and forestry: how to protect nature and the environment with Homa.

The Venerable Samdhong Rinpoche blessed the evening Agnihotra session with His presence. His Holiness expressed his interest in Homa Therapy and we are looking forward to meeting again in Dharmasala for further talks.

A quotation in ancient Pali script, Suttanipat 568, states, “Agghutta Mukho Yanjah” (Agnihotra is the Chief among Yajnyas).

Commandment Six: Purity in Action (Sat Karma)

from **Ten Commandments of Parama Sadguru**
Commentary by Vasant Paranjpe

Purport: May your actions spring from purity.--Rgveda 10-18-2

Commentary on Commandment Six:

To ensure purity in action you have to deal at the level of body, speech and mind.

For ensuring purity of body we have to supply it with proper food and also maintain outward cleanliness. You become what you eat. You become what you think. Hence it is advisable to avoid meat and liquor.

Purity of speech is insured if you stick to the first commandment, SATYA (Truth).

The law of cause and effect in physics is the law of Karma when transferred to the realm of metaphysics. It is the law of "Reap as you sow." It is the law of compensation. Any perception of the mind, any thought wave, creates an impression on the mind. The effect is stored up as an impression which affects further thinking. Hence purity in thoughts should be attempted.

Patanjali in his Yoga Aphorisms defines Yoga as inhibiting the outgoing tendencies of the mind. This is purification of the mind. Yoga psychology mentions three faculties. MANAS (Latin 'mens'), like a filing cabinet, records all the impressions received from outside through the sense organs. Intellect does the

classification of the sense data and determines the reactions. Ego claims all these impressions as its own.

A set of circumstances or an object of perception creates a thought wave. If it is pleasant the ego sense says, "I am happy". If it is unpleasant it says, "I am unhappy".

Yoga psychology classifies the thought waves as Klishta (painful) and Aklishta (not painful). A thought wave that leads to addiction and bondage, jealousy and hatred is called painful although seemingly it may appear "pleasurable". A thought wave that leads the mind towards freedom and knowledge is called "not painful". Gratification of lust may give a temporary sensation of "happiness" but it leads to bondage to the object of desire and hence it is termed painful. Compassion, sympathy with others in their suffering may not make us apparently happy but it is classified as "not painful" because it reduces our ego sense. It leads to greater understanding and freedom.

"Be ye transformed by the renewing of your mind." Romans. 12:2

The transformation of mind comes about by control over the latent potential of the mind, i.e. the stored-up impressions. These root impressions (Sanskaras) largely influence our

thought and action. Thus purification has to reach to the level of these stored-up impressions or what is called the “subconscious” or “pre-conscious”. Yoga discipline aims at cleansing these impressions. Yoga psychology states that although the “unconscious” guides the conscious, the mind has an inherent capacity to overcome the pulls of these root impressions and be transformed. This is “renewal of the mind” which leads to purity in action.

The practice of the material and mental aids given through Eternal Religion, the Vedas, which are summarized as the Fivefold Path, leads to renewal of the mind. Then you get into the habit of always performing good KARMA (action). This is purity in action.

Man has free will although this freedom of will is itself caught up and modified by the actions that one performs. Under any circumstances the element of free will remains and is the only hope for man to shape his future. Proper execution of free will leads to purity in action and liberation.

The power of discriminating between right and wrong actions is an aspect of intellect. Purity in action (SAT KARMA) leads to dissolution of dross that clouds the intellect and thus strengthens the power of discrimination. Actions springing from impure thought tend

to cloud the intellect and drag us in the direction of sense gratification.

The faculty of the intellect differentiates human species from the animal kingdom and hence, proper functioning of this faculty escalates evolution. The intellect tells us that to do a certain action is not proper. Our physical appetites, if they get an upper hand, disregard this judgment. Intellect is then signalled to find out means for gratification of desires which we know to be wrong. This is clouding the intellect which culminates into the enfeeblement of the power of discrimination. Intellect and Karma thus act and react. The Law of Karma is the Law of “Reap as you sow” of the Bible. When transposed to the physical realm, it is the law of cause and effect in physics. The law of compensation underlies all life phenomena. It is inviolable. Looked at from a different angle, the law of immunity in bio-organism is the Law of Karma.

A single thought impulse that emanates from us affects the universe. Any action in the realm of life relations creates a Karmic bond which needs to be compensated sometime. The compensation may be immediate or delayed, depending on the intensity of the action. Destiny is nothing but a time-bound check drawn from the accumulated balance of Karmic entanglements.

