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SOMAYAG 2007

NEW ERA 65

JANUARY & FEBRUARY, MARCH & APRIL 2008

Perform Agnihotra



Heal The Atmosphere

NEW ERA 65

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Message from Vasant

Science, religion unite in bond of Love. Endless experiments in the church and in the laboratories come to the same conclusion now. All the children, be they scientists or priests, be they laborers or those who seek higher wisdom through texts and learned man – all must come together as one.

You are not a normal person. This is not a normal world. You do not see from normal eyes, but you must appear normal.

In this time of great racial tension and discord all of you must strive to be examples of peace and understanding, of nonviolence and truth.

You must be humble as dust, but do not speak about it. In all your actions be humble.

An exchange of energy transcends to the heart during Agnihotra.

Material world begins to tailspin. WE BEGIN TO HEADSPIN.

The leanings of the Western mind now are such that they will not be able to conceive dealing with any more pain than they already have, whether it is self-induced or not, beneficial or not. Most we can ask people to do now is AGNIHOTRA, a little meditation and perhaps some PRANAYAMA.

The importance of AGNIHOTRA goes beyond scientific explanation. It gives a link with the ALMIGHTY. When you see past the physical you begin to think of what importance is this.

I am only a humble servant in the hands of my Master, to be used as HE wills. I am nothing but a vehicle through which Truth is to be delivered to the planet. I speak only what is spoken through my humble instrument.

Somayag

Vasant

Yajnya is the science of purification of the atmosphere through the agency of FIRE. This science is as old as creation. There are various types of Yajnyas for fulfillment of various objectives.

Basic YAJNYA is AGNIHOTRA tuned to the biorhythm of sunrise/sunset. A small fire is prepared in a copper pyramid of fixed size. Dried pieces of cowdung, clarified butter from cow's milk and a few grains of unbroken, raw rice are the materials used in this process of offering to the fire.

In all ancient civilizations of the world, cowdung i.e. dung from male or female progeny of a cow, was considered as an important medicinal substance for treatment of various human diseases. Ancient science describes sunrise thus:

“At sunrise the many fires, electricities, ethers and more subtle energies emanating from the sun extend all the way to the Earth and produce a flood effect at those coordinates where the sun is said to rise. It is awesome. The flood enlivens and purifies everything in its path, destroying what is impure in its wake. This torrent of life sustaining energies causes all life to rejoice. At sunrise that music can be heard. The morning Agnihotra Mantra is the essence of that music. It is the quintessential sound of that flood. At sunset the flood recedes.”

The offerings to fire are done with the accompaniment of Mantras.

What is Mantra? Definition of Mantra: There are vibrations that exist everywhere. It is only vibrations when you go into it. Where there is vibration there is also sound. When we do these Mantras, the sounds we utter activate these special vibrations that will create certain atmosphere of effects. Then the desired results are realized. These vibrations exist for everything, so anything can be activated, controlled or changed by Mantras.

When one with a pure mind utters the Mantra into the Agnihotra pyramid at Agnihotra time, the ash retains that energy and the healing properties of the ash become more powerful.

The effects of Agnihotra atmosphere and Agnihotra ash for growing healthy crops in a shorter period are well documented [*please see: www.homa1.com*] Agnihotra ash medicines are used by thousands of people with great benefit to themselves.

Agnihotra is to be performed DAILY at sunrise and sunset to keep the Nature's cycles in harmony.

At the junction of two seasons there is likelihood of epidemic; hence, several medicinal

Yajnyas for Planetary Effects

Vasant

HOMAS are prescribed with different sets of Mantras.

Then there are special HOMAS for getting rains, for getting a male child or a female child. This forms part of biogenetics.

Bigger Yajnyas (HOMAS) like SOMAYAG, AGNISHTOMA, JYOTISHTOMA are done for purification of the environment, reducing the burden on the mind, making mind full of LOVE.

In such Yajnyas chanting of Mantras and offerings to fire goes on for several days. In Somayag there is one process where first all the surrounding area is charged with Mantras and their vibrational effects. Then cow's milk and goat's milk are obtained while chanting certain Mantras. These two are then mixed while chanting certain Mantras. Then simultaneously Mantras from SAMAVEDA and other Vedas are uttered. This energizes the whole area. When the mixture of these two milks and ghee (clarified butter) are offered to the fire a flame shoots up, up to 10 meters high and the effect goes up to the biosphere.

By using this supertechnology we can eradicate pollution factors on a large scale.