Good actions may land us into paradise but may not bring about liberation from the cycle of birth and death. Attachment even to meritorious actions needs to be wiped out. You perform good actions because it is your duty to do so. It is the purpose for which we are here. Once this is grasped by the intellect one begins to do good unto others irrespective of what others do unto him. One begins to “Love thy neighbor” without expecting the neighbor to make the beginning.

Karma is the chain which binds us to the senses. The same chain of Karma could be forged into an instrument of liberation if we cultivate non-attachment to the fruit of our actions. The chain of Karma is transmuted into the means for Self-realization by the alchemy of non-attachment. We must learn to destroy the seeds of past Karma by performing SAT Karma without attachment.

What is Karma, ordained duty, meritorious action? What is Akarma, prohibited action? This question has baffled many an intellectual. Revealed knowledge transmitted to us through Divine messengers is the guide. Jesus says, “Love thy neighbor as thyself.” Follow him. You need not consult thy neighbor whether it is good Karma to do so. Vedas, the first revelation given to mankind, treat this subject comprehensively at all levels of consciousness and is the standard reference

to Karma. All messengers of the Almighty who came in later times reiterate the same message in the language suited to the times in which they incarnate. One will refuse to hate his enemy if one knows his refusal is going to purify his intellect and thus usher in manifestation of Grace.

KARMA and AKARMA could be referred to as revealed Knowledge. VIKARMA, however, is the specific Karma of each individual. It is his allotted task, performing which he hastens liberation. This can be understood only when one is linked to a living Perfect Master, SADGURU.

To hasten our deliverance from misery, we must always perform good Karma. The mountain of past Karmic load, the harvest of what one has sown, could be wiped out only by immersing ourselves in good actions-- every moment of our life. We act only in the present and hence, let us utilize the present moment for our deliverance.

Buddha said:

“Overcome anger by love; overcome evil by good; overcome greed by liberality. Hatred does not cease by hatred any time. Hatred ceases by love.”--Dhammapada

Buddha laid stress only on performing meritorious actions as the rest will take care of

itself. Muhammad stressed the law of Karma in his revelation.

“God will not burden any soul beyond its power. It shall enjoy the good acquired and shall bear the evil to acquire which it has labored.”--Quran Sura 2-286

“Pledged (to God) is every man for his actions and their desert.”--Quran Sura 52-21

The law of Karma underlies any basic concept of justice. Hence, in jurisprudence, Common law is called the greatest commonsense of the greatest number of people.

A desire stimulates elevation, activation or degradation, but all these bind us to the wheel of birth and death. By leaving the attachment to the fruit of our action and by dedicating all our action to the Divine we transcend this wheel and hasten liberation. This is the highest operation of free will granted to everyone who is conceived in human frame.

“Man attains perfection by worshipping with his actions Him who pervades all Creation.”--Bhagvad Geeta 17-46

Man can choose to become his own friend or foe by exercising his free will and performing

meritorious deeds under all circumstances. One must learn to do away with the degrading habits of the past and with resolute will perform right action. The guiding force of our action is some desire and this perpetuates Karmic fetters, be they of gold or iron. Ego identification in our actions results in dualities of pleasure and pain. When an action is performed with humility, in a spirit of surrender, no Karmic bond is forged.

People tend to equate happiness with pleasure derived through the sense organs. To extract pleasure through bodily organs one needs to collect around him multitudes of material objects. Unless there is physical contact of that object with the sense organ there is no pleasure. To inculcate “I am not the body” consciousness one has to reduce this tendency to equate happiness with pleasurable sensations of the body. The body gets fatigued in the process of experiencing new sensations and there is always the drain on mind energy leading to addiction.

A person thinks that the moment of gratification of his desire is his highest moment of happiness. However, it is not the gratification of the desire that brings about the momentarily happy state but the eradication of that desire. The burden of the desire is no more and hence he feels happy. We have to attempt to lessen the burden of desires and happiness dawns.

If you think that some desire is wrong then straight away say to yourself, "I am not going to indulge in it." If you allow some time then the desire further colors your mind and the intellect is given a signal to find out the means to gratify the desire. Then it becomes difficult to check it. This is the path of knowledge. However, it needs hard practice and strong determination to practice this mode of reducing the burden of desires.

The easier way is the path of devotion. Get into the habit of doing all actions as an offering to the Divine. To do this one must have faith in the Divine power. The Divine power is subtle and hence we have to become subtle. The mind can be trained to offer all actions to the Divine by constant repetition of mantra. With a little practice when one begins to hear within oneself the "UNSTRUCK MUSIC OF THE UNIVERSE" (ANAHAT, "Audible Life Stream") one can concentrate all his mind on that Divine music. Then all other noise of desires disappears and the mind is unburdened.

It has always been the plan of the Almighty that a chain of Sadgurus continues from time immemorial. If you meet a true Guru, your meditation on him reduces the capering frolic of the mind and this results in happiness. When a person concentrates on an object which is visible, all the powers of the mind

get recollected for a while in that object. Practice of meditation on a holy person thus brings much benefit.

It is the very nature of circumstances to change. A person equates himself totally with his body and mind forgetting that soul vision is the aim of human existence. His intellect and his emotions all work in a pattern that seeks to extract happiness through material objects and conditions. By constant practice this pattern needs to be changed. This is the turning point in life. This is true conversion leading to new birth in this body.

"Unless ye be born of the water and the Spirit ye shall not enter the Kingdom of Heaven."--
John 3:5

Unfulfilled desire puts a burden on the mind. It expresses as an attitude, a tendency. It creates a sense of want, a lacking. When it expresses itself as a lacking of something the intellect tries to find a way for its fulfillment. Dwelling on the unfulfilled desire by the intellect thickens the grip of that desire on the mind. Then the attitude becomes a propensity. To check this some mental effort is required. If unchecked it translates itself into some action.

If you try to suppress the desire, the desire may apparently disappear but it has only

subsided within. This is a difficult process and nearly outside the reach of the average person.

A person feels that, "If this desire is gratified I shall be happy". If this is changed then the path becomes easy to tread. "I offer all the action to the Lord and do it for His sake," one should learn to say.

But to put the Lord in the center one must feel affinity for the Lord. The presence of the Lord is subtle and hence the repetition of Lord's name or the MANTRA received from SADGURU becomes vital to establish ourselves in this state. This state slowly transforms us into the everlasting state of, "Love thy neighbor as thyself". (Luke 22:39)

The mind works in the frame of Time, Space and Causation.

Wherever you go, have the feeling that the Divine is with you. This is learning to put the Divine in the Space dimension.

Time signifies change. Whatever events destiny brings forth feel the Divine hand behind it and all for our benefit. This is learning to put the Divine in Time dimension.

Apparently someone is the cause to bring about certain events in our life. Feel that it is the Divine will and thus learn to put the Divine in Causation dimension.

Divine Law is based on justice. It is "reap as you sow". Repentance is intense good Karma. Thus repentance brings about purification of the mind and then justice is tempered with mercy.

Let us react with love. Whatever be the situation this leads to the unfoldment of the "Kingdom of Heaven" which is within you. This is purity in action.

From The Orion Transmissions

*received by Parvati Rosen-Bizberg
Wysoka, Poland*

August 29, 2009 On Reducing Material Possessions

Yes, yes. Get all your outer trappings so-to-lightly-speak, in order. Then, you will be able to move forward with less clutter dragging you to the earth level! Indeed, so many 'things' further the tendency toward attachment. The only way to avoid it is to constantly be giving your 'things' away. This is our suggestion to you. Rather than selling them in a front yard sale, which is basically impossible in this 'neck of the woods', give. Give. Give. Give. Give.

Go through your items of clothing and give away what you have not worn in say, six months. If there is an item you have which you have not worn in the last season, do not hold onto it. Give it away so that someone else can enjoy it in the season to come. Of course, if the item is practical and you foresee a need for it, then keep it. Still see what you have which you can begin to give away. Gather the women in your community and others who may be visiting and offer these giveaways to them. See if they have a need for these items or if they know someone who would benefit from the generosity. You will begin to lighten the load. Do the same with all possessions, from the clothes to the jewels, from the kitchen items to the living-room décor.

Get rid of what clutters your home. Your mind needs freeing from these trappings, as trappings are exactly what they are. They trap you in the material plane. Do the same with unnecessary furnishings. Do the same with all items which are in overflow. Keep all the rooms brightly lit and clear of clutter. Arrange display items in a harmonious manner, so to calm the mind rather than keep it in a constant state of busyness.

Now, following is the creation of sacred space. This is essential in a work such as what you have been assigned. There has to be a quiet space, which is not in the room where you sleep or the room where you work. That space should be quiet, with no distractions at all. You may keep an inspirational image on the wall of this room, but limit it to one or three images. Then, you may keep sacred articles such as crystals, but keep them in minimum. Once numbers become greater than quality, it then becomes clutter. Even beautiful items in multiples create clutter. One no longer looks upon the beauty and clarity of one item; one becomes overwhelmed with the multitude of 'things', great or small, beautiful or plain. Less is more, my dear one. Less is more.

The mind mirrors one's surroundings, unless one is above the physical. And that place is normally reserved for great Masters. Reduc-

ing the clutter in your surroundings is definitely a step in the right direction.