(From *Homa Therapy, Our Last Chance*)

Agnishtoma, Jyotishtoma, Somayag are some of the very special YAJNYAS where highly trained personnel are required. According to ancient science, Somayag helps remedy the effects of holes in the ozone layer due to pollutants. In all these special YAJNYAS cow's milk, clarified butter from cow's milk and certain herbs are offered to fire to the accompaniment of certain Mantras to bring about the desired effect. The physical and subtle bodies of the performer act as vehicles to bring about certain effect and hence certain purity and preliminary preparation are necessary on the part of the performer of such YAJNYAS.

In Somayag (Soma YAJNYA) the herb soma is used. Soma is described as the king of medicinal herbs. Several botanists think this herb is now extinct. However, varieties of soma and substitutes of soma are available and they are used in some special YAJNYAS described above. Some botanists going by simple translations of ancient texts try to identify soma as some type of a mushroom. Some others try to identify it as some type of ephedra which grows at the border of snow line in the Himalayas. However, this is not correct. The varieties of soma grow in various climates.

Call of Narmada

Dr. Irma Garcia

Nowhere on this planet is the breath of the planet audible except at one sacred site by River Narmada in Maheshwar. THERE, THE BREATH IS AUDIBLE.

This place is the HOMA THERAPY GOSHALA, situated halfway between Maheshwar and Mandaleshwar, about four kilometers from Maheshwar.

In ancient times, Maheshwar was known as Mahishmati. It was a city and it stretched from present Maheshwar to Mandaleshwar. The place of GOSHALA was chosen by Gurudev Shree Vasant Paranjpe for His residence and for establishing a GOSHALA.

There is a presence of one Rishi here. This particular land was once the site of great TAPAS performed by the ones who moved from area to area chanting sacred mantras. So, these mantras are inscribed in the soil, in the rocks, in the river bed. If one could silence his or her mind, one could surely hear the heartbeat of the planet, the breath of life which is Narmada. The Holy Fire is not new here.

The breath, the life force of this planet, emanates from Narmada. The water carries the memories of sacred mantras, holy feet and a myriad of prayers chanted by her shores.

Purifying PRANA will be sent through Narmada River from Maheshwar. From this point begins rejuvenation of India and the world.

Mahishmati (Maheshwar), on the banks of River Narmada, is the land of victory of DHARMA. From here, resuscitation of “Satya Sanatana Dharma” given through Vedas takes place.

This is the land of Victory of BHAGAWAN PARASHURAM. This is the Capital of RAJARSHI SAHASRARJUNA. This place has total blessings of JAGAT GURU BHAGAWAN DATTATREYA.

This is the capital of Devi Ahilya, who spread the message of Dharma to all corners of India.

In the last days LOVE WILL RISE AS A SOUND CURRENT to save the planet. This SOUND CURRENT will be sent from Maheshwar through Narmada River.

From Orion Transmissions

as received by Parvati Rosen-Bisberg

December 7, 2007

About the Somayag

Many Eternals will be present at the Somayag in India. There is a great influx of healing energies being harnessed for the planet's survival. We foresee great disasters and natural catastrophes as many have predicted. However, the SOUND CURRENT will be sent from Maheshwar for the whole planet, to enliven the atmosphere and create a vortex of Light to heal the Earth. No one knows what to expect. We know that in the coming times, many will be drawn to the Light. This is beginning now.

Prepare your homes to receive the Light. In all homes where these fires are performed, there will be Light sent. At many sacred sites, it is the element of fire which is required now to activate the energies lying dormant within the Earth. This is being done now, many times via distance.

The outcome of such healing events as this Somayag will be felt across the globe. When the Mantras are uttered, sudden shifts in atmosphere occur on every level. Plants, water, air, human beings, animals are all energized by the power of the Mantras and the elemental fire being performed in complete purity. When a great Master is also present, the energies are super-charged just by His presence at the event. Anyone who is

present at such a life-altering event will receive blessings of the highest level. We see that many will come forward from this event alone.

December 13, 2007 on Somayag

Yes, yes. We shall begin. Here upon this Earth have walked great Beings of Light whose very presence is, in a word, breathtaking. A magnificent flow of Light is emitted through these Divine Entities who exist on another plane to this one. It is a union of Light on Earth, which this planet is to experience now. Now, let us move forward to a time when those of you earthly beings will be quite able to see, feel and hear these High Entities. A Union of Light and Sound.

There are those who have come to participate in the Somayag who have little awareness of the effects attendance at such an event will have on their lives. Not one human being in attendance here will depart Maheshwar unchanged. Each will carry an imprint on the soul.

Ah yes, we too shall be in attendance! We wouldn't miss it for the world! Indeed, for the world.

A multitude of Divine Beings will be present. Some have already been envisioned. When such a gathering of Light occurs, it can be

seen from other planets. The effects of Mantras chanted and sacred substances burned is phenomenal. To attend such an event is enough for a lifetime.