So, throw out what is not needed and not useful to give away. Give away what is not needed and not useful by you, but which is still of some intrinsic value to another being. Reduce. And reclaim your inner peace.

You will feel more whole.

You will find more peace in stillness.

OM TAT SAT.

Sepetember 18, 2009

On Self-development and Self-Study

Civility is not overrated. It is perhaps underrated. How one behaves in light of one's understanding is always a true measure of one's development. However, there are many whose development has been secondary to their material successes. Now is the time to focus on one's evolution in the spiritual sense of the word.

Might we suggest those of you whose practice includes the concept of 'self-study', begin to make time every day for this purpose. There are a multitude of exercises available to focus on that which needs to be changed or developed within you. Indeed, the self-development workshop you are planning will

address each and every aspect of this. Still, let us begin with a regular time period each day reserved for Self Study. Exercising the mind or the emotional body is equally important as exercising the body physical.

Just as you would set aside yoga time or time for some physical training, so the same should now be done to focus on your evolution. However, it should not be theoretical or analytical. It should be practical, with a focus on the spiritual needs and direction in life.

Taking time to write a daily gratitude list is a powerful practice, as it keeps one's focus on the positive and humbles one when one realizes how much there is to be grateful for in one's own life. This practice alone is beneficial.

If one has resentments toward another, it would behoove one to take that time to examine these blockages to one's own inner peace. Identifying and releasing resentments or negative feelings before they become calcified in one's mind, settled into the cells of the body and certainly lodged in the spirit, is an excellent practice. This is truly preventative medicine! We urge you all to be proactive in this concern.

Examining one's direction is also an excellent method of seeking the answers within when

one feels out of sorts or headed down the wrong track. A look within is a great opportunity to allow the body, mind and spirit to speak up and be heard. Listen. Listen to the quiet sounds within yourselves. All the answers truly lie within. Rather than entraining for the nearest seer, psychic or fortune-teller, better to first check within. Once you feel the direction moving within you, you may double check it with a trusted person whose aim is true, but the first step should always begin within.

These are inward times, not outward. Yet, there is a great need by the world at large for assistance in taking back power where power has been diverted or deluded. There is great energy available now on this planet waiting to assist those with truth as their aim, to discover and reveal what is absolute clarity and what is one's true purpose in this existence.

Remain true to the teachings you have received and the spiritual focus which calls you. Do not be deterred by momentary setbacks, temporary or otherwise. Most are temporary, testing both patience and adherence to one's disciplined path. Remain strong. Allow Divine to breathe life into your spirits. For indeed, you are never alone, as you walk on the

paths of Light. When the heart is committed to serving a higher purpose and a greater whole, the way will always be revealed. It is only you who close your eyes. Never the Divine. The Divine's eyes are always open wide.

In blessing,
We are
ORION

*For more information, visit:
<http://www.oriontransmissions.com>*

Homa Therapy Farming

*Agronomists Carolina Morales and Cecilia Lara Pol
from UAP (University Arturo Prat) Iquique, Chile*



Engineers in the field performing morning Agnihotra

These engineers developed during the years 2006-2009 studies on Homa farming technology applied to fruits and vegetables in northern Chile. They compared conventional agriculture with Homa farming and **their research shows that the Homa fruits have better values in all parameters** (harvesting time, size, color, polar and equatorial diameters and organoleptic characteristics of fruit).

Observations:

--The Agnihotra made strong vibrational connections between the gardeners, the plants and the atmosphere.

--The molecular and homeopathic action of ghee (clarified unsalted butter) promotes the formation of chlorophyll.

--Due to the catalytic effect of ghee and the vascular breathing of the plants, the plants develop a protective layer against pests and diseases in a Homa atmosphere.

--The sounds of the agricultural Homa Mantras make the plants better recipients of the highest vibrations. The combined effect of these Mantras and the Homa smoke (resulting from dried cow manure, ghee, whole brown rice, fire, copper and geometry) produces certain types of electricities and ethers which induce a rapid rise in nutrients in the Homa garden.

--The nutrition of the smoke produced by the Homa creates a colloidal dissipation (natural flocculation) of the pollutants (regional, urban smog, airborne chemicals) suspended in the atmosphere that surround the garden.

--The atmosphere is cleansed of pollutants, allowing more airborne transportation of nutrients to the plants.

--The application of Homa ashes as solids, solutions, bio-preparations and semi-gaseous (BIOSOL HOMA) preparations provide additional nutrition to crops and encourage immunizing processes against infection.

--Increased pollination, as more bees are attracted to the Homa atmosphere. This helps to increase harvesting.