December 20, 2007 on ancient tribes and Somayag

Yes. Yes. Indeed, the Master speaks great Truth in so humble a manner. In days of old, ancient tribes roamed the Earth. Some tribes remained stationary, mostly in farming regions. Other tribes, particularly from the mountains and by the sea, moved more frequently. Some were healers, mastering the ancient science of healing through sacred herbs, stones and Mantras.

Many of these ancient tribes have returned to inhabit other lands far away. Yet, this is the TIME OF THE GREAT RETURN. Therefore, these ancient ones are returning to their spirit roots. Hence, many Westerners have found themselves on pilgrimage to the East, drawn inexplicably to a culture so different from their own. Yet, for many of these beings a feeling of familiarity overrides cultural mores, and in no time at all they embrace the ancient culture of their ancestors and of their previous incarnations.

Many of you attending this SOMAYAG have indeed been here before and have been together before as well. Yes, yes, a momen-

tous time indeed. Every single being who has come unto this sacred land has been present in India before. Most have been to the Narmada. Some have lived along its shores.

December 22, 2007 on Somayag

Yes, yes. As all preparations are being made on the ground for this SOMAYAG, the ancient tribe is gathering. At the creation of the sacred site for the fires to be performed there--great High Beings and Eternals gather to welcome you. All Devas gather, spreading healing Light throughout the many sacred points which are on this land!

Yes, upon this sacred site, there are various points of Light. It can be seen as a map of dots connecting to form a sacred design which can be seen from above. Such sacred places often have several points intersecting which, when activated, act as a 'mini grid' and often form designs of triangles which appear as one form. This site has more than several points. The places where fire is performed radiate and generate greater Light and healing vibrations which, when connected around the globe, form a network which pulsates Light and electricities to the heavens.

When a gathering of Light Workers such as who are assembled here come together in such a Holy atmosphere, with the intent to

heal and to send Light throughout the universe, the entire area vibrates. As the great Sadguru Shree Gajanan Maharaj had spoken, "FILL ALL THE SPHERES WITH LOVE. Our children are ready."

Those who are present will be thus prepared for the shift in consciousness and ready to receive the Light.

Yes, yes. Planets are aligning. The vibrations from this SOMAYAG will reverberate around the planet. This is also a merging of Points of Light at a specific place in time. It is a regenerating of energies which can manifest in spontaneous healing. It is indeed the INVOCATION OF SOUND CURRENT to be issued from Narmada.

December 23, 2007 on tribe of Ancients, singing and Somayag

Yes, yes, yes. Lines of Light intersecting form a type of grid above and around this site. Atmosphere is beginning to be 'super-charged'. The breath of the Narmada is vibrating, pulsating throughout the planet. It is like a signal, a flashing light being shown in the sky.

As the tribe of the ancients continues to gather, those you refer to as 'Extraterrestrials' gather en masse. Only those with purity and Light may enter here. We require no 'accommodation'. We are present, walking

among you.

We find most enlivening--the songs, the voices rising in harmonious interchange, the joy with which the songs are sung. Yes, the effect of joyous devotional singing in every language resounds like Mantras, filling the air with song. It would be interesting to measure the vibrations of songs. However, leave that for another time. Concentrate on the electro-magnetic field surrounding HOMAS and SOMAYAG.

Yes, yes. We are delighted with the return of the ancient tribal members. This is the tribe of FIRE. This is the ancient tribe whose rituals include FIRE, WATER, and the purification and energizing of AIR. The healing aspects of all elements--EARTH, AIR, FIRE, WATER and ETHER, as purified via FIRE.

These ancient tribes which roamed the Earth--in particular, we focus on India--held open communication with Beings from other planets than their own. Those who had certain abilities to see and hear and transmit were revered as the ones through whom the word was given. There is of course some truth in that many, not few, had come directly from other planets. There was little discussion on it. Words were not sufficient in explaining extraterrestrial phenomena. Now, too many words are assigned to us, with little or no knowledge to support them. Hmmm...

Simplicity is the key to receiving and transmitting all knowledge. Human speech cannot begin to explain what tremendous body of knowledge is transmitted in one breath of life. Ah, breath of life, such a blessed gift. One breath is astounding. The gift of being born into human body and the extreme blessing of having been in the presence of Divinity astounds even us!

Rays of Light are being emitted now from the SOMAYAG. These Light rays rise up and out from the pits of fire. SOUND is emitted. This is the seed to activate the SOUND CURRENT which will heal and seal the planet.

Protective element is surrounding this sacred holy blessed site. Blessings of Light for all.
OM TAT SAT.

Yes, an ancient ashram existed here.
Yes, the existence of extraterrestrials is true and upon this ground, in abundance.
Ancient Rishis reveal the flow of energies of the Cosmos, the direction of the winds, the precise timings, planetary alignments. They too are present.

Dattatreya. Many arms of Almighty. OM.

December 24, 2007

Yes. Performing of this sacred SOMAYAG at specific times according to several calendar

sources, according to specific planetary alignments, by the sacred River of Life, Narmada--this is in itself an auspicious event.

Under the guidance and direction of the KALKI AVATAR, the effects are none to be measured by graphs and instruments alone. Graphs and instruments serve as a liaison between what Higher Knowledge reveals--that is 'revealed knowledge'--and the scientific realm of understanding. Collecting scientific data assists the mind in bridging the gap which the soul has already evolved far beyond.

What is being created now can be likened to opening windows, a portal into what can only be explained as 'the next world'. Human technology cannot perceive of or calculate the existence of this realm of which we speak.

At each of the Points of Light, there exists a portal through which beings of Light will pass.

Bhrugu Aranya will be pulsating with energies from SOMAYAG.

December 25, 2007

Yes, yes. Present are numerous Entities with which the sacred River Narmada is connected. Great Mahavir. At these waters, bathe

in Light. Signs are being sent to show the presence of Divine Entities. And the presence of 'Extraterrestrials' is larger than you realize.

December 27, 2007 on Sound Current

Yes, yes. Signs have been given in the sky and one on water.

Great Entities are present here. This is the Land of Victory. The future of this planet lies in the SOUND CURRENT which will be sent from this sacred site on the beloved River Narmada.

One ancient Rishi is still present here.

Once one enters through the portal, one's eyes open to the New World. During this ceremony, the portal has been opened. This is the beginning. This is indeed the 'Great Return'. All portals to the New World have been opened for this time period.

During this sacred ritual, SOMA permeates the atmosphere. It is healing on all levels to be present at this time at this site.

Signs, so many, have appeared here in these five days. Signs in the sky, signs on the water, signs in dreams, in fire. When such sacred Somayag is performed, signs are given simultaneously at many sacred sites, known and unknown.

Sound carries vibration further into the stratosphere.

Somayag makes use of beings from other planets, not only this one, young and old, rich and poor.

December 28, 2007

Yes, yes. The energies present at this sacred site have gone to a higher level. The power has increased to the degree that plants will be rejuvenated, water sources energized. We realize that scientific findings are what bear the most weight in the logical framework of the world in which you live. However, in ancient science, logic had its place alongside wisdom, Nature and Cosmic Awareness. The tribes of the Ancients' souls were imprinted with this knowledge. Now, all of the ancient wisdom imprinted in your souls is being rejuvenated, activated, reawakened.

The effects of this SOMAYAG will continue to reverberate throughout this planet and beyond.

December 29, 2007

Yes. All these tremendous powerful MAN-TRAS and sacred SOMA have been put into the energy field. It is like injecting miraculous substances into the planet, at record-breaking speed. The magnitude of such an event, aligned with planetary forces all in place

made ready to receive those energies, is off this scale.

When one attends such an event which was preordained to happen at this specific time, one's karma is accelerated. Much would-be suffering is cleared in a short time. One may even experience only acute symptoms of an illness that would otherwise have been a major hurdle in their lives. Because they were present at the Somayag, the experience of illness is like a 'token', the rest already paid!

We shall see the effects of such an event impacting the planet for a long time to come. To perform such a Somayag yearly is recommended to continue to activate and seal the energies here.

The initial SOMAYAG has begun a new cycle of healing and purification for the planet. Consecutive Somayags will continue to accelerate the process. The powerful effects of this Somayag will always remain for years to come, as if it were a fire which remains present here at this place, a fire never extinguished. This is Grace. OM TAT SAT.

December 31, 2007 on Somayag and process of purification

Yes, yes. When such intense Light is shone into the atmosphere, darkness rises and seeks to find a way out. It is as if the Light exposes the darkness and brings it to the surface to be released. So it is with those present for the SOMAYAG. The energies released into the atmosphere are such pow-

erful healing vibrations that the frequencies of this site are accelerated and the magnetic field enlivened.

Naturally, any dark energies a person may be attached to will cause a shift either in the body physical or in the emotional state of the person. Negativity must be released. As it is being pulsed out of the person, it may appear to be heightened when in actuality it is being taken out. The mind gets attached to whatever state it is accustomed to. If the mind is fearful, it will hold onto fears. When in a purified energy field such as this one, the mind will go through a kind of 'tug of war', a 'fight or flight' experience. Because of the pressure to release negativity and the mind's inclination to hold onto it, the person may describe him or herself as being in a state of 'conflict'. If the person would let the negativity be released, trusting in the purification process, the release would be nearly instantaneous. Such is the effect of this Somayag on human beings' evolutionary processes.