Love Follows Patience and Kindness

*Cathleen Gantt
Indian Head, Maryland, U.S.A.*

Ah, the sweetness of kindness!

We talk of loving thy neighbor as thyself, but are we even being kind?

I never thought much about kindness until someone was kind to me. I was feeling quite apprehensive about reading the notes on Grace that I had prepared for Satsang. When Ezra Hill asked me (catching me by surprise), “Is that all of the message you have brought us today?”

I said, softly and humbly, “Yes”.

Referring to the pages in my hands, he asked, “Is that the paper you had prepared for us?”

I said, “Yes”.

“Could I have one?” he asked.

His seeming to appreciate what I had prepared for Satsang had humbled me and I had my head down. As I looked up to hand him a copy of the paper I had prepared, I felt great love coming from him. I know people say you cannot see or touch love, but I tell you that the love I felt following that kindness was so great that I could see it emanating from his body (like clear ice) and I could have reached out and touched it. I physically saw that love follows kindness. I began immedi-

ately researching kindness:

Paul wrote, “Love is patient and kind.” (1st Corinthians, 13:4)

We can say that kindness and patience are bound in the one quality LOVE; these three fruits of the spirit are the most associated with personal, human relationships.

Patience is calm endurance, self-discipline or self-restraint under provocation. People who provoke us may never notice patient love. Patient love comes alive in acts of kindness; so that even our provokers are touched.

Kindness is a Greek word meaning gentleness. Kindness is love being expressed physically toward God and man.

Jesus Christ was outgoing and physically active in expressing love. He went about doing acts of kindness, healing and casting out demons (Acts 10:38). Jesus Christ’s love was not just congenial; it was patient, kind, enduring and ethical.

Kindness brings a soft joy (something similar to a soft rain) to us--a sweetness and a ray of sunshine to a person and the world. A kind and patient deed can have a ripple effect on the lives of those far removed from the original act. I’ll always remember the sweet-



Cathleen Gantt

ness and love I felt from Mr. Hill's kindness, making me mindful to be kind, so that someone else may feel that sweetness and the love that followed which are so, so missing in the world today.

The memory of those feelings gives me something that I can draw upon when things get rough for me and I need to feel that love and sweetness to keep me patient and kind with others.

In working on being kind and patient with ourselves and others we may love our neighbor, our enemy, for a moment; so, in being kind we find a good approach or a tool to help us work on forgiveness of others, especially of terrible wrongs that we find so very hard to forgive or to have compassion for.

Kind acts can be done without any cost of money. We can always practice kindness that takes only the sacrifice of time and energy. It requires only some discipline to be thoughtful of others' needs and feelings and then to make an effort to act. We can do kind acts every day by being courteous--by just saying thank you, showing appreciation, holding a door for a stranger or in letting an impatient driver has his way. We can be kind by showing a alcoholic, a drug addict, or a street person respect, just because we know that God's spirit dwells in everyone. Tell me,

how much is required to smile rather than frown, to pay a visit, to say a word of encouragement or comfort, to show friendliness by sincerely shaking hands and letting a person know how nice it is to meet him/her.?

With each act of kindness and patience we are bringing more and more love to us until we become love. Most of all we will be learning how to live the commandment:
LOVE THY NEIGHBOR AS THYSELF.

The Supreme Love Being of the Universe requires it of us if we are to be like Him, and He has given us His spirit to enable us to do it.

Quote from Shree Vasant Paranjpe:
"If you go more and more into these disciplines, you will live in harmony.

"One word of kindness does more than twenty words of criticism or insult.

"One kind word, one kind thought, all the time. Smile."

Fivefold Path Inc.
278 N. White Oak Dr.
Madison, Virginia 22727 U.S.A.
Address Correction Requested

Website: <http://www.agnihotra.org>
Email: info@agnihotra.org

FIVEFOLD PATH for Happy Living

1. Perform **AGNIHOTRA** for purification of the atmosphere which leads to automatic purification of mind.

2. Practice **DAAN** (sharing of assets in a spirit of humility to reduce attachment to worldly possessions).

3. Practice **TAPA** (becoming better managers of our energy expenditure by training the body and mind to react to all circumstances in life with Total Love).

4. Perform **KARMA** (every action for self purification only and thus no expectations which bind us to the material world).

5. Practice **SWADHYAYA** (Self-study) for liberation. Who am I? Why am I here? My work on this planet is to learn to react with total LOVE with each opportunity given to me.

This is the Fivefold Path for happy living on the planet. By practicing the Fivefold Path you become better members of your society, group, religion, community, etc.