Indeed we are witnessing a reversal in destructive power of the universe. What will first appear is chaos, because once energy is set into motion it must be released in order to make way for a new cycle of growth to take over. So what you are seeing played out on the world stage is, in essence, a releasing of old blocked negative energies. The powerful impact of this Somayag will push the negative energies up and out. Continual fires performed all around the globe will push the energies out. Simultaneously, new growth is beginning--as a plant with leaves which are

Scenes from Somayag



Mr. Hari Apte (center), chief Yajaman of the Somayag, bringing Sacred Fire to the Somayag. (Ulrich Berk, president of the Somayag Committee, left)



Some of the Somayag altars



Ladies making flower garlands to decorate the Somayag area





Above and right: implements used in Somayag



Programs at Maheshwar

Ed.

The Somayag at Maheshwar from December 23-28th, 2007 attracted Agnihotra practitioners from all over the world. This gathering provided a rare opportunity for many followers of Fivefold Path to come together and share experiences and information. Following are some of the programs which were offered.

Bruce Johnson from Australia (now living at Tapovan, India) gave Sanskrit Mantra classes in the mornings. Newcomers and long-time Agnihotra practitioners alike received help in improving pronunciation and understanding some of the basics of Sanskrit.

Gloria Guzman from Peru gave a workshop on the Gloria Biosol unit, an indispensable aspect of Homa farming.

Mr. Frank Bracho from South America presented a program on Native American Chief Seattle.

Simon Peter Fuller from England spoke on crop circles and UFOs. He explained why it would have been impossible for humans to have made the crop circles. As small balls of light are frequently seen flying over a field before a crop circle appears, the assumption is that extraterrestrial forces are involved.

A lively Women's Meeting, led by Maria Broom from U.S.A. filled the air with chanting and song.

Raaja Fischer from Germany led Dances of Universal Peace in the newly-built amphitheatre overlooking the Narmada River. The dances featured devotional songs and chants from various spritual traditions around the world.

One evening was devoted to presentations from some of the Homa centers around the world. Christa and Ricardo Mena's Homa Granja in Algodonales, Spain, Lee and Frits Ringma's farm Om Shree Dham in Australia, and some excerpts from the Baltimore Homa Community's activities were featured.

One afternoon, many of the visitors boarded boats and formed a sort of international floating procession down the Narmada, to a nearby site where Lord Parshuram had appeared. The group performed Vyahruti Homa at the holy place, and filled the air with devotional songs during the ride.

Christmas Eve was a magical night. A special program was held in the amphitheatre, featuring readings on the life of Parama

Sadguru Shree Gajanan Maharaj, readings from the Orion Messages about Somayag and Maheshwar, and devotional music. As midnight neared, the group chanted OM SHREE, and Vyahruti Homa and mantras were performed. Afterwards, more music filled the air and many danced in celebration.

On December 30th, a program of devotional singing was held in the Training Room. A number of talented musicians were in our midst, enlivening the songs with guitar, drums and keyboard. Shree Vasant attended.

To see photos of the Somayag and programs at Maheshwar, please visit www.somayag.de.vu . Many thanks to Alexander Berk for his work on this website.



Above and left: Agnihotra in the newly-built amphitheatre overlooking the Narmada River



Floating procession down the Narmada



View from Narmada boat procession



Group Agnihotra in the courtyard

Somayag: Transformation Unlimited

Barry Rathner
Newhall, CA, USA

From December 23 to 28, 2007 a special six-day purification fire or Yajnya using the rare herb known as the King of Herbs, Soma, was performed on the banks of the Narmada River near the Indian city of Maheshwar (Madhya Pradesh State). Hundreds of Westerners as well as Indians attended. It is said that the effects of this fire last eighty years. The following describes one person's reactions as noted the night of Dec. 28.

The story is written on their faces, all of their faces.

The young ones seemed to mature overnight. The older ones acquired a lightness of being that belied their years. The nervous people released; the prideful seemed humbled. I was sucked in. I could not resist; I did not want to resist.

The atmosphere was purified in ways that nearly defy the senses. Seems to have gone beyond the senses actually. It is simply not possible to stop smiling.

Where does this feeling come from? What has happened really? Six days of purification fires and mantras and tapas or disciplines by the practitioners. Intense, yes, but hardly the stuff from which one would imagine such transformation would manifest.

Then again, one might surmise similar thoughts about daily sunrise/sunset Agni-hotra fire performed by untold thousands twice daily around the planet. The results so greatly outweigh the effort that attempting to figure it out rationally goes only so far. Quantum Mechanics (Quantum Physics) might help explain it, but then again, sometimes perhaps explanations aren't all that necessary.

The woman who arrived with a shyness and tentativeness over the six days melded into a visage of acceptance and comfort. Those originally uncomfortable being together appeared harmonious. The fifty-somethings danced into the night, oblivious to time and space.

And Hari Apte, the Yajaman, or main practitioner of the Somayag, and his wife seem to have come back to Earth, at least for awhile--or had they?

And we all felt as one. It was unmistakable, undeniable and as real as the noses on our faces.

The bonding between mothers and sons was unfolding before us. The ages didn't seem to matter.

And the synchronicity, oh the synchronicity. Everyone seemed to sense it; everyone knew it, but appeared to hardly believe it.

We had tasted "Heaven on Earth." We had been told of the possibility; now it seemed to be staring right at us. And I was sure no one who was there would ever be quite the same. And each one seemed to know it.

The Indians seemed to not believe what they were seeing, Westerners acting as Indian as they. We all danced together, so many races, so many creeds. Indian women got up and danced with men. They didn't touch but danced nonetheless, a highly unusual occurrence, we were told. This was the musical celebration following the six days of Fire. The drummers were intoxicating, the beat went on endlessly. The old souls had returned to the Narmada. One could not stop smiling; you just sensed that time as we knew it had somehow stopped or been transformed somehow.

And the faces. All the faces but now the babies' faces reflecting the generator induced lights. Then the young Indians came and danced and danced and danced with an energy that belied the lateness of hour and the weather and the material limitations of a country less "advanced" say some than the West.

It took the dancing and the music to dilute the sting of the removal of what had a few short hours earlier been the site of the Somayag. The practitioners now sat with us in their "street clothes." "Was it really over?" we wondered.

And all the young people. You could taste and see the future in them.

You wanted to leave the celebration and go to bed. But you couldn't. The spell of the Somayag and its aftermath had been cast.

Loving Communications Workshop

*Henry and Jannette Gregory
Balto., MD USA*

Henry & Jannette Gregory presented a workshop during the Somayag entitled "Loving Communications". They are a psychologist and social worker, respectively, who teach communications skills for public and private institutions using the teachings of the Five-fold Path. They are members of the Baltimore Homa Community. Here are some highlights.

Speech Tapa is a simple but potent way to facilitate change and self development. It requires no insight, nor deep understanding, just a commitment to practice the desired behavior. Today's Agnihotris are among the busiest people in the world. We propose to you that **how** we do what we do is as important as **what** we do. According to Shree Vasant, "The task is to be full of love all the time," and our words either send vibrations of love or those of fear, so we must remember to give love to each other at all times and in all circumstances. We want each thought, feeling and action to be grounded in our love.

This workshop focused on two disciplines that produce "Loving Communications":

I. Ownership: Communicating Our Own Experience by Giving "I" Messages

Giving "I" messages is a way of communicating that allows one to share his/her state of

being. It is a process of expressing oneself without blaming the other for what is being experienced. Instead of saying "You shouldn't have done that," (as this statement can easily be interpreted as an attack and be responded to defensively) the "I" message might be, "I'm having trouble with what just happened". (This "I" message helps the speaker own his issue and avoid the blame game.)

This process helps us to take ownership and responsibility for what we are thinking and feeling. It sets us up to send and receive messages more accurately without the friction and tension that comes when opinions are stated as facts. If the sender is taking ownership for the messages sent, the receiver can hear the messages better and take responsibility for their own thoughts, feelings and actions in response to the messages. Taking ownership for one's own actions reduces resistance in the communication process. Resist blaming in your messages. Giving "I" messages help us to give information about ourselves and our needs and increases the chance that we can get our needs met. Communicating by focusing on the other person puts the other person on the defensive. Starting communication with "you", other than to validate and show understanding can cause friction and separation.

2. Delivering Truth Without Injury

We have all heard the saying "The truth will set you free". This is true only if you can hear it. Too often truth is communicated in a manner that makes hearing it difficult for the listener. Truth can be shared in a palatable manner. Sharing thoughts and feelings without intent to injure is taking the high road in relationships. It means striving to "Be thou perfect as thy Father in Heaven is Perfect." Strive to focus the searchlight of truth inward. Sharing the truth without intent to injure may make us feel vulnerable with each other. Vulnerability is a manifestation of humility and means that we are operating out of our gentle selves and are open to making loving connections. It gives others the opportunity to receive your message and respond with their own truths.

Truth without willful intent to injure spreads and instills love in others. In order to accomplish this, one would have to train one's mind to resist old habits and social programming. Remove the desire to willfully injure or inflict pain by thought, word or action on any living being. To attempt to speak without intent to injure is to spread the message of Love.

There are three basic issues to be considered before speaking:

1. Is it true?

The more we speak only the truth, the more we become the truth. One can become so in sync with the truth that one's speech will actually bring things into manifestation. To speak the truth is an act of faith in the Divine.

2. Is it necessary?

All truth does not need to be spoken, at least not by us. Truth needs no champion as all life resonates with what is. Many of us would rather be right than happy. Speaking unnecessary truth will sabotage your happiness.

3. Is it kind?

Anything that needs to be said can be said with compassion, understanding and grace. When we are kind, people give us access and take more seriously the messages we give. Too often, important messages are ignored because the message was not given with kindness.

Mind training is the real spiritual discipline. We have the duty and responsibility in the community to train our minds so that we can make and maintain loving connections with one another. We also have the responsibility to mirror and reflect the love and light we see in each other.

Homa Farming-- The Only Way Out

Homa Farming Training Course at Homa Therapy Goshala, Maheshwar, M.P., India

For six days, thirty-five selected farmers from five different districts of the State of Maharashtra attended the first Homa Organic Farming Training course at Maheshwar Homa Therapy Goshala. This training program was organized by the National Horticulture Mission, Delhi, the Agricultural Dept. of the State of Maharashtra and the Fivefold Path Mission, Maheshwar, under the guidance of Prof. Dhananjay Jog.

The farmers have received training regarding Agnihotra, Om Tryambakam Homa, application of Homa Therapy Technology in agriculture, Ash Therapy, Gloria Biosol organic fertilizer, establishing of Resonance Point, horticultural crops, organic pest management, agricultural entomology, organic farming principles and techniques and more from experts in these subjects.

The farmers are experiencing many problems through plagues and diseases, weather conditions, seed and water quality, etc. which results in loss of crops and accumulated debts.

On the last day, Shree Vasant spoke to the farmers on "The Future of Indian Agricul-



ture" and said that Homa Farming is the ONLY SOLUTION for the present day Agro Crisis. After Shree Vasant's talk, one farmer stood up, thanked Him and said, "All our life, we go to the temples; at certain occasions we walk for days to reach one, but we never realized what 'Dharma' is. Now, after these few days in the Goshala performing Agnihotra and listening to Shree's talk, we finally understand what DHARMA really means."

Biosol



Earthworms



Cows



Homa Therapy at National Organic Farming Congress in India

National Organic Farming Congress, Raipur, Chhattisgarh State

More than five hundred organic farmers in Eastern India got up close and personal with Homa Therapy farming practices in January, when Homa Therapy teachers Bruce Johnson and Barry Rathner, Ph. D. and Dr. R.K. Pathak, senior consultant to the National Horticultural Mission, Delhi, addressed the National Organic Farming Congress in Raipur, held at the Indira Ganhi Krishi Vishwavidyalaya (Farming University) in Raipur.

Agnihotra/Homa Therapy received newspaper coverage articles in Hindi and English newspapers the day after the speeches. Special colored boxes detailed the science of Homa Therapy and quoted from the Homa brochure.

This convention was organized by Dr. Rajesh Dubey, director of Prakriti Bharti Educational & Research Institute at Prakritipuram, Bindanua, Mohanlalganj, Lucknow.

The highlight of the January 23rd - 24th convention was the performance of three Agnihotras on the stage of the convention at sunset. All activities were halted during Agnihotra and a short meditation took place.

The convention was then followed up by a whirlwind three-day, six lecture tour of three more areas of Chhattisgarh State, during which Dr. Rathner combined Homa Therapy, farming talks and demonstrations with explanations of effects on mind and body attributed to Agnihotra and Agnihotra ash medicines.

Mr. J.A.C. S. Rao, Horticulture Mission Director of the Government of Chhattisgarh State made all the necessary arrangements for this successful Homa introduction trip to the farmers, who are all in dire need of help, since plagues, diseases, climatic changes, economic situation, etc. lead some of them to suicide.



Visit to Bana, where patchouli, khus, aloe vera and mangoes are cultivated.

Agnihotra: The Most Effective Harmonizing System

Victoria Argote
Valencia, Spain

May 18th, 2007 was “THE DAY OF BIO-CONSTRUCTION CELEBRATION”, promoted by GEA (Association of Geo-biological Studies) which took place in the AUDITORIUM OF CONSTRUCTION, CONSTRUMAT in BARCELONA, Spain. Here, Architect Angel Martinez mentioned Agnihotra, among other systems of harmonization, inside the report, “FORMS, ENERGY AND HARMONY”.

He revealed the measurements of the energy level of this Agnihotra ceremony, when it was carried out by him at his home.

In these measurements, a great ascent can be observed in the quality of the energy of the house. These data stirred up great interest on the part of the public.

The numbers according to the Bovis biometer represent:

- ☐ Below 6,000 bovis - pathogenic energy level for the human beings
- ☐ 6,500 to 9,000 bovis - positive energy level for the development of life
- ☐ Higher numbers correspond to the

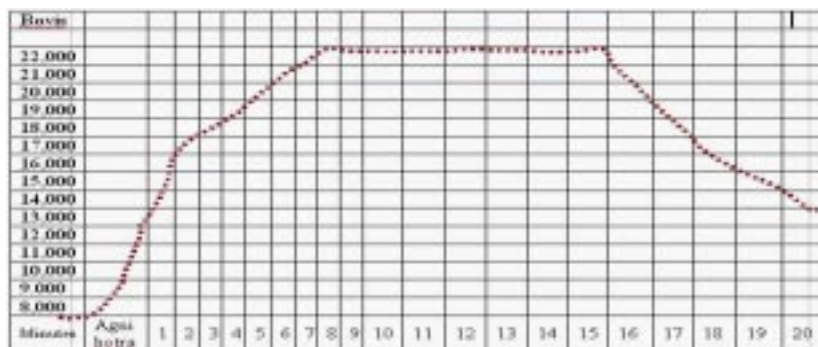
vibration of meditation and of sacred places or ‘power places’. Also certain temples built according to canons in harmonic ways have this higher vibration (over 9,000 bovis).

As can be seen in the chart below, the vibratory level that is reached during the practice of Agnihotra is very high: 22,000 bovis. This vibrational level has only been able to be observed in very special places on the planet.

This chart shows measurements from the point of igniting the Agnihotra fire (8,000), after chanting the Agnihotra Mantra (13,000), then reaching 7 minutes later the highest reading (22,000) and remaining there for 7 more minutes until 20 minutes after the Agnihotra practice.

After these readings, shown by the chart, the energy establishes during several hours at 13,000 and slowly comes down again to 8,000 Bovis.

This article was sent by Christa and Ricardo Mena of Algodonales, Spain.



From Vasant's Correspondence

There is a strong connection between Cuzco, Machu Picchu, Elqui Valley in Chile, Bhru-gu Aranya in Poland and Maheshwar in India.

Fivefold Path is not a path for Sunday worshippers but a path for all days. One can lead a normal life with job and family and still make the spiritual path his priority. This is the purpose in life. Service. If one can pay heed to one's spiritual path and requisites thereof in all times of life, the well of inner strength will be like a reserve water tank in times of drought. It will be full enough to supply not one but all who come.

You know the aim of spiritual development is not to love the Guru more or even to physically care for the Guru more. Look. There were those near Parama Sadguru Shree Gajanan Maharaj, who cooked for Him, cleaned for Him, carried Him from place to place etc., and yet they were not so highly developed from spiritual point of view. There was jealousy, self-importance, even arrogance among His devotees in those days. Then, on the other side of the world, someone even perhaps who has never met Him while He was in the physical body was receiving highest blessings, benedictions for their travels to spread His word. So you see how it works. There are no barriers. There are no locked doors. Parama Sadguru is always near. Always near.

All over the world problems exist between people. On spiritual path there may be more problems, not less. At least we know there will not be less. It is human nature. So knowing this, may you all aim high to become always full of love. Always full of love. If you see a blemish in your character know that We see this same blemish but We always love you. So you do the same with yourself and all others. This is the path of Light. Seek to improve yourself. Be humble.

In this life, all are given choices. In any moment a choice can be made. There are those who, when faced with choices, are unable, seemingly unable to decide. Those who cannot decide remain in a state of limbo. In this inactive state, the soul suffers greatly.

Refine those characteristics which are more rough for the people. Let the outward display of emotions reflect the inner Light. Display only the positive, never the negative. Cultivate patience and tolerance of others. We know who you are. Others know what they see. To better enable these others to see more clearly the Light, simply allow what is inside to come out.

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FIVEFOLD PATH for Happy Living

1. Perform **AGNIHOTRA** for purification of the atmosphere which leads to automatic purification of mind.

2. Practice **DAAN** (sharing of assets in a spirit of humility to reduce attachment to worldly possessions).

3. Practice **TAPA** (becoming better managers of our energy expenditure by training the body and mind to react to all circumstances in life with Total Love).

4. Perform **KARMA** (every action for self purification only and thus no expectations which bind us to the material world).

5. Practice **SWADHYAYA** (Self-study) for liberation. Who am I? Why am I here? My work on this planet is to learn to react with total LOVE with each opportunity given to me.

This is the Fivefold Path for happy living on the planet. By practicing the Fivefold Path you become better members of your society, group, religion, community, etc